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2014

NORTH ATLANTIC BOOKS
RIGHTS GUIDE
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NORTH ATLANTIC BOOKS RIGHTS GUIDE 2014

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BODY, MIND & SPIRIT

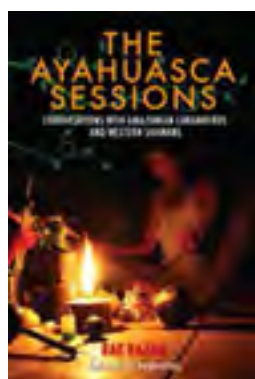


Animal Wisdom
Learning from the Spiritual Lives of Animals

Linda Bender

Veterinarian and animal intuitive Linda Bender offers a wealth of extraordinary stories and evidence indicating animals have deeply perceptive—even extrasensory—abilities, especially when love is involved. In addition, she provides 18 step-by-step practices for honing readers’ abilities to communicate with animals.

9781583947739 | Pub Date: 6/10/2014 | \$18.95 | 216 pages | Paperback / softback
 Pets / Body, Mind & Spirit
 Translation Rights: World

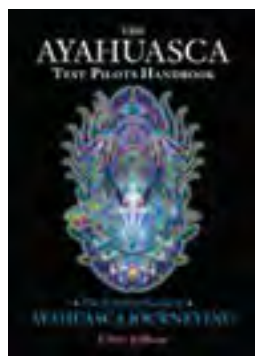


The Ayahuasca Sessions
Conversations with Amazonian Curanderos and Western Shamans

Rak Razam

A great read for seekers interested in ayahuasca tourism, entheogens, and counter-culture studies, this companion volume to the author’s memoir *Aya Awakenings* collects in-depth interviews with native Amazonian healers and Western shamans in Central and South America.

9781583948019 | 5/27/2014 | \$19.95 | 288 pages | Paperback / softback
 Body, Mind & Spirit - Entheogens & Visionary Substances
 Translation Rights: World

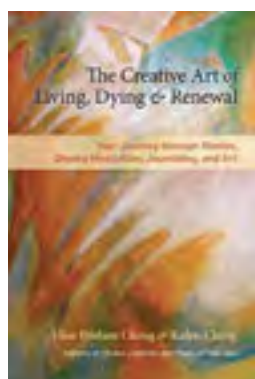


The Ayahuasca Test Pilots Handbook
The Essential Guide to Ayahuasca Journeying

Chris Kilham

The Ayahuasca Test Pilots Handbook provides a practical guide to ayahuasca use, aiding seekers in making right—and safe—decisions about where to go, who to drink with, and what to expect.

9781583947913 | Pub Date: 11/04/2014 | \$14.95 | 160 pages | Paperback / softback
 Body, Mind & Spirit - Entheogens & Visionary Substances | 24 COLOR IMAGE GLOSSY INSERT
 Translation Rights: World



The Creative Art of Living, Dying, and Renewal
Your Journey through Stories, Qigong Meditation, Journaling, and Art

Elise Dirlam Ching and Kaleo Ching

Tapping the tremendous healing power of the expressive arts, this beautiful book invites the reader to contemplate the continuum of death and rebirth through personal explorations, guided meditation, journaling, and visual art, including collage-making and maskmaking.

9781583947630 | Pub Date: 08/12/2014 | \$16.95 | 224 pages | Paperback / softback
 Self Help - Death, Grief, Bereavement | 16 PG COLOR INSERT, B&W ILLUS.
 Translation Rights: World

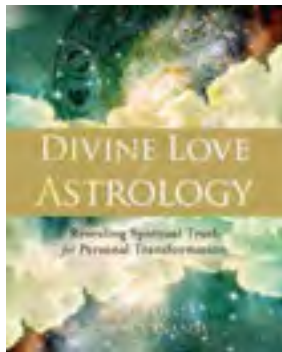


Crop Circles, Jung, and the Reemergence of the Archetypal Feminine

Gary S. Bobroff

This book offers an enthralling exploration of a real-life phenomenon—crop circles—as an expression of the divine feminine. Gary S. Bobroff offers a framework for the reader’s own deeper consideration of crop circles with special consideration of its relevance to Jungian archetypal psychology.

9781583947357 | Pub Date: 08/19/2014 | \$21.95 | 380 pages | Paperback / softback
 Body, Mind & Spirit - Unexplained Phenomena | 20 B&W ILLUSTRATIONS
 Translation Rights: World



**Divine Love Astrology
 Revealing Spiritual Truth for Personal Transformation**

Shiva Das

With nearly 180 black and white illustrations, including zodiac, primary wheel, and sign relationship depictions, Divine Love Astrology provides a thorough education in astrology with detailed sections such as: The Principles of Astrology, Planets and the Chakras, The Astrological Houses, Planets in the Signs, and much more.

9781583948552 | Pub Date: 10/21/2014 | \$32.95 | 600 pages | Paperback / softback
 Body, Mind & Spirit – Astrology | 177 B&W ILLUSTRATIONS
 Translation Rights: World

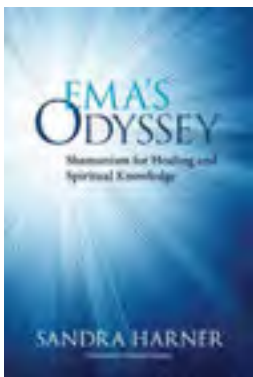


**Earth Calling
 A Climate Change Handbook for the 21st Century**

Ellen Gunter and Ted Carter

For anyone concerned about the current environmental crisis, this book offers both a historical framework as well as an invitation to repair our spiritual connection to nature in order to heal the earth. The book includes environmental history, dozens of simple and profound practices, and inspiring examples of people who practice earth stewardship.

9781583947678 | Pub Date: 4/22/2014 | \$19.95 | 320 pages | Paperback / softback
 Nature - Environmental Conservation & Protection
 Translation Rights: World



**Ema’s Odyssey
 Shamanism for Healing and Spiritual Knowledge**

Sandra Harner

Follow the shamanic journeys of Ema as she explores otherworldly realms, encountering spirit animals and other teachers who provide her with life-changing guidance and healing. Ema ventures on a total of 64 journeys, each one chronicled in this book, thanks to taped recordings of her simultaneous narration.

9781583946633 | Pub date: 1/7/2014 | \$34.95 | 544 pages | Paperback / softback
 Body, Mind & Spirit – Shamanism
 Translation Rights: World

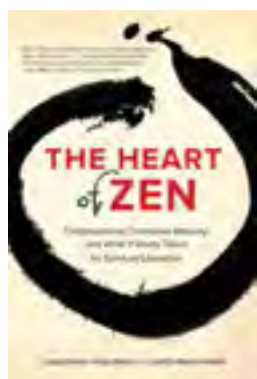


**Healing Magic, 10th Anniversary Edition
A Green Witch Guidebook to Conscious Living**

Robin Rose Bennett

Filled with stories, songs, rituals, herbal recipes, meditations, and trance journeys that outline more than 100 ways to practice the art of magical healing, this guidebook to conscious living by renowned herbalist Robin Rose Bennett makes it easy to follow the path to physical and spiritual health.

9781583948378 | Pub Date: 10/28/2014 | \$19.95 | 224 pages | Paperback / softback
Body, Mind & Spirit - Witchcraft / Health & Fitness - Herbal Medications
4 B&W LINE DRAWINGS; 1 PHOTO
Translation Rights: World

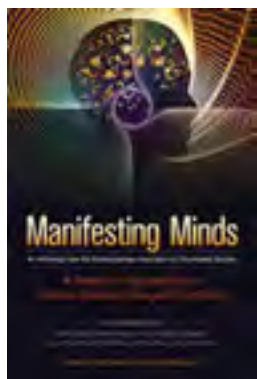


**The Heart of Zen
Enlightenment, Emotional Maturity, and What It Really Takes
for Spiritual Liberation**

Jun Po Denis Kelly Roshi and Keith Martin-Smith

Packed with thought-provoking essays and edgy, passionate Q&As, *The Heart of Zen* directly addresses the issue of how to manifest concrete, lived change in one's life. It addresses awakening and spiritual life within the context of creating lasting change through the integration of spiritual insight into the flow and flux of everyday life.

9781583947647 | Pub Date: 4/15/2014 | \$16.95 | 256 pages
Self-Help - Personal Growth - General
Translation Rights: World



**Manifesting Minds
A Review of Psychedelics in Science, Medicine, Sex, and Spirituality
An Anthology from the Multidisciplinary Association for Psychedelic Studies**

Edited by Rick Doblin, Ph.D., and Brad Burge

Featuring essays and interviews with Timothy Leary, Aldous Huxley, Ram Dass, Albert Hofmann, Alexander (Sasha) Shulgin, Tim Robbins, Arne Naess, and others, this anthology offers essays and research on the physical, emotional, creative, and spiritual benefits of psychedelics and marijuana.

9781583947265 | Pub Date: 1/7/2014 | \$19.95 | 304 pages | Paperback / softback
Body, Mind & Spirit - Entheogens & Visionary Substances
Translation Rights: World



**The Night Sky, Updated and Expanded Edition
Soul and Cosmos: The Physics and Metaphysics of the Stars and Planets**

Richard Grossinger; Foreword by Bernadette Mayer

Ever since *Homo sapiens* first looked up at the stars, we as a species have been looking for meaning in the mysteries of the night sky. Covering not only astronomy but also cosmology, cosmogony, astrology, and science fiction, the author offers a look at the firmament through his own telescope, fitted with an anthropological lens.

9781583947104 | Pub Date: 5/6/2014 | \$29.95 | 624 pages | Paperback / softback
Science - Philosophy and Social; Nature - Star Observation
Translation Rights: World

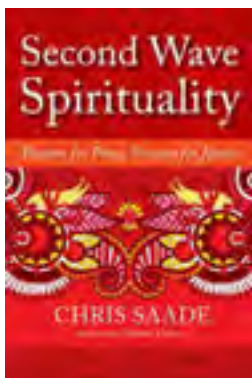


Pioneering the Possible
Awakened Leadership for a World That Works

Scilla Elworthy; Foreword by Desmond Tutu

In *Pioneering the Possible*, three-time Nobel Peace Prize nominee Dr. Scilla Elworthy presents a bold but realistic vision for a future that works for all. This book profiles global leaders in politics, culture, and spirituality, including Thich Nhat Hanh and Aung San Suu Kyi, to give readers inspiration and tools on how they too can be a leader for the good.

9781583948620 | Pub Date: 10/07/2014 | \$19.95 | 400 pages | Paperback / softback
 Body, Mind & Spirit / Political Science – Leadership | 15 B&W PHOTOS, 15 B&W ILLUS
 Translation Rights: World



Second Wave Spirituality
Passion for Peace, Passion for Justice

Chris Saade

In his work as a spiritual teacher, Chris Saade has witnessed a remarkable recent phenomenon: a new wave of spirituality that is socially and globally engaged in the pursuit of justice, earth care, and solidarity. Saade maps out the cutting-edge ideas that are fueling this new, second wave of engaged spirituality.

9781583947661 | Pub Date: 5/20/2014 | \$18.95 | 304 pages | Paperback / softback
 Body, Mind & Spirit - New Thought | 8 B&W ILLUSTRATIONS
 Translation Rights: World



The Secret Life of Babies
How Our Prebirth and Birth Experiences Shape Our World

Mia Kalef

The Secret Life of Babies reveals how humans are sentient before conception and throughout gestation and birth, and presents scientific evidence and case studies that show the effects that these prebirth and birth experiences have on personal health and social development.

9781583948033 | Pub Date: 5/13/2014 | \$16.95 | 192 pages | Paperback / softback
 Body, Mind & Spirit - New Thought
 Translation Rights: World



Spiritual Democracy
The Wisdom of Early American Visionaries for the Journey Forward

Steven B. Herrmann

Walt Whitman's seminal idea of "Spiritual Democracy" enunciated a vision of global equality. Steven Herrmann's book clarifies, extends, and amplifies the meaning of Whitman's "big idea," shows how it took hold in other poet's voices (including Herman Melville and Emily Dickinson), and how it applies in our lives today.

9781583948330 | Pub Date: 10/14/2014 | \$21.95 | 480 pages Paperback / softback
 Literary Criticism & Collections – American
 Translation Rights: World

BODY, MIND & SPIRIT **NEW TITLES**



Talking Story **One Woman's Quest to Preserve Ancient Spiritual and Healing Traditions**

Marie-Rose Phan-Le

A fascinating adventure into the world of healing, shamanism, plant medicine, and divination, *Talking Story* documents author Marie-Rose Phan-Lê's worldwide journey to find healing and truth from authentic mystics and shamans, while recording their disappearing traditions and discovering her own gift as a healer.

9781583948286 | Pub Date: 12/02/2014 | \$18.95 | 264 pages | Paperback / softback
Body, Mind & Spirit - Mental & Spiritual Healing | 16 PAGE COLOR INSERT, 8 B&W ILLUS
Translation Rights: World

BODY, MIND & SPIRIT **FEATURED TITLES**



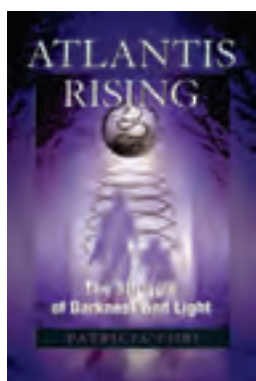
Amazing Grace **The Nine Principles of Living in Natural Magic**

David Wolfe and Nick Good

Top raw food author David Wolfe and success coach Nick Good combine inspirational stories, quotes, and poems with wisdom derived from Huna, the ancient Hawaiian tradition of self-empowerment, in presenting life-changing secrets for personal and professional success.

OVER 10,000 COPIES SOLD (U.S. EDITION)

9781556437304 | Pub Date: 4/1/08 | \$16.95 | 224 pages | Paperback / softback
Body, Mind & Spirit / Inspiration & Personal Growth | B&W PHOTOS
Translation Rights: World



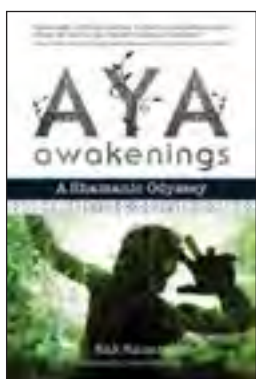
Atlantis Rising **The Struggle of Darkness and Light**

Patricia Cori

The second book in The Sirian Revelations trilogy, *Atlantis Rising* tells the story of the lost civilization of Atlantis and its inhabitants. On the way it helps readers integrate their knowledge of Atlantis into our current reality, to balance the scales of darkness and light.

OVER 10,000 COPIES SOLD (U.S. EDITION)

9781556437373 | Pub Date: 1/29/08 | \$16.95 | 272 pages | Paperback / softback
Body, Mind & Spirit / ESP (Clairvoyance, Precognition, Telepathy)
Translation Rights: World with exceptions



Aya Awakenings **A Shamanic Odyssey**

Rak Razam

Combining his personal story with the history of Amazonian shamanism, journalist Rak Razam documents the world of 21st-century hallucinogenic shamanism. On his journey he meets many people who have used the plant for generations to heal and purify the spirit as well as new-wave Westerners seeking greater connection with the web of life.

9781583948002 | 11/5/2013 | \$26.95 | 512 pages | Paperback / softback
Body, Mind & Spirit - Entheogens & Visionary Substances
Translation Rights: World

BODY, MIND & SPIRIT FEATURED TITLES

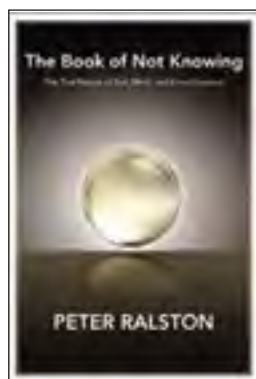


Before We Leave You **Messages from the Great Whales and the Dolphin Beings**

Patricia Cori

This is the first book of channeled communications from the whales and dolphins who, through the author, convey their purpose on earth, the situation of our evolving planet, and the urgent need for human beings to help stop their suffering and possible extinction.

9781556438943 | Pub Date: 4/26/11 | \$18.95 | 212 pages | Paperback / softback
Body, Mind & Spirit / Channeling | 18-PAGE COLOR INSERT (PULL-OUT CARDS)
Translation Rights: World with exceptions



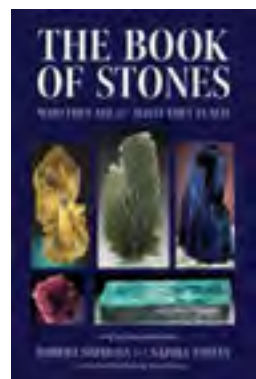
The Book of Not Knowing **Exploring the True Nature of Self, Mind, and Consciousness**

Peter Ralston

Called by some a "bible of consciousness," *The Book of Not Knowing* provides indispensable direction for an experiential journey to the core of the human condition. Ralston teaches readers to recognize and transcend the background drives that limit their experience of life.

STRONG SELLER

9781556438578 | Pub Date: 1/26/10 | \$24.95 | 600 pages | Paperback / softback
Body, Mind & Spirit / Inspiration & Personal Growth
Translation Rights: World



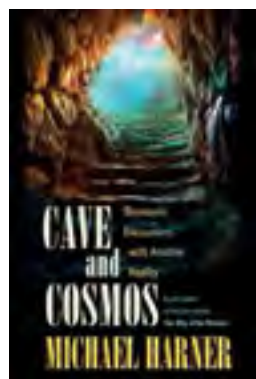
The Book of Stones **Who They Are & What They Teach**

Robert Simmons

The Book of Stones is the most in-depth, definitive guide to the world of crystals, minerals, gemstones, and their metaphysical energies that has yet been written. The book includes well over 300 separate entries, each with essays and vivid color photographs.

OVER 100,000 COPIES SOLD (U.S. EDITION)

9781556436680 | Pub Date: 9/4/07 | \$29.95 | 496 pages | Paperback / softback
Body, Mind & Spirit / General | FULL-COLOR PHOTOS THROUGHOUT
Translation Rights: World with exceptions



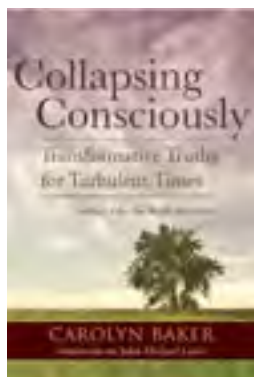
Cave and Cosmos **Shamanic Encounters with Another Reality**

Michael Harner

This long-awaited sequel to *The Way of the Shaman* (over 600,000 English-language copies sold; translated into 13 languages) provides new evidence of the existence of another reality. It also provides techniques on how to ascend to heavenly realms and seek spirit teachers.

9781583945469 | Pub Date: 4/9/13 | \$19.95 | 312 pages | Paperback / softback
Body, Mind & Spirit - Spirituality - Shamanism | 8-PAGE 4-COLOR INSERT
Translation Rights: World with exceptions

BODY, MIND & SPIRIT FEATURED TITLES



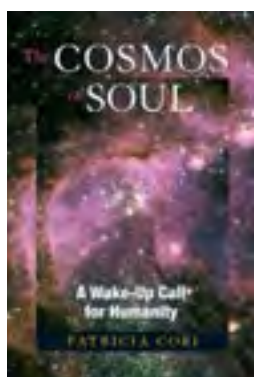
Collapsing Consciously **Transformative Truths for Turbulent Times**

Carolyn Baker, Ph.D.; Foreword by John Michael Greer

A collection of 17 probing essays and 52 weekly meditations, this book is for readers who are concerned about the daunting future humankind has created and who seek inspiration, wisdom, and spiritual purpose in the face of the collapse of industrial civilization.

OVER 10,000 COPIES SOLD (U.S. EDITION) IN UNDER ONE YEAR

9781583947128 | Pub Date: 11/19/13 | \$19.95 | 208 pages | Paperback / softback
Body, Mind & Spirit - New Thought
Translation Rights: World



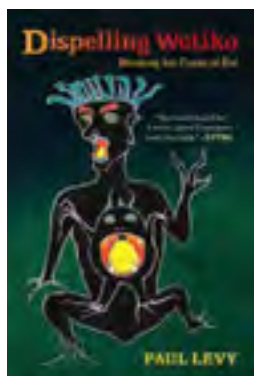
The Cosmos of Soul **A Wake-Up Call For Humanity**

Patricia Cori

First of a trilogy of channeled books called *The Sirian Revelations*, this is a collection of teachings detailing the process of awakening humanity from its passive sleep to a richer, more meaningful, and empowered existence.

OVER 9,000 COPIES SOLD (U.S. EDITION)

9781556437366 | Pub Date: 1/8/08 | \$16.95 | 272 pages | Paperback / softback
Body, Mind & Spirit / ESP (Clairvoyance, Precognition, Telepathy) | B&W PHOTOS AND ILLUS.
Translation Rights: World with exceptions

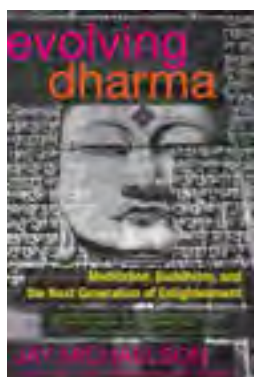


Dispelling Wetiko **Breaking the Curse of Evil**

Paul Levy

Liberal-minded thinkers interested in Jungian psychology, shamanism, and self-transformation will be drawn to this impassioned treatise that frames the growing insanity of our times as a kind of psychic contagion that infects society with greed, egotism, and predatory instincts.

9781583945483 | Pub Date: 1/15/13 | \$16.95 | 376 pages | Paperback / softback
Body, Mind & Spirit - New Thought | 1 B&W PHOTO; 3 B&W ILLUSTRATIONS
Translation Rights: World



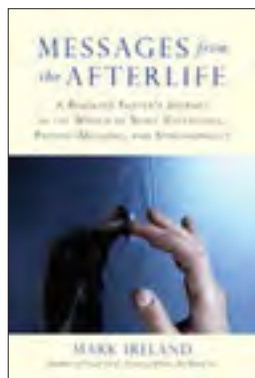
Evolving Dharma **Meditation, Buddhism, and the Next Generation of Enlightenment**

Jay Michaelson

Evolving Dharma is a next-generation book about meditation, Buddhism, and the contemplative path. It explores how the dharma (the path, the way, the teachings of the Buddha) has evolved in astonishing ways and how dharma practice evolves in one's own life.

9781583947142 | Pub Date: 10/15/13 | \$17.95 | 256 pages | Paperback / softback
Body, Mind & Spirit - Meditation
Translation Rights: World

BODY, MIND & SPIRIT FEATURED TITLES



Messages from the Afterlife **A Bereaved Father's Journey in the World of Spirit Visitations, Psychic-Mediums, and Synchronicity**

Mark Ireland

In the wake of Dr. Eben Alexander's *Proof of Heaven*, this personal account of a father's quest to communicate with his dead son will appeal to the growing number of people convinced that human consciousness survives bodily death.

9781583947180 | Pub Date: 12/10/13 | \$17.95 | 296 pages | Paperback / softback
Body, Mind & Spirit - Parapsychology
Translation Rights: World



The More Beautiful World Our Hearts Know Is Possible

Charles Eisenstein

In a time of mounting chaos and crumbling institutions, how can we make the world a better place? This empowering book shows how the concept and practice of interconnectedness is key to world transformation. By a rising figure in the Occupy movements whose previous book *Sacred Economics* (July, 2011) has sold over 15,000 copies and has been translated into 5 languages.

STRONG SELLER

9781583947241 | Pub Date: 11/5/13 | \$19.95 | 256 pages | Paperback / softback
Body, Mind & Spirit - New Thought
Translation Rights: World



No More Secrets, No More Lies **A Handbook to Starseed Awakening**

Patricia Cori

The final book in *The Sirian Revelations* trilogy uncovers the last layers of untruths that keep humankind from realizing its fullest potential, and guides readers to awakening as "starseeds," recipients of an immense love which pours through Earth from all the realms of creation.

OVER 10,000 COPIES SOLD (U.S. EDITION)

9781556437380 | Pub Date: 2/26/08 | \$16.95 | 312 pages | Paperback / softback
Body, Mind & Spirit / ESP (Clairvoyance, Precognition, Telepathy)
Translation Rights: World with exceptions



Nothing in This Book Is True, But It's Exactly How Things Are **15th Anniversary Edition**

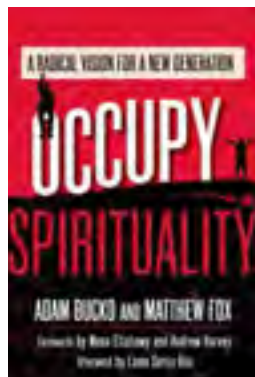
Bob Frissell

This is the 15th anniversary edition of the best-selling guidebook to consciousness expansion—and will appeal to those interested in metaphysics, rebirthing, UFOs, extraterrestrial life, meditation, and transcendence.

OVER 300,000 COPIES SOLD

9781556438318 | Pub Date: 9/29/09 | \$17.95 | 336 pages | Paperback / softback
Philosophy / Metaphysics | 85 B&W ILLUS
Translation Rights: World with exceptions

BODY, MIND & SPIRIT FEATURED TITLES

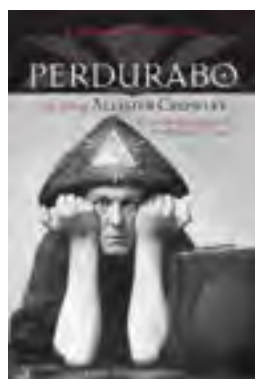


Occupy Spirituality **A Radical Vision for a New Generation**

Adam Bucko and Matthew Fox; Forewords by Mona Eltahawy and Andrew Harvey

This book is a call to action for a new era of spirituality-infused activism. Bestselling author Matthew Fox (over 1.5 million copies sold of his books) and Adam Bucko encourage us to use our talents in service of compassion and justice and to move beyond our broken systems—economic, political, educational, and religious—to discover an inclusive spirituality relevant to our world today.

9781583946855 | Pub Date: 9/3/13 | \$17.95 | 248 pages | Paperback / softback
Religion - Spirituality
Translation Rights: World



Perdurabo, Revised and Expanded Edition **The Life of Aleister Crowley**

Richard Kaczynski

This is the critically acclaimed biography of Aleister Crowley (1875-1947), self-professed magician, prophet, poet, and adventurer whose remarkable life and philosophy of "Do what thou wilt shall be the whole of the Law" inspired generations of rebellious social and spiritual truth-seekers.

STRONG SELLER

9781556438998 | Pub Date: 8/10/10 | \$29.95 | 720 pages | Hardback | Body, Mind & Spirit / Occultism | B&W PHOTOS
Translation Rights: World



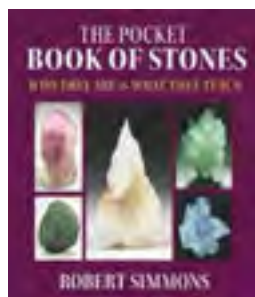
Pharmako/Poeia **Revised and Updated Plant Powers, Poisons, and Herbcraft**

Dale Pendell

The first volume of the Pharmako trilogy, an underground classic that is one of the most comprehensive and accessible works on psychoactive plants. Pharmako/Poeia explores the licit (tobacco, alcohol) to the illicit (cannabis, opium) and the exotic (absinthe, salvia divinorum, nitrous oxide).

STRONG SELLER

9781556438059 | Pub Date: 9/28/10 | \$19.95 | 336 pages | Paperback / softback
Body, Mind & Spirit / General | 103 B&W ILLUSTRATIONS AND DIAGRAMS
Translation Rights: World with exceptions



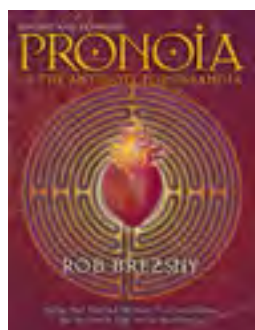
The Pocket Book of Stones

Robert Simmons

By the author of the bestselling crystals title, the encyclopedic *The Book of Stones*, this book was created in response to demand for a more portable metaphysical reference guide. This beautifully illustrated guide features dozens of new stones not covered in the original book.

OVER 35,000 COPIES SOLD (U.S. EDITION)

9781583943175 | Pub Date: 10/18/11 | \$14.95 | 368 pages | Paperback / softback
Body, Mind & Spirit / Crystals | 325 FULL-COLOR PHOTOS
Translation Rights: World with exceptions



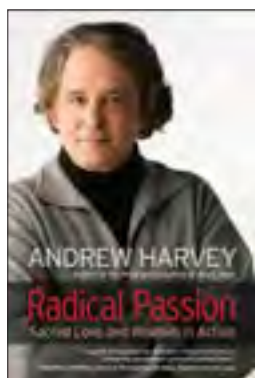
Pronoia Is the Antidote for Paranoia
Revised and Expanded How the Whole World Is Conspiring to Shower You with Blessings

Rob Brezсны

This substantially revised and updated edition presents the philosophy that the universe is fundamentally friendly and that life gives you exactly what you need. A self-help book for people skeptical about self-help books, *Pronoia* is the best of New Age literature—witty, smart, and urbane.

NEARLY 60,000 COPIES SOLD (U.S. EDITION)

9781556438189 | Pub Date: 9/22/09 | \$21.00 | 400 pages | Paperback / softback
 Body, Mind & Spirit / Inspiration & Personal Growth | B&W ILLUS. THROUGHOUT
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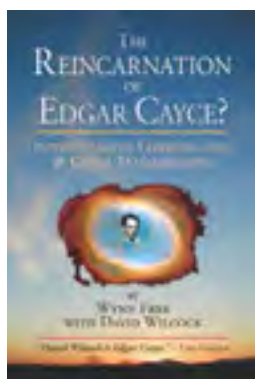


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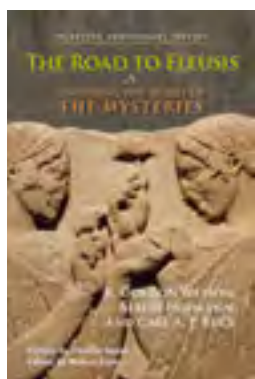
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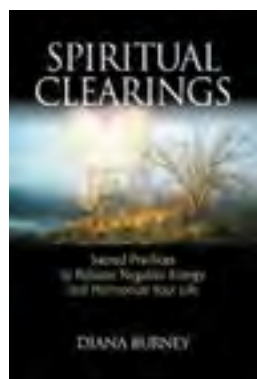
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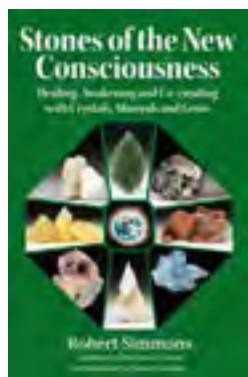
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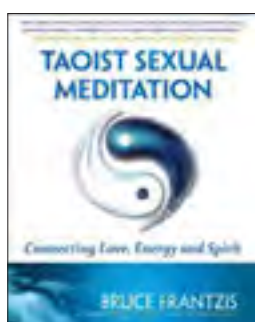
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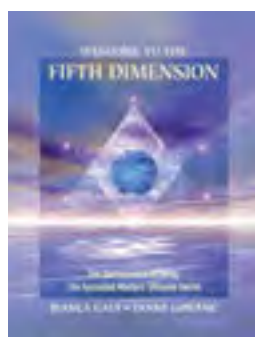


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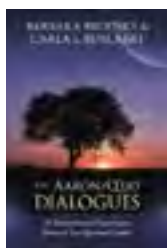
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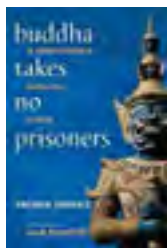
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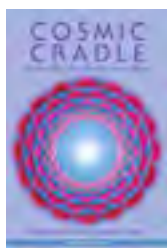
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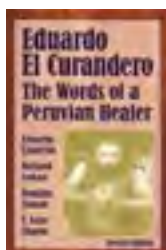
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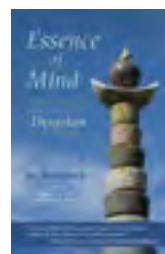
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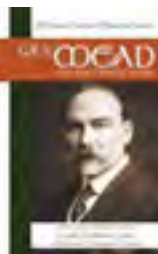
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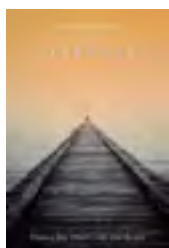
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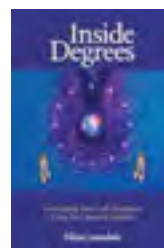
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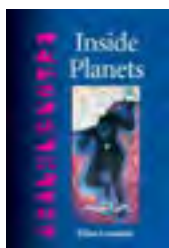
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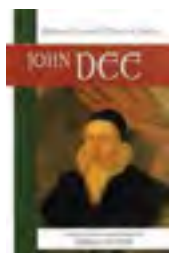
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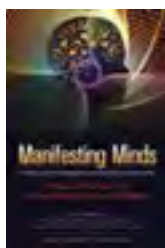
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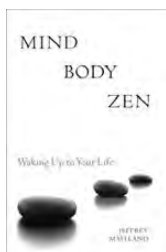
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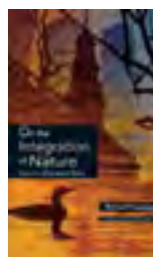
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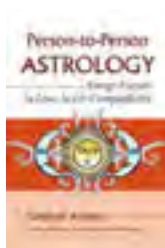
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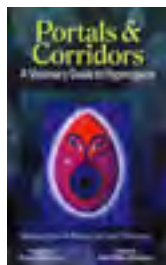
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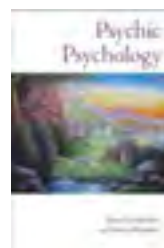
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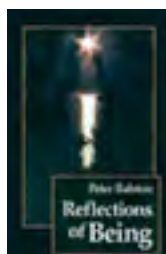
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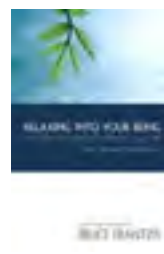
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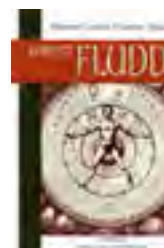
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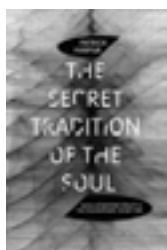
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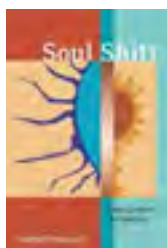
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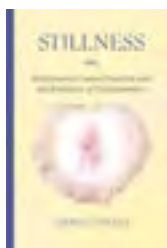
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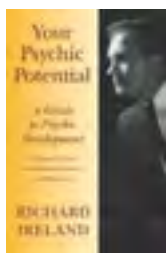
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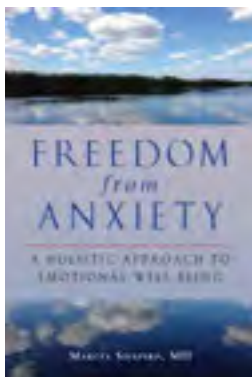


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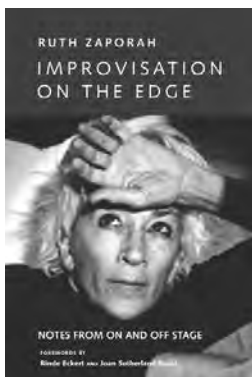


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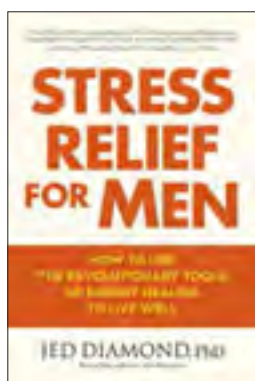


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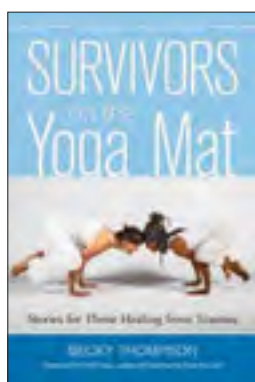


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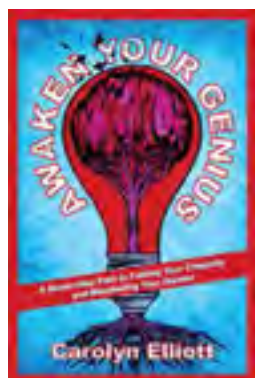
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Becky Thompson

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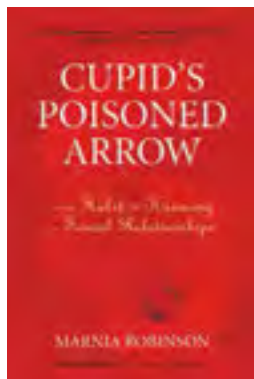
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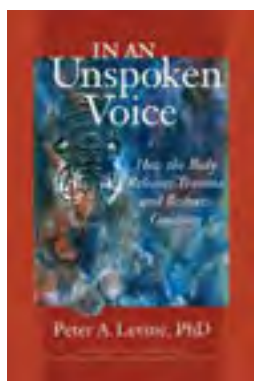
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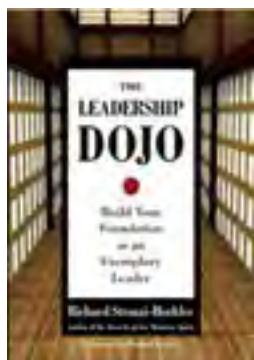
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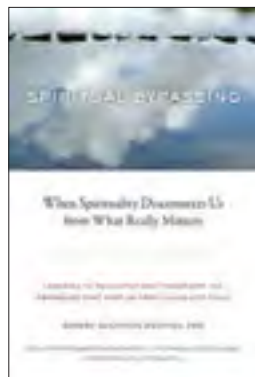
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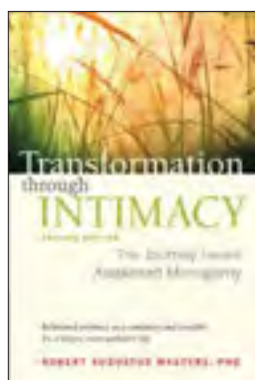
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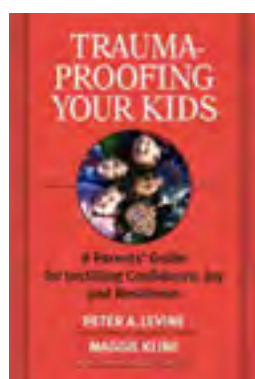


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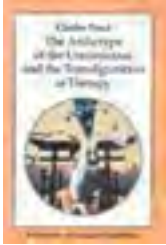
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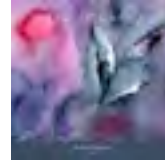
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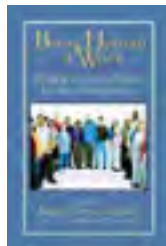
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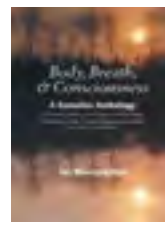
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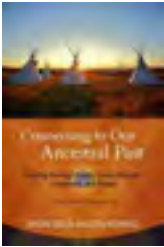
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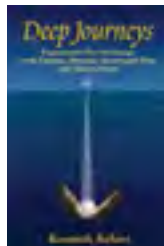
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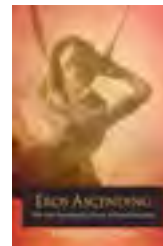
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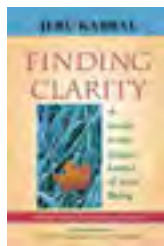
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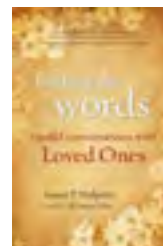
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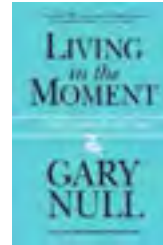
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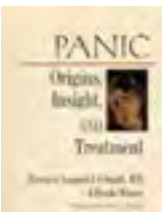
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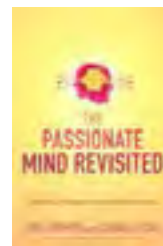
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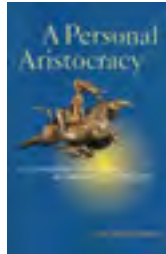
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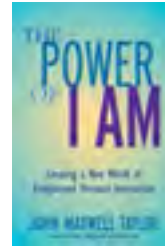
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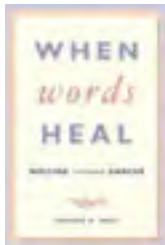
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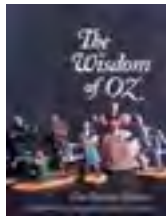
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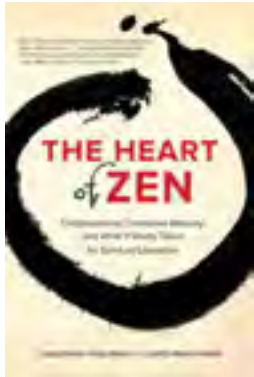
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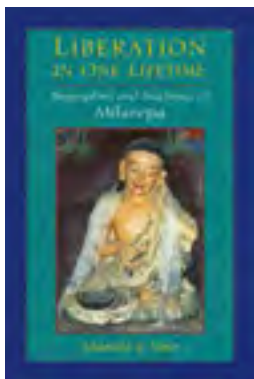


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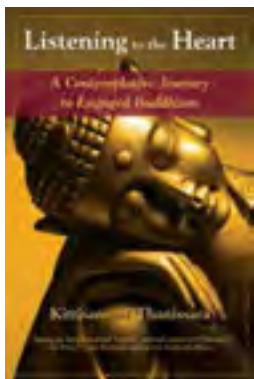


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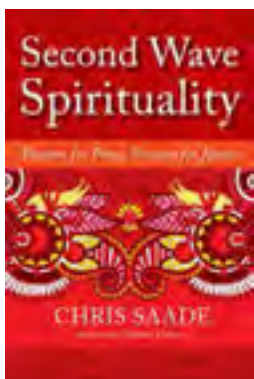


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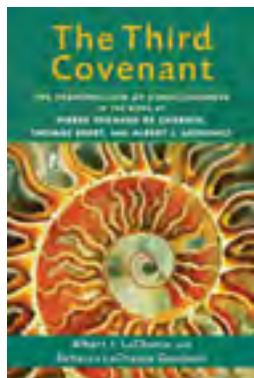
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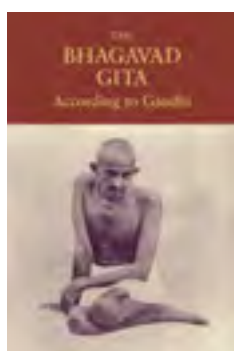
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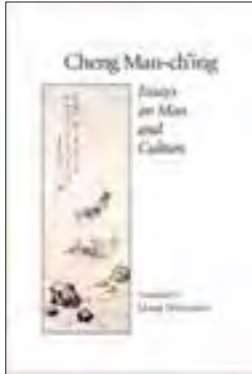
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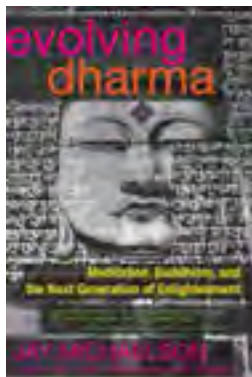
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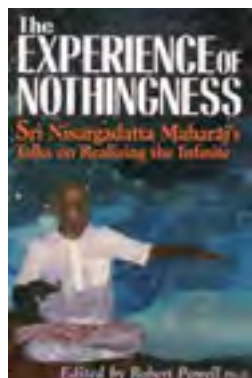
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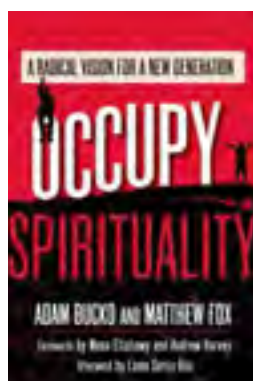
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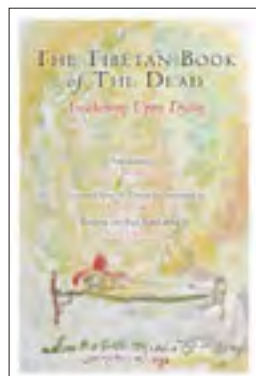


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Adam Bucko and Matthew Fox; Forewords by Mona Eltahawy and Andrew Harvey

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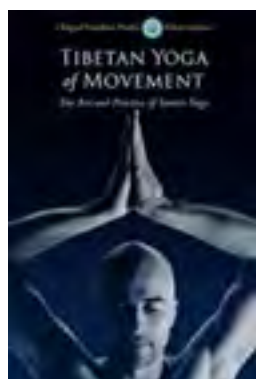


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Padmasambhava and Karma Lingpa; translated from the Tibetan by Elio Guarisco; introduction by Chogyal Namkhai Norbu

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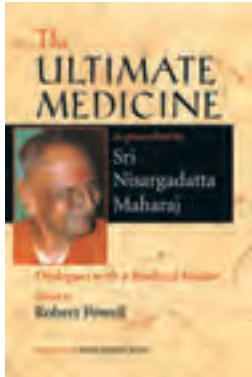
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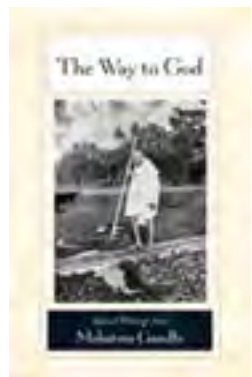
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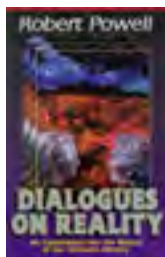
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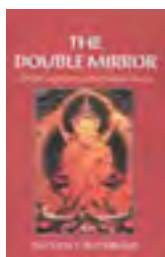
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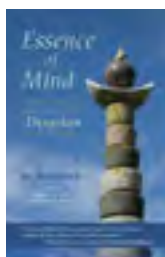
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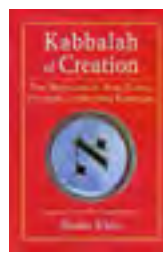
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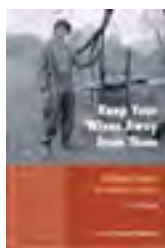
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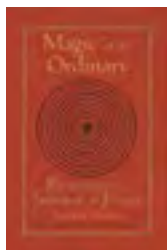
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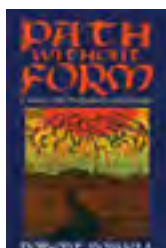
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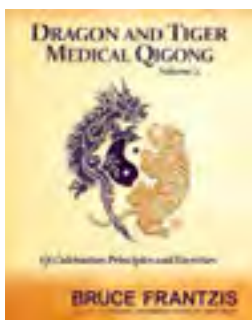


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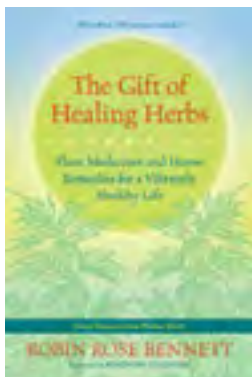


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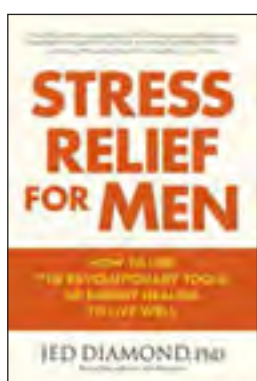


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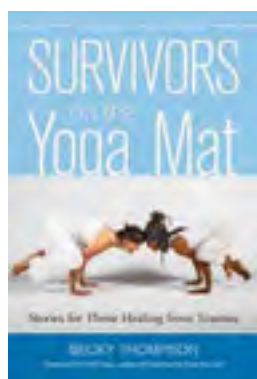


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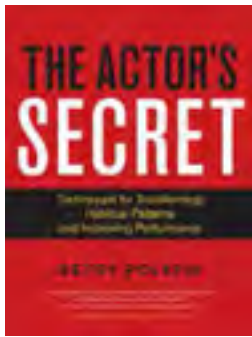


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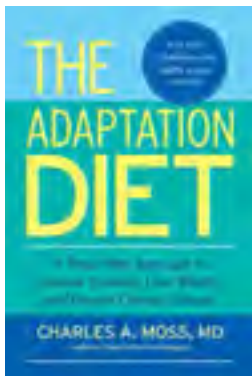


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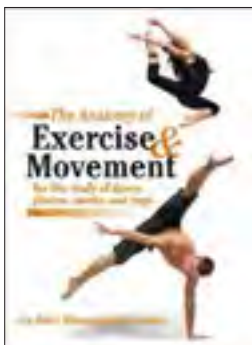


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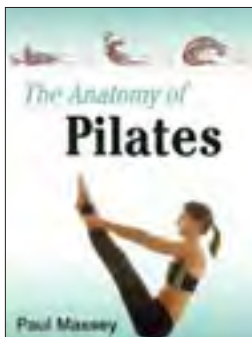
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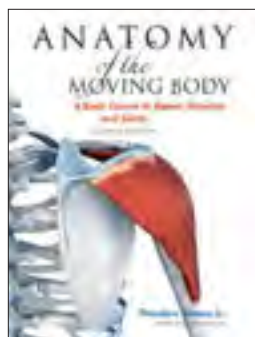
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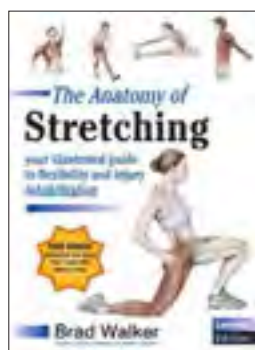
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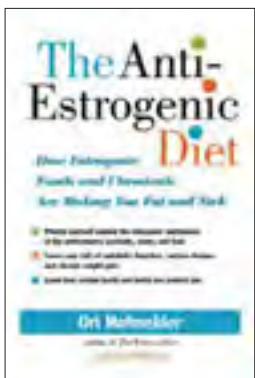
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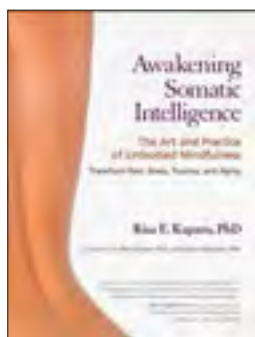
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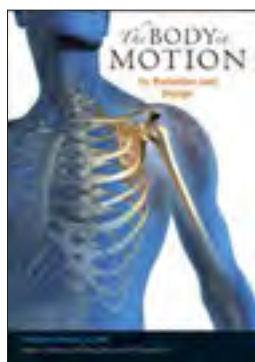


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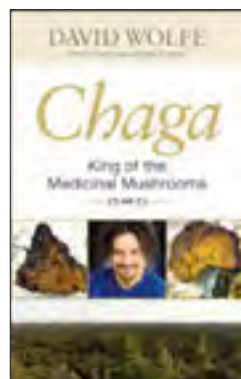
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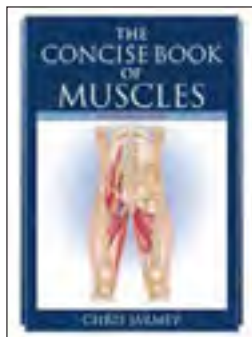
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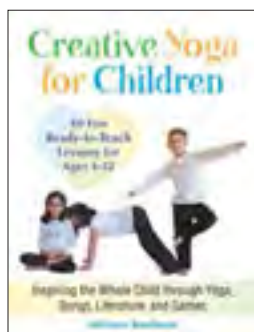


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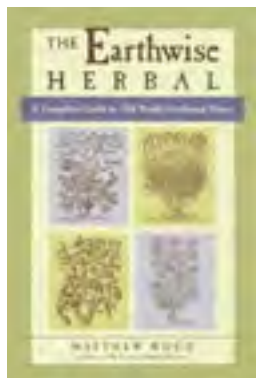
Dragon and Tiger Medical Qigong Develop Health & Energy in 7 Simple Movements

Bruce Frantzis

Dragon and Tiger Medical Qigong is a powerful and easy-to-learn 1,500-year-old self-healing exercise that strengthens the immune system, mitigates the effects of chronic illness, and improves mental relaxation.

STRONG SELLER

9781556439216 | Pub Date: 11/23/10 | \$23.95 | 262 pages | Paperback / softback
Body, Mind & Spirit / Healing / Energy (Chi Kung, Reiki, Polarity) | 150 B&W ILLUSTRATIONS
Translation Rights: World with exceptions



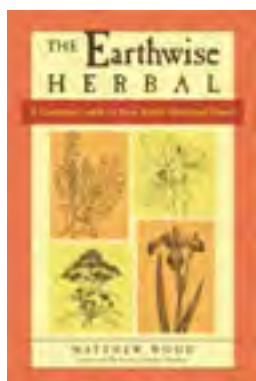
The Earthwise Herbal
A Complete Guide to Old World Medicinal Plants

Matthew Wood

A comprehensive collection of knowledge about the use of Old World medicinal plants commonly used in Western herbal medicine by one of the few authors in the field who has over twenty-five years of clinical experience.

STRONG SELLER

9781556436925 | Pub Date: 6/3/08 | \$32.95 | 592 pages | Paperback / softback
 Health & Fitness / Herbal Medications | B&W ILLUS.
 Translation Rights: World



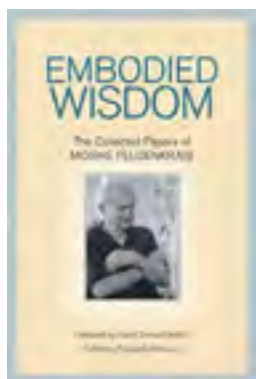
The Earthwise Herbal
A Complete Guide to New World Medicinal Plants

Matthew Wood

A companion to the first *Earthwise Herbal*, this comprehensive guide covers more than 130 New World (North American) medicinal plants commonly used in herbal medicine.

STRONG SELLER

9781556437793 | Pub Date: 4/28/09 | \$29.95 | 416 pages | Paperback / softback
 Health & Fitness / Herbal Medications | 25 B&W ILLUSTRATIONS
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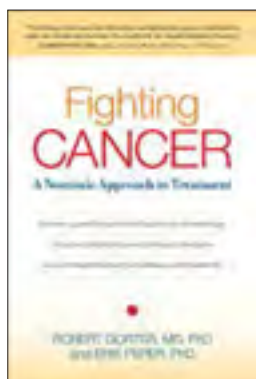


Embodied Wisdom
The Collected Papers of Moshe Feldenkrais

Moshe Feldenkrais

More than fifty years ago, Moshe Feldenkrais began developing the extraordinary movement-based learning method that bears his name. *Embodied Wisdom* is the first collection of Feldenkrais's articles and interviews published in English, and includes some of the most accessible examples of his writing.

9781556439063 | Pub Date: 8/17/10 | \$21.95 | 256 pages | Paperback / softback
 Health & Fitness - Alternative Therapies | 11 B&W PHOTOS
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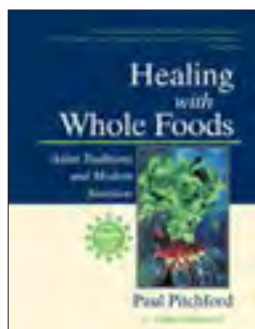
Fighting Cancer
A Nontoxic Approach to Treatment

Robert Gorter, M.D., Ph.D. and Erik Peper, Ph.D.

Emphasizing the need for a new model of cancer treatment that nurtures the body's intrinsic cancer fighting mechanisms, *Fighting Cancer* presents an innovative, nontoxic approach to healing this rampant disease.

STRONG SELLER

9781583942482 | Pub Date: 5/31/11 | \$22.95 | 384 pages | Paperback / softback
 Health & Fitness / Diseases / Cancer | 37 B&W PHOTOS & ILLUS.
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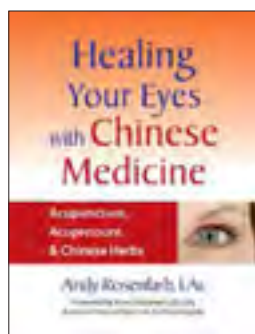
Healing with Whole Foods
Asian Traditions and Modern Nutrition

Paul Pitchford

This comprehensive guide to the theory and healing power of Chinese medicine is also a primer on nutrition along with an inspiring cookbook with more than 300 mostly vegetarian, nutrient-packed recipes.

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9781556434303 | Pub Date: 11/5/02 | \$35.00 | 784 pages | Paperback / softback
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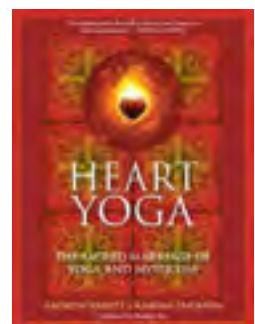
Healing Your Eyes with Chinese Medicine
Acupuncture, Acupressure, & Chinese Herbs

Andy Rosenfarb, LAc; Foreword by Marc Grossman, OD, LAc

This is handbook for healing many kinds of eye conditions—even those too often considered almost impossibly challenging or irreversible—through the use of acupuncture and Chinese medicine.

STRONG SELLER

9781556436628 | Pub Date: 6/19/07 | \$17.95 | 200 pages | Paperback / softback
 Health & Fitness / Vision | B&W ILLUS. AND PHOTOS
 Translation Rights: World with exceptions



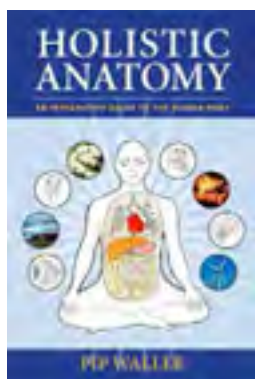
Heart Yoga
The Sacred Marriage of Yoga and Mysticism

Andrew Harvey and Karuna Erickson

Illustrated by beautiful photographs and exquisite quotations from the world's spiritual traditions, *Heart Yoga* presents the practice of hatha yoga as a spiritual path leading to mystical union with the divine.

STRONG SELLER

9781556438974 | Pub Date: 5/4/10 | \$17.95 | 280 pages | Paperback / softback
 Health & Fitness / Yoga | 50 B&W PHOTOGRAPHS
 Translation Rights: World with exceptions



Holistic Anatomy
An Integrative Guide to the Human Body

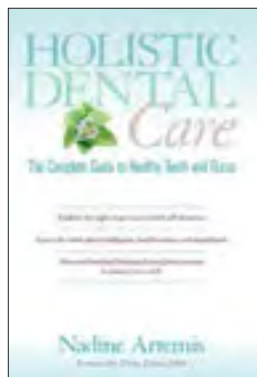
Pip Waller

An introduction to the fundamentals of human anatomy and physiology, *Holistic Anatomy* combines conventional concepts with holistic principles based on spirituality, quantum physics, ecology, sociology, and a wide selection of naturopathic medicinal systems.

STRONG SELLER

9781556438653 | Pub Date: 2/16/10 | \$19.95 | 416 pages | Paperback / softback
 Medical / Holistic Medicine | 79 B&W ILLUS., 3 B&W PHOTOS
 Translation Rights: World

HEALTH & FITNESS FEATURED TITLES



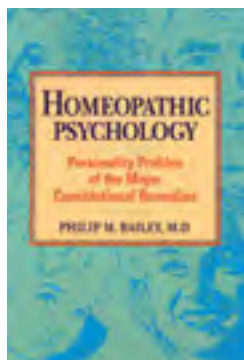
Holistic Dental Care **The Complete Guide to Healthy Teeth and Gums**

Nadine Artemis

A comprehensive guide to natural, do-it-yourself oral care, *Holistic Dental Care* introduces simple, at-home dental procedures that anyone can do. Based on a “whole body approach” to oral care, the book offers strategies to gently restore dental health and prevent issues from taking root.

STRONG SELLER

9781583947203 | Pub Date: 10/8/13 | \$16.95 | 120 pages | Paperback / softback
Health & Fitness - Oral Health | 41 COLOR PHOTOS; 12 COLOR ILLUSTRATIONS
Translation Rights: World



Homeopathic Psychology **Personality Profiles of the Major Constitutional Remedies**

Philip M. Bailey, M.D.

Bailey provides detailed information on 35 major constitutional/personality types, giving insight on diagnosis, mental and emotional traits, and physical characteristics.

OVER 30,000 COPIES SOLD (U.S. EDITION)

9781556430992 | Pub Date: 11/30/95 | \$25.00 | 440 pages | Paperback / softback
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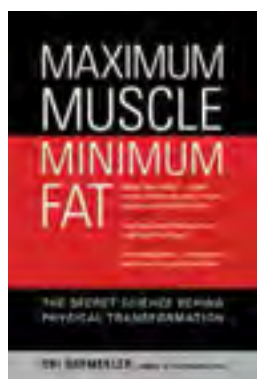
Longevity Now **A Comprehensive Approach to Healthy Hormones, Detoxification, Super Immunity, Reversing Calcification, and Total Rejuvenation**

David Wolfe

Expanding on the bestselling *Superfoods* (over 100,000 English-language copies sold), *Longevity Now* provides a comprehensive approach to total rejuvenation. Readers will learn which herbal supplements, superfoods, and exercises will help them lose weight, cleanse their body, boost their immunity, and live longer.

OVER 10,000 COPIES SOLD (U.S. EDITION) IN 4 MONTHS

9781583946145 | Pub Date: 11/12/13 | \$29.95 | 304 pages | Hardback
Health & Fitness - Body Cleansing & Detoxification | 50 COLOR PHOTOS; 6 B&W PHOTOS
Translation Rights: World



Maximum Muscle, Minimum Fat **The Secret Science Behind Physical Transformation**

Ori Hofmekler

Written for the widest readership—competitive athletes, bodybuilders, trainers, martial artists, sports nutritionists and coaches, dieters, and anyone concerned about their health—this book explores the principles behind muscle gain and fat loss.

NEARLY 15,000 COPIES SOLD (U.S. EDITION)

9781556436895 | Pub Date: 4/29/08 | \$16.95 | 176 pages | Paperback / softback
Health & Fitness / Diets
Translation Rights: World with exceptions



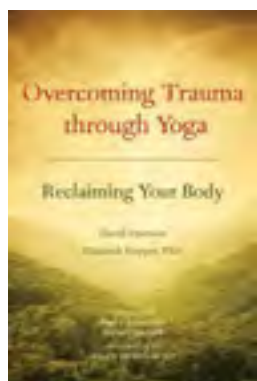
Natural Treatments for Tics and Tourette's Patient and Family Guide

Sheila Rogers

This innovative guide blends the latest research on nutrition, environmental factors, and non-conventional therapies with step-by-step directions to reduce symptoms of tic disorders and Tourette's syndrome.

STRONG SELLER

9781556437472 | Pub Date: 10/21/08 | \$19.95 | 360 pages | Paperback / softback
Medical / Alternative Medicine
Translation Rights: World



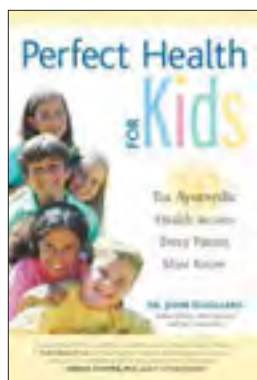
Overcoming Trauma through Yoga Reclaiming Your Body

David Emerson and Elizabeth Hopper, Ph.D.

A critical resource for therapists, survivors of chronic childhood abuse and neglect, war veterans, and millions of other trauma sufferers, this is the only book of its kind to offer a comprehensive plan for healing symptoms of psychological trauma through the practice of yoga.

OVER 15,000 COPIES SOLD (U.S. EDITION)

9781556439698 | Pub Date: 4/19/11 | \$19.95 | 184 pages | Paperback / softback
Health & Fitness / Yoga | 47 B&W PHOTOS
Translation Rights: World with exceptions



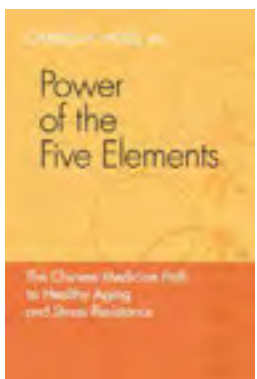
Perfect Health for Kids Ten Ayurvedic Health Secrets Every Parent Must Know

Dr. John Douillard

This book shows specific ways to promote children's health and well-being using Ayurvedic principles, including how to identify the signs of imminent illness, how to make the home chemical and allergen free, and how to stock a "Lazy Susan" of useful natural medicines.

STRONG SELLER

9781556434778 | Pub Date: 12/4/03 | \$19.95 | 384 pages | Paperback / softback
Health & Fitness / Children's Health | 15 B&W ILLUS.
Translation Rights: World with exceptions



Power of the Five Elements The Chinese Medicine Path to Healthy Aging and Stress Resistance

Charles A. Moss, M.D.

Derived from the author's 30 years of medical practice, *Power of the Five Elements* is a modern interpretation of the Five Elements of Chinese medicine that provides readers with an individualized roadmap to recognize and control their own specific stress response patterns and enhance healthy aging.

STRONG SELLER

9781556438745 | Pub Date: 4/6/10 | \$18.95 | 312 pages | Paperback / softback
Health & Fitness / Alternative Therapies | 10 B&W ILLUS
Translation Rights: World with exceptions



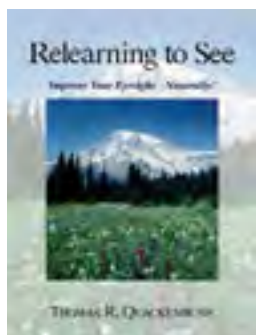
**The Practice of Traditional Western Herbalism
Basic Doctrine, Energetics, and Classification**

Matthew Wood

In this book, Matthew Wood describes concepts from herbal medicine, homeopathy, and Native American medicine, making clear how sampling works, how specific medicines operate, and discussing various laws (the Law of Direction of Cure, etc.), which will be familiar to homeopaths.

STRONG SELLER

9781556435034 | Pub Date: 5/10/04 | \$18.95 | 300 pages | Paperback / softback
Medical / Alternative Medicine | B&W ILLUS.
Translation Rights: World with exceptions



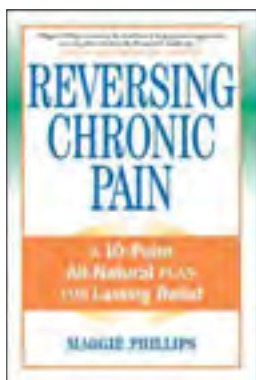
**Relearning to See
Improve Your Eyesight Naturally!**

Thomas Quackenbush

In this accessible presentation of the famous Bates method, Thomas R. Quackenbush describes how eyesight can improve naturally, at any age and regardless of heredity.

NEARLY 40,000 COPIES SOLD (U.S. EDITION)

9781556433412 | Pub Date: 1/24/00 | \$27.50 | 552 pages | Paperback / softback
Health & Fitness / Alternative Therapies | B&W PHOTOS AND ILLUS., FULL COLOR INSERTS
Translation Rights: World with exceptions



**Reversing Chronic Pain
A 10-Point All-Natural Plan for Lasting Relief**

Maggie Phillips

Emphasizing self-treatment throughout, *Reversing Chronic Pain* offers a dynamic framework for joining body and mind to speed the healing of pain from the body level up. Each chapter presents a body-centered skill set that can be mastered through a broad menu of practice exercises.

9781556436765 | Pub Date: 9/25/07 | \$17.95 | 256 pages | Paperback / softback
Health & Fitness / Healing
Translation Rights: World with exceptions



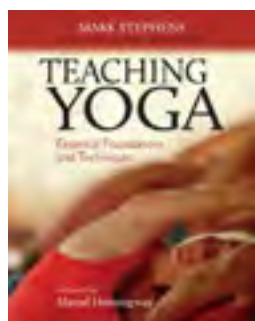
**Sacred Pregnancy
A Loving Guide and Journal for Expectant Moms**

Anni Daulter; forewords by Ina May Gaskin and Anna Getty; Photography by Elena Rego and Alexandra DeFurio

Sacred Pregnancy offers an inspirational guide and journal for the inner journey of pregnancy. This is a gorgeous, four-color book for mothers-to-be to reflect on the many personal milestones during pregnancy and prepare for the birth of her baby.

STRONG SELLER

9781583944448 | Pub Date: 5/1/12 | \$19.95 | 360 pages | Paperback / softback
Health & Fitness / Pregnancy & Childbirth | 50+ FULL-COLOR PHOTOS & ILLUS.
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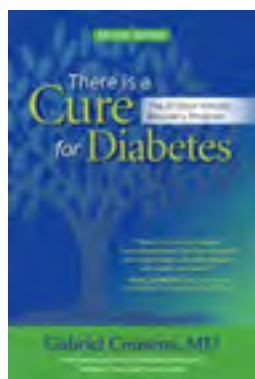
Teaching Yoga
Essential Foundations and Techniques

Mark Stephens; Foreword by Mariel Hemingway

Teaching Yoga is the first comprehensive guide written for instructors that covers everything from yoga philosophy and history to teaching techniques and methodologies as well as detailed guidance on the intricacies of yoga poses, breathing practices, and meditation.

OVER 40,000 COPIES SOLD (U.S. EDITION)

9781556438851 | Pub Date: 5/25/10 | \$22.95 | 432 pages | Paperback / softback
 Health & Fitness / Yoga | 158 B&W PHOTOS, 12 B&W ILLUSTRATIONS
 Translation Rights: World with exceptions



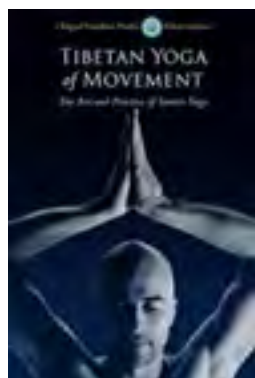
There Is a Cure for Diabetes, Revised Edition
The 21-Day+ Holistic Recovery Program

Gabriel Cousens, M.D.

The original edition has sold over 35,000 copies and has been translated into five languages. This substantially revised edition by a leading medical authority in the field of live-food nutrition offers an innovative approach to the prevention and healing of diabetes through a plant-source-only diet.

OVER 40,000 COPIES SOLD OF BOTH U.S. EDITIONS

9781583945445 | Pub Date: 4/9/13 | \$22.95 | 616 pages | Paperback / softback
 Health & Fitness - Diseases - Diabetes | B&W TABLES AND CHARTS THRUOUT
 Translation Rights: World with exceptions

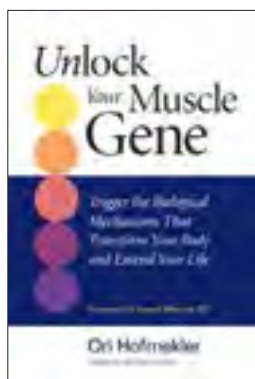


Tibetan Yoga of Movement
The Art and Practice of Yantra Yoga

Chogyal Namkhai Norbu and Fabio Andrico, with Paula Barry and Naomi Zeitz

Tibetan Yoga of Movement offers a complete introduction to Yantra Yoga, a traditional form of Tibetan yoga that originated from an eighth century Tibetan Buddhist sacred text. The book describes the 108 sets of movements (yantras) accompanied by instructional photos.

9781583945568 | Pub Date: 7/23/13 | \$24.95 | 304 pages | Paperback / softback
 Health & Fitness - Yoga | 400 4-COLOR PHOTOS
 Translation Rights: World with exceptions



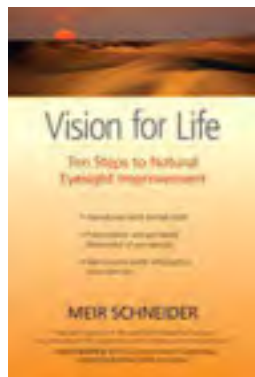
Unlock Your Muscle Gene
Trigger the Biological Mechanisms That Transform Your Body and Extend Your Life

Ori Hofmekler; foreword by Joseph Mercola, D.O.

Written in the author's trademark paradigm-breaking style, *Unlock Your Muscle Gene* succinctly describes how we can activate the innate mechanisms that help us build muscle, become leaner, stronger, and healthier, and live longer.

STRONG SELLER

9781583943090 | Pub Date: 10/4/11 | \$17.95 | 200 pages | Paperback / softback
 Health & Fitness / Exercise
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Vision for Life
Ten Steps to Natural Eyesight Improvement

Meir Schneider

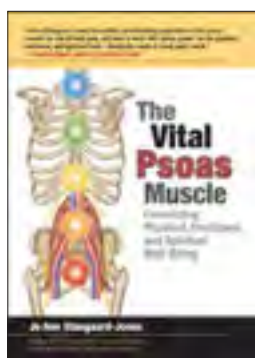
Based in part on the established Bates Method of eyesight improvement and in part on the author's professional and personal discoveries, *Vision for Life* provides a complete foundation for healthy vision throughout your life, empowering you to improve your sight with simple yet effective exercises.

STRONG SELLER

9781583944943 | Pub Date: 10/2/12 | \$19.95 | 192 pages | Paperback / softback

Health & Fitness / Vision | 80 B&W PHOTOS

Translation Rights: World with exceptions



The Vital Psoas Muscle
Connecting Physical, Emotional, and Spiritual Well-Being

Jo Ann Staugaard-Jones

This is a full-color alternative approach to understanding and balancing the most important skeletal muscle in the body, aimed at the layperson as well as the professional body practitioner concerned with core strengthening and psoas-related back, hip, knee, and pelvic tension issues.

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9781583944585 | Pub Date: 8/21/12 | \$19.95 | 128 pages | Paperback / softback

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The Warrior Diet
Switch on Your Biological Powerhouse For High Energy, Explosive Strength, and a Leaner, Harder Body

Ori Hofmekler; Forewords by Harvey Diamond and Udo Erasmus

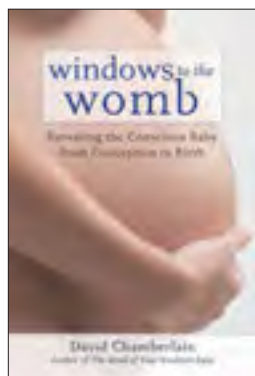
Based on survival science, this book proposes a radical yet surprisingly simple and effective lifestyle overhaul. Readers will learn how to reduce body fat; achieve robust health and a lean, strong body; boost their sex drive; and how to increase speed, strength, and resilience.

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9781583942000 | Pub Date: 12/4/07 | \$18.95 | 312 pages | Paperback / softback

Sports & Recreation / Martial Arts & Self/Defense | B&W PHOTOS

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Windows to the Womb
Revealing the Conscious Baby from Conception to Birth

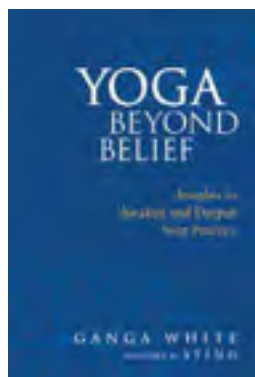
David Chamberlain

Combining new research findings with the wisdom of a lifetime's research by pioneering birth psychologist David Chamberlain, *Windows to the Womb* will inform expectant parents, midwives, doulas, obstetricians, and therapists who wish to gain a greater understanding of the minds of unborn children.

9781583945513 | Pub Date: 1/15/13 | \$19.95 | 240 pages | Paperback / softback

Health & Fitness - Pregnancy & Childbirth

Translation Rights: World



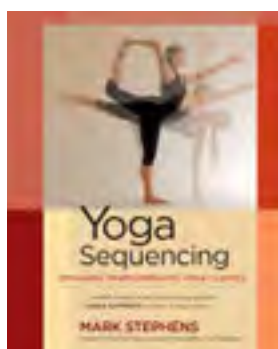
Yoga Beyond Belief
Insights to Awaken and Deepen Your Practice

Ganga White; Foreword by Sting

This “cross-platform” guide explains the core principles of the many branches of yoga and sheds light on the inner processes that bring about health and well-being during physical practice. It integrates scientific and practical approaches into a fresh perspective on this ancient tradition.

OVER 15,000 COPIES SOLD (U.S. EDITION)

9781556436468 | Pub Date: 1/2/07 | \$19.95 | 256 pages | Paperback / softback
 Health & Fitness / Yoga
 Translation Rights: World



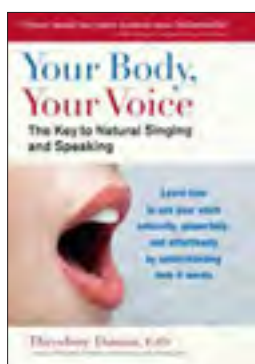
Yoga Sequencing
Designing Transformative Yoga Classes

Mark Stephens

Written for a broad yoga market that includes teachers, teacher trainers, studio owners, and students, *Yoga Sequencing* presents 67 sequences of poses designed for a range of yoga student experience and offers a comprehensive resource for designing and refining yoga classes.

NEARLY 45,000 COPIES SOLD (U.S. EDITION)

9781583944974 | Pub Date: 9/4/12 | \$24.95 | 352 pages | Paperback / softback
 Health & Fitness / Yoga | 2,085 B&W PHOTOS
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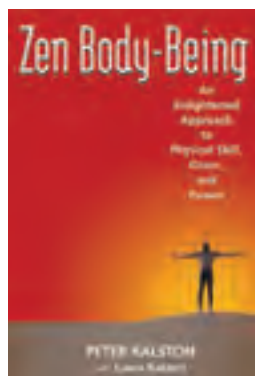
Your Body, Your Voice
The Key to Natural Singing and Speaking

Theodore Dimon, Ed.D.

Your Body, Your Voice presents the basic underlying design principles of the human voice, addresses harmful patterns of speech and singing, and offers techniques designed to restore the voice to its full potential.

BY THE AUTHOR OF *THE BODY IN MOTION* AND *ANATOMY OF THE MOVING BODY*

9781583943205 | Pub Date: 9/27/11 | \$18.95 | 184 pages | Paperback / softback
 Music / Voice | 51 4-COLOR ILLUSTRATIONS
 Translation Rights: World with exceptions



Zen Body-Being
An Enlightened Approach to Physical Skill, Grace, and Power

Peter Ralston with Laura Ralston

Using simple, clear language to demystify the Zen mindset, Peter Ralston explains how to create a state of mental control, enhanced feeling-awareness, balanced structural alignment, increased spatial acuity, and a greater interactive presence.

STRONG SELLER

9781583941591 | Pub Date: 7/27/06 | \$16.95 | 200 pages | Paperback / softback
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Jeanne Rose

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Pub Date: 8/24/99
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Health & Fitness /
Aromatherapy



Action Theater: The Improvisation of Presence

Ruth Zaporah

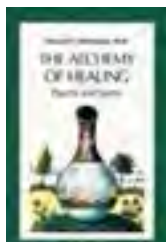
9781556431869
Pub Date: 6/15/95
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302 pages
Paperback / softback
Performing Arts / Acting &
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Acupuncture and the Chakra Energy System: Treating the Cause of Disease

John R. Cross

9781556437212
Pub Date: 7/29/08
\$19.95
208 pages
Paperback / softback
Health & Fitness /
Acupressure &
Acupuncture



The Alchemy of Healing: Psyche and Soma

Edward C. Md Whitmont

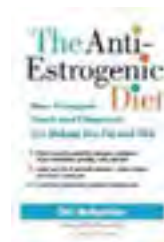
9781556431463
Pub Date: 1/1/96
\$17.95
252 pages
Paperback / softback
Body, Mind & Spirit /
Healing / General



The Anatomy of Sports Injuries

Brad Walker

9781556436666
Pub Date: 12/26/07
\$29.95
256 pages
Paperback / softback
Health & Fitness /
Reference



The Anti-Estrogenic Diet: How Estrogenic Foods and Chemicals Are Making You Fat and Sick

Ori Hofmekler

9781556436840
Pub Date: 5/15/07
\$16.95
208 pages
Paperback / softback
Health & Fitness / Diets /
General



Archetypal Acupuncture: Healing with the Five Elements

Gary Dolowich, M.D.

9781583943106
Pub Date: 9/20/11
\$19.95
336 pages
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Acupuncture



Aromatherapy and Subtle Energy Techniques: Compassionate Healing with Essential Oils

Joni Loughran, Ruah Bull

9781583940150
Pub Date: 8/28/00
\$18.95
224 pages
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Health & Fitness /
Aromatherapy



Aromatherapy Anointing Oils: Spiritual Blessings, Ceremonies and Affirmations

Joni Keim Loughran, Ruah Bull

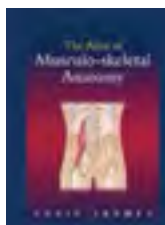
9781583940457
Pub Date: 6/27/01
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Health & Fitness /
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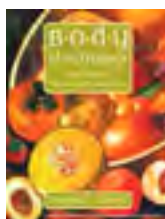
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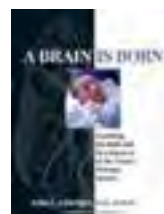
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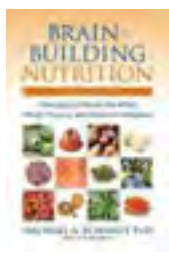
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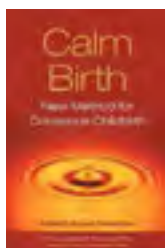
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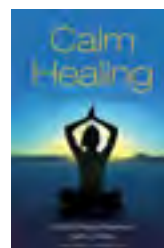
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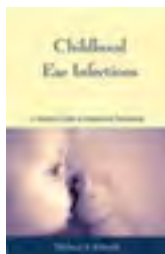
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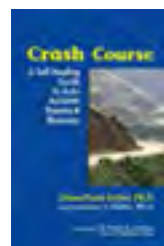
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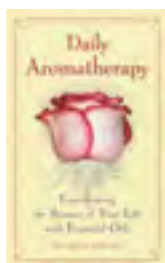
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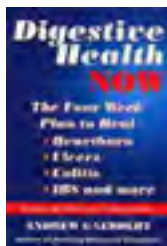
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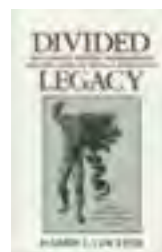
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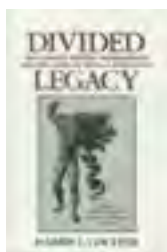
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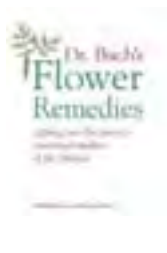
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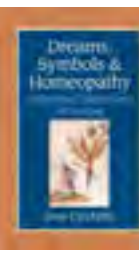
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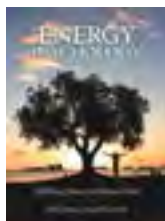
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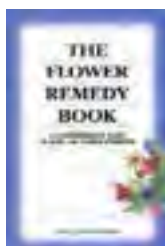
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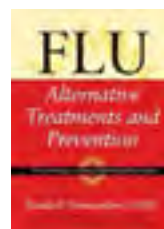
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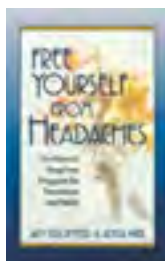
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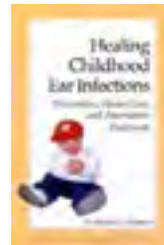
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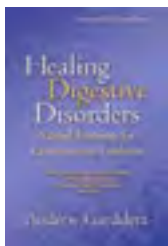
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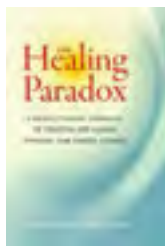
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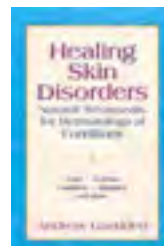
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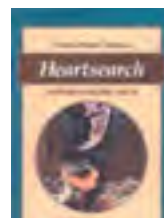
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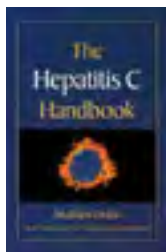
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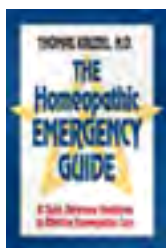
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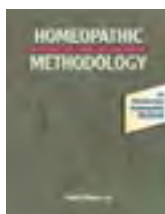
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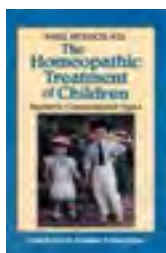
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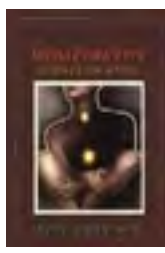
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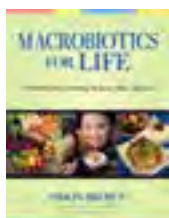
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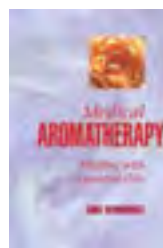
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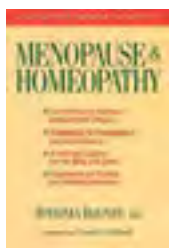
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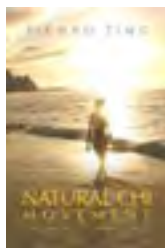
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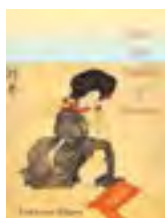
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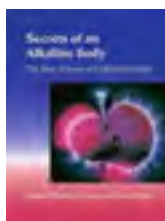
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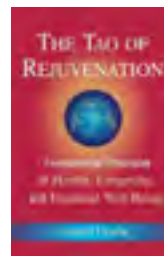
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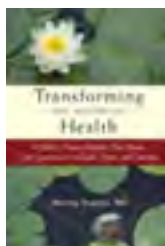
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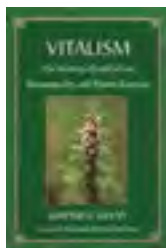
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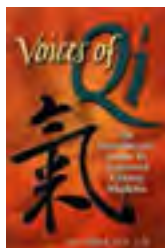
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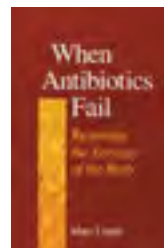
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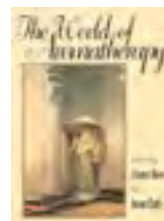
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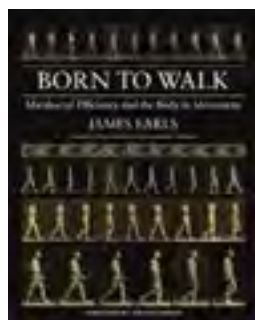
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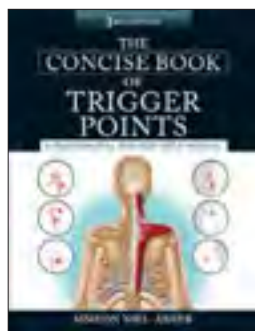


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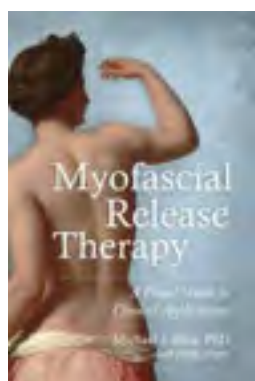


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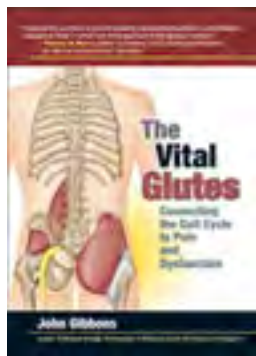
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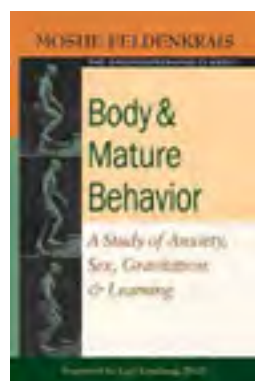


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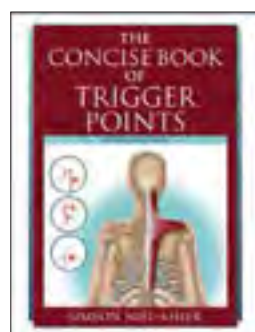
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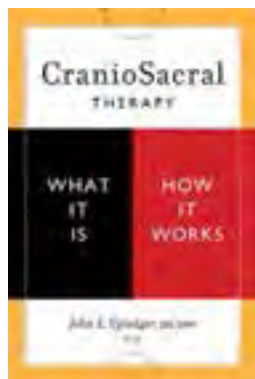
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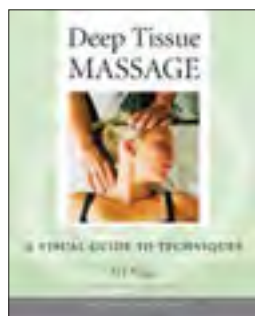
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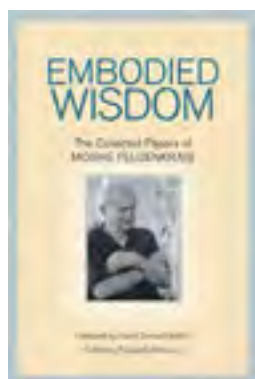
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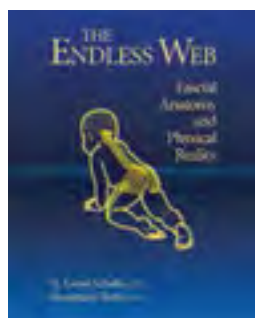


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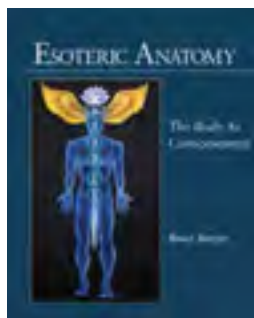
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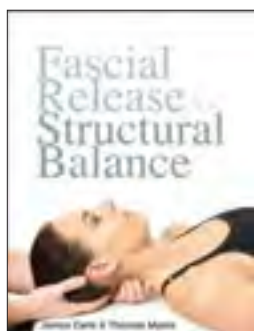
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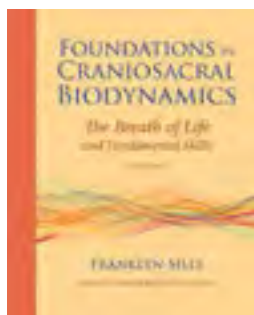
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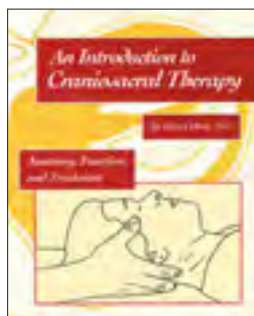


Healing through Trigger Point Therapy A Guide to Fibromyalgia, Myofascial Pain and Dysfunction

Devin J. Starlanyl and John Sharkey

Designed for both care providers and patients, this guide to trigger points is a comprehensive resource for the diagnostics, care, treatment, and prevention of symptoms related to fibromyalgia, myofascial pain, and other commonly misdiagnosed chronic pain conditions.

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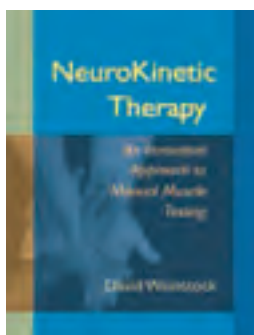
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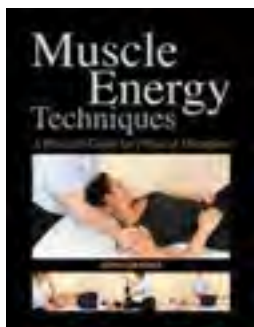


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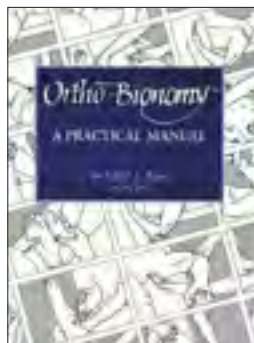


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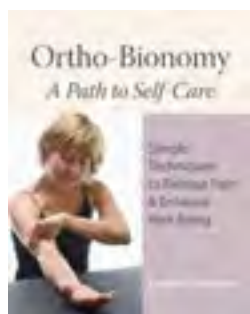
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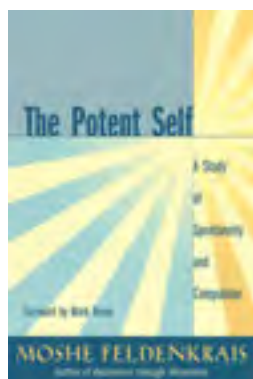
Ortho-Bionomy
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Luann Overmyer

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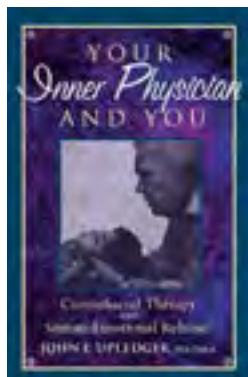
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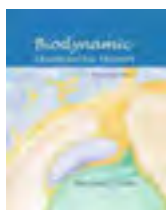
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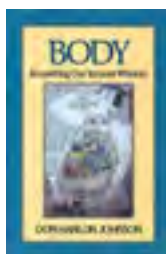
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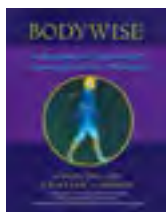
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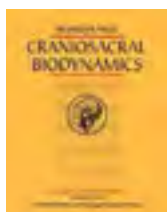
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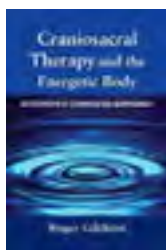
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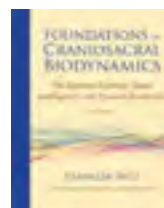
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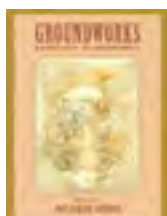
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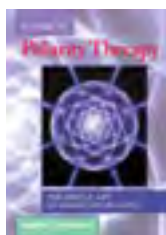
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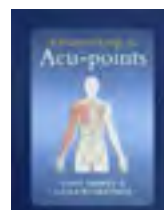
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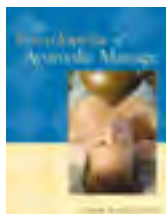
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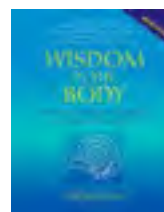
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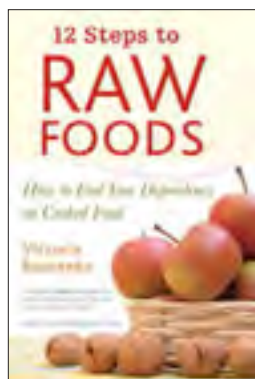
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Jens Casupei and Vibeke Kaupert

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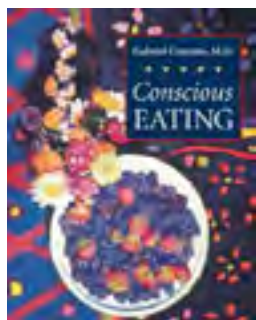


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Michaela Lynn and Michael Chrisemer, N.C.; Preface by Gabriel Cousens, M.D.

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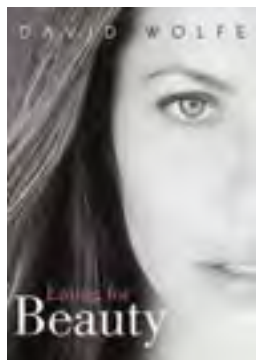
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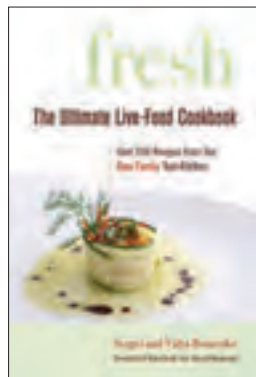
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The Ultimate Live-Food Cookbook

Sergei and Valya Boutenko

Featuring over 250 recipes, this cookbook runs the gamut from casual brunch menus to high-end dinner entrées and is a fresh, new offering of live-food delights from the second generation of worldwide raw experts, Valya and Sergei Boutenko.

OVER 20,000 COPIES SOLD (U.S. EDITION)

9781556437083 | Pub Date: 4/22/08 | \$18.95 | 256 pages | Paperback / softback
 Cooking / Vegetarian | 24-PG FULL-COLOR PHOTO INSERT
 Translation Rights: World with exceptions



Green for Life

Victoria Boutenko; Foreword by A. William Menzin, M.D.

This classic guide to green nutrition will appeal to anyone who wishes to develop a healthy diet without making sacrifices to taste or lifestyle—vegan, vegetarians, and meat-eaters alike.

OVER 90,000 COPIES SOLD (U.S. EDITION)

9781556439308 | Pub Date: 10/5/10 | \$16.95 | 224 pages | Paperback / softback
 Health & Fitness / Nutrition | 8 B&W PHOTOS
 Translation Rights: World with exceptions



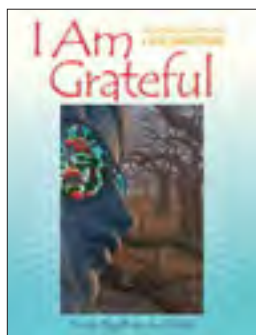
Green Smoothie Revolution
The Radical Leap Towards Natural Health

Victoria Boutenko

Victoria Boutenko, a well-known raw food expert, now expands her gospel of delicious nutrition to the green smoothie, which can alleviate the dietary deficiencies afflicting most everyone today.

OVER 180,000 COPIES SOLD (U.S. EDITION)

9781556438127 | Pub Date: 8/4/09 | \$14.95 | 184 pages | Paperback / softback
 Health & Fitness / Nutrition | 15 B&W PHOTOS
 Translation Rights: World with exceptions



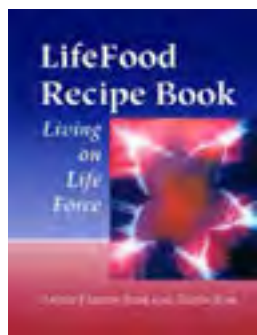
I Am Grateful
Recipes and Lifestyle of Cafe Gratitude

Terces Engelhart with Orchid

Over 80 raw food recipes—including smoothies, soups, entrees, and desserts—gathered from the popular, California-based Café Gratitude’s menu are accompanied by beautiful color photos, easy-to-follow instructions, and co-owner Terces Engelhart’s inspiring life philosophy and personal healing path.

OVER 50,000 COPIES SOLD (U.S. EDITION)

9781556436475 | Pub Date: 5/1/07 | \$24.95 | 200 pages | Paperback / softback
 Cooking / Methods / Raw Food | COLOR PHOTOS THROUGHOUT
 Translation Rights: World



LifeFood Recipe Book
Living on Life Force

Annie Padden Jubb and David Jubb

With illustrations throughout, *LifeFood Recipe Book* offers over 150 easy-to-follow, mostly raw-foods recipes to maximize health and well-being. Dishes include Aztec Quiche, Emerald Broccoli Soup, Spicy Ginger Tofu, and Pina Colada Cookies.

OVER 15,000 COPIES SOLD (U.S. EDITION)

9781556434594 | Pub Date: 9/16/03 | \$18.95 | 296 pages | Paperback / softback
Cooking / Methods / Raw Food | B&W ILLUS.
Translation Rights: World



Longevity Now
A Comprehensive Approach to Healthy Hormones, Detoxification, Super Immunity, Reversing Calcification, and Total Rejuvenation

David Wolfe

Expanding on the bestselling *Superfoods* (over 100,000 English-language copies sold), *Longevity Now* provides a comprehensive approach to total rejuvenation. Readers will learn which herbal supplements, superfoods, and exercises will help them lose weight, cleanse their body, boost their immunity, and live longer.

OVER 10,000 COPIES SOLD (U.S. EDITION) IN 4 MONTHS

9781583946145 | Pub Date: 11/12/13 | \$29.95 | 304 pages | Hardback
Health & Fitness - Body Cleansing & Detoxification| 50 COLOR PHOTOS; 6 B&W PHOTOS
Translation Rights: World



Naked Chocolate
The Astonishing Truth About the World's Greatest Food

David Wolfe and Shazzie

With the mission to "lay naked before the world the true meaning of chocolate," David Wolfe and Shazzie present a spirited and unconventional history, *materia medica*, and recipe book for the world's most pleasurable food: chocolate.

OVER 10,000 COPIES SOLD (U.S. EDITION)

9781556437311 | Pub Date: 2/1/05 | \$24.95 | 256 pages | Paperback / softbac
Cooking / Chocolate | FULL COLOR PHOTOS THROUGHOUT
Translation Rights: World with exceptions



Rainbow Green
Live-Food Cuisine

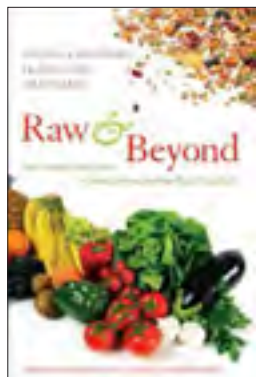
Gabriel Cousens, M.D., and the Tree of Life Cafe Chefs

Both a guide to natural health and a cookbook, *Rainbow Green Live-Food Cuisine* features over 250 revolutionary vegan recipes. Combining research on metabolism, ecological consciousness, and a rainbow of live foods, Dr. Cousens provides comprehensive solutions to the woes of the Western diet.

OVER 55,000 COPIES SOLD (U.S. EDITION)

9781556434655 | Pub Date: 8/22/03 | \$30.00 | 568 pages | Paperback / softback
Cooking / Methods / Raw Food | 8-PG COLOR PHOTO INSERT
Translation Rights: World

COOKING - RAW FOODS FEATURED TITLES



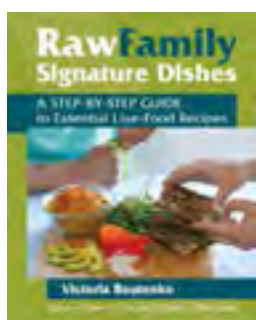
Raw and Beyond **How Omega-3 Nutrition Is Transforming the Raw Food Paradigm**

Victoria Boutenko, Elaina Love, and Chad Sarno

Three long-time raw food chefs and educators share their stories of moving away from an exclusively raw diet and offer over 100 raw and lightly cooked recipes that are high in essential omega-3s, which most of our diets lack.

OVER 10,000 COPIES SOLD (U.S. EDITION)

9781583943571 | Pub Date: 1/10/12 | \$16.95 | 168 pages | Paperback / softback
Cooking / Methods / Raw Food
Translation Rights: World with exceptions



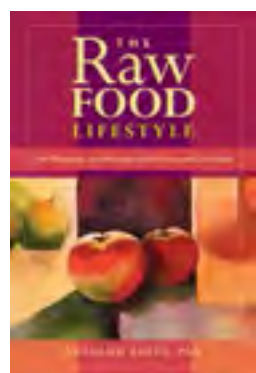
Raw Family Signature Dishes **A Step-by-Step Guide to Essential Live-Food Recipes**

Victoria Boutenko

One of the foremost pioneers of raw foods collects here for the first time her family's favorite recipes, with beautiful step-by-step photos and simple instructions that make the world of raw inviting for cooks of all abilities.

OVER 20,000 COPIES SOLD (U.S. EDITION)

9781556437977 | Pub Date: 7/21/09 | \$18.95 | 176 pages | Paperback / softback
Cooking / Methods / Raw Food | 500 COLOR PHOTOS
Translation Rights: World with exceptions



The Raw Food Lifestyle **The Philosophy and Nutrition Behind Raw and Live Foods**

Ruthann Russo

Provides an authoritative overview of raw food and the raw-food lifestyle that is perfect for newcomers to this delicious and healthy way of life.

9781556438370 | Pub Date: 10/20/09 | \$16.95 | 256 pages | Paperback / softback
Health & Fitness / Diets
Translation Rights: World



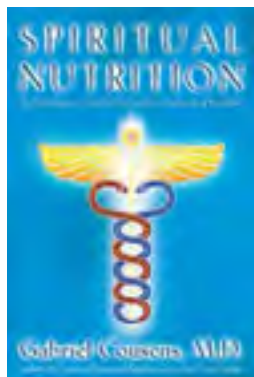
The Raw Transformation **Energizing Your Life with Living Foods**

Ruthann Russo

Provides an authoritative overview of raw food and the raw-food lifestyle that is perfect for newcomers to this delicious and healthy way of life.

OVER 20,000 COPIES SOLD (U.S. EDITION)

9781556438370 | Pub Date: 10/20/09 | \$16.95 | 256 pages | Paperback / softback
Health & Fitness / Diets
Translation Rights: World



Spiritual Nutrition
Six Foundations for Spiritual Life and the Awakening of Kundalini

Gabriel Cousens, M.D.

Spiritual Nutrition explores the spiritual, scientific, intuitive, and metaphysical aspects of nutrition, Kundalini, and the awakening of consciousness. Nutritional issues discussed include raw vs. cooked food, high vs. low protein, fasting, alkaline-acid balance, attitudes about food, and much more.

NEARLY 25,000 COPIES SOLD (U.S. EDITION)

9781556434990 | Pub Date: 3/11/05 | \$30.00 | 624 pages | Paperback / softbac
 Health & Fitness / Alternative Therapies | COLOR AND B&W ILLUS.
 Translation Rights: World with exceptions



The Sunfood Diet Success System

David Wolfe

The Sunfood Diet Success System is a transformational, inspiring guide, especially in the area of nutrition and raw-foodism, written by the leading voice on raw-food nutrition, superfoods, and herbal healing—now in its seventh edition.

NEARLY 15,000 COPIES SOLD OF THE U.S. SEVENTH EDITION

9781556437496 | Pub Date: 4/8/08 | \$49.95 | 592 pages | Hardback
 Cooking / Methods / Raw Food | FULL-COLOR PHOTOS AND ILLUS. THROUGHOUT
 Translation Rights: World



Superfoods
The Food and Medicine of the Future

David Wolfe

In this lively, illustrated overview, well-known raw-foods guru David Wolfe profiles delicious and incredibly nutritious plant products such as goji berries, hempseed, cacao beans (raw chocolate), maca, spirulina, bee products, and a host of others.

OVER 100,000 COPIES SOLD (U.S. EDITION)

9781556437762 | Pub Date: 4/28/09 | \$18.95 | 352 pages | Paperback / softback
 Health & Fitness / Nutrition | 90 COLOR PHOTOS
 Translation Rights: World with exceptions



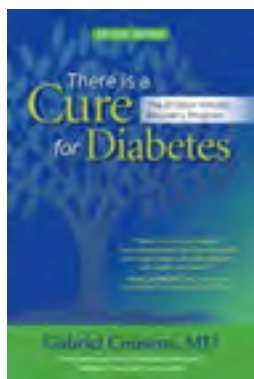
Sweet Gratitude
A New World of Raw Desserts

Matthew Rogers and Tiziana Alipo Tamborra; Foreword by Terces Engelhart

An inspirational cookbook that explores the cutting-edge culinary world of raw desserts, *Sweet Gratitude* offers exotic, gourmet, original recipes for cakes, pies, cheesecake, parfaits, cookies, and chocolates for anyone looking for healthy yet delicious and decadent sweets.

OVER 20,000 COPIES SOLD (U.S. EDITION)

9781556437441 | Pub Date: 10/14/08 | \$24.95 | 248 pages | Paperback / softback
 Cooking / Methods / Raw Food | 50 COLOR PHOTOS
 Translation Rights: World



**There Is a Cure for Diabetes, Revised Edition
The 21-Day+ Holistic Recovery Program**

Gabriel Cousens, M.D.

The original edition has sold over 35,000 copies and has been translated into five languages. This substantially revised edition by a leading medical authority in the field of live-food nutrition offers an innovative approach to the prevention and healing of diabetes through a plant-source-only diet.

OVER 40,000 COPIES SOLD OF BOTH U.S. EDITIONS

9781583945445 | Pub Date: 4/9/13 | \$22.95 | 616 pages | Paperback / softback
Health & Fitness - Diseases - Diabetes | B&W TABLES AND CHARTS THROUGHOUT
Translation Rights: World with exceptions



**Wild Edibles
A Practical Guide to Foraging, with Easy Identification of 60 Edible
Plants and 67 Recipes**

Sergei Boutenko

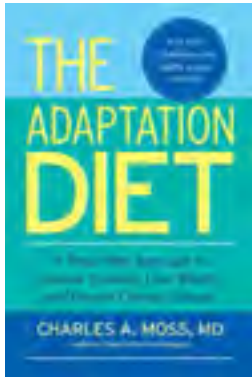
In this field guide to foraging wild edible plants, Sergei Boutenko explores the health benefits of wild-harvested food, explains how to safely identify trailside weeds, herbs, fruits, and greens that grow worldwide, and shares nearly 70 delicious, nutrient-dense recipes.

STRONG SELLER

9781583946022 | Pub Date: 7/16/13 | \$19.95 | 296 pages | Paperback / softback
Nature - Reference | 300 COLOR PHOTOS; 20 CHARTS; 4 PG. B&W ILLUS.
Translation Rights: World

The image features a solid green background. In the top right corner, there is a white triangular shape that appears to be a folded corner of a page.

COOKING



The Adaptation Diet
A Three-Step Approach to Control Cortisol, Lose Weight, and Prevent Chronic Disease

Charles A. Moss, M.D.

Based on 35 years of clinical experience, Dr. Charles Moss presents an easy-to-implement, three-phase diet to normalize cortisol (the main stress hormone), lose weight, and reduce your risk for diabetes, heart disease, and cancer.

9781583946114 | Pub Date: 5/7/13 | \$21.95 | 432 pages | Paperback / softback
 Health & Fitness - Diet & Nutrition - Diet | 5 B&W CHARTS
 Translation Rights: World



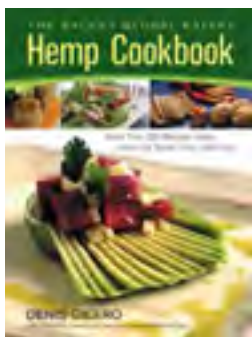
Everyday Vegan
300 Recipes for Healthful Eating

Jeani-Rose Atchison

The vegan recipes in this book are based on the premise that eating whole natural foods enhances the body's innate healing abilities. *Everyday Vegan* inspires readers to take responsibility for their well-being by giving them knowledge and confidence in meal preparation.

OVER 10,000 COPIES SOLD (U.S. EDITION)

9781556433764 | Pub Date: 2/12/02 | \$22.50 | 344 pages | Paperback / softback
 Cooking / Vegetarian | B&W ILLUS.
 Translation Rights: World

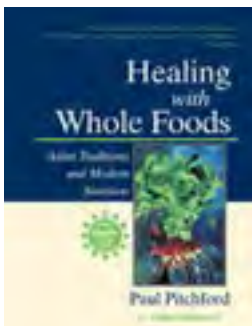


The Galaxy Global Eatery Hemp Cookbook
More Than 200 Recipes Using Hemp Oil, Seeds, Nuts, and Flour

Denis Cicero, with Chefs Kris Czartoryski, Suzanne Gruber, and Michael Lipp

Hemp is one of the tastiest, most powerful superfoods on the planet. Each of the nearly 200 recipes in this innovative cookbook uses hempseeds, hemp nuts, hemp flour, or hempseed oil. Vegans, vegetarians, and omnivores alike are honored.

9781583945452 | Pub Date: 3/12/13 | \$19.95 | 344 pages | Paperback / softback
 Cooking - Natural Foods | 80 COLOR PHOTOS; 7 B&W ILLUSTRATIONS
 Translation Rights: World



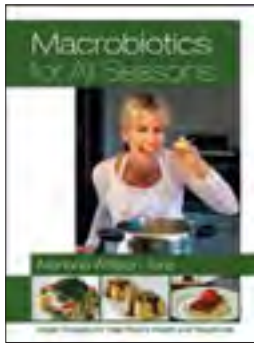
Healing with Whole Foods
Asian Traditions and Modern Nutrition

Paul Pitchford

This comprehensive guide to the theory and healing power of Chinese medicine is also a primer on nutrition along with an inspiring cookbook with more than 300 mostly vegetarian, nutrient-packed recipes.

OVER 500,000 COPIES SOLD (U.S. EDITION)

9781556434303 | Pub Date: 11/5/02 | \$35.00 | 784 pages | Paperback / softback
 Health & Fitness / Nutrition | B&W ILLUS.
 Translation Rights: World with exceptions



Macrobiotics for All Seasons
Vegan Recipes for Year-Round Health and Happiness

Marlene Watson-Tara

For those who wish to change their diet to enjoy a longer and healthier life in alignment with the cycles of nature, this book is a practical guide to preparing macrobiotic meals that heal body and spirit and leave a lighter footprint on our planet. Includes over 200 vegan recipes.

9781583945582 | Pub Date: 1/22/13 | \$24.95 | 256 pages | Paperback / softback
 Cooking – Vegetarian | 25 COLOR PHOTOS, 2 COLOR ILLUS; 3 B&W ILLUS
 Translation Rights: World with exceptions



The Magic of Chia
Revival of an Ancient Wonder Food

James F. Scheer

The book reintroduces this wonder food to the modern palate, with numerous tested recipes for using chia to upgrade the nutritional value of hamburgers, soups, salads, breads, fruit drinks, and much more.

OVER 10,000 COPIES SOLD (U.S. EDITION)

9781583940402 | Pub Date: 12/29/00 | \$14.95 | 192 pages | Paperback / softback
 Cooking / Natural Foods
 Translation Rights: World with exceptions



The Blue Heron Ranch Cookbook: Recipes and Stories from a Zen Retreat Center

Nadia Natali
9781556437175
Pub Date: 7/29/08
\$21.95
224 pages
Paperback / softback
Cooking / Specific
Ingredients / Natural Foods



Coconut Cookery

Valerie Macbean
9781583940181
Pub Date: 10/22/01
\$15.95
216 pages
Paperback / softback
Cooking / Courses & Dishes / General



The Folk Art of Japanese Country Cooking: A Traditional Diet for Today's World

Gaku Homma
9781556430985
Pub Date: 1/14/93
\$23.50
288 pages
Paperback / softback
Cooking / Regional & Ethnic / Japanese



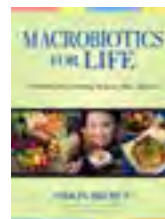
The Galaxy Global Eatery Hemp Cookbook

Denis Cicero, Kris Czartoryski, Suzanne Gruber, Michael Lipp
9781583940556
Pub Date: 9/25/02
\$27.50
360 pages
Hardback
Cooking / Vegetarian & Vegan



Indonesian Flavors

Susan Anderson
9781883319281
Pub Date: 8/17/95
\$16.95
144 pages
Paperback / softback
Cooking / Regional & Ethnic / Caribbean & West Indian



Macrobiotics for Life: A Practical Guide to Healing for Body, Mind, and Heart

Simon Brown
9781556437861
Pub Date: 8/4/09
\$18.95
392 pages
Paperback / softback
Health & Fitness / Macrobiotics



Mediterranean Soups

Carol Robertson
9781583940440
Pub Date: 8/21/01
\$16.95
280 pages
Paperback / softback
Cooking / Regional & Ethnic / Mediterranean



The New Seaweed Cookbook: A Complete Guide to Discovering the Deep Flavors of the Sea

Crystal June Maderia
9781556436529
Pub Date: 7/3/07
\$17.95
168 pages
Paperback / softback
Cooking / Specific
Ingredients / Natural Foods



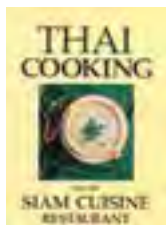
Portuguese Cooking: The Traditional Cuisine of Portugal

Carol Robertson, David Robertson
9781556437076
Pub Date: 3/4/08
\$18.95
192 pages
Paperback / softback
Cooking / Regional & Ethnic / Portuguese



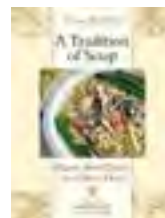
Sustainable Sushi: A Guide to Saving the Oceans One Bite at a Time

Casson Trenor
9781556437694
Pub Date: 1/13/09
\$15.95
128 pages
Paperback / softback
Cooking / Regional & Ethnic / Japanese



Thai Cooking: From the Siam Cuisine Restaurant

Kwanruan Aksomboon
9781556430749
Pub Date: 1/7/93
\$16.95
200 pages
Paperback / softback
Cooking / Regional & Ethnic / Thai



A Tradition of Soup: Flavors from China's Pearl River Delta

Teresa M. Chen
9781556437656
Pub Date: 4/28/09
\$24.95
408 pages
Paperback / softback
Cooking / Regional & Ethnic / Chinese



Turkish Cooking: A Culinary Journey through Turkey

Carol Robertson

9781883319380

Pub Date: 5/6/96

\$24.95

240 pages

Hardback

Cooking / Regional &

Ethnic / Turkish



Vegetarian Turkish Cooking: Over 100 of Turkey's Classic Recipes for the Vegetarian Cook

Carol Robertson, David Robertson

9781583940389

Pub Date: 2/16/01

\$15.95

272 pages

Paperback / softback

Cooking / Regional &

Ethnic / Turkish

MARTIAL ARTS & SPORTS

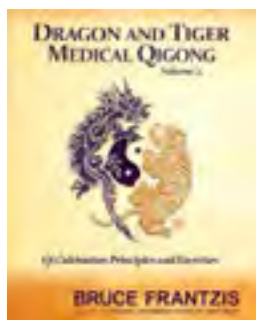


Developing Jin
Silk-Reeling Power in Tai Chi and the Internal Martial Arts

Phillip Starr

Featuring step-by-step instructions and photographs, *Developing Jin* provides a complete and progressive training regimen for increasing and refining chansi-jin, also known as silk-reeling power or coiling power.

9781583947609 | Pub Date: 4/22/2014 | \$18.95 | 208 pages | Paperback / Softback
 Sports & Recreation - Martial Arts & Self-Defense | 200 B&W PHOTOS
 Translation Rights: World

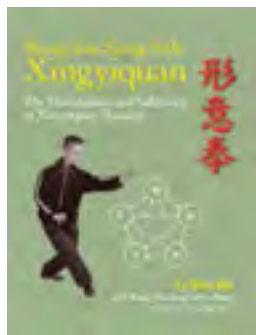


Dragon and Tiger Medical Qigong, Volume 2
Qi Cultivation Principles and Exercises

Bruce Frantzis

Dragon and Tiger medical qigong is a 1,500-year-old self-healing exercise that strengthens the immune system and mitigates the effects of chronic illness. Volume 1 taught students the physical movements. Volume 2 teaches students how to take their practice to the next level.

9781583946619 | Pub Date: 1/14/2014 | \$23.95 | 250 pages | Paperback / softback
 Body, Mind & Spirit - Healing - Energy (Chi Kung, Reiki, Polarity) | 50+ B&W ILLUS.;
 10 B&W PHOTOS
 Translation Rights: World



Shang Yun-Xiang Style Xingyiquan
The Foundations and Subtleties of Xingyiquan Training

Li Wen-Bin with Shang Zhi-Rong and Li Hong; Translated by Lu Mei-Hui

A modern classic, *Shang Yun-Xiang Style Xingyiquan* is essential for Xingyiquan practitioners and a useful guide for any practitioner of the Chinese martial arts. The translator of this book, Lu Mei-hui, has won numerous awards for her martial arts performance and practice.

9781583947593 | Pub Date: 08/05/2014 | \$22.95 | 304 pages Paperback / softback
 Sports & Recreation - Martial Arts & Self-Defense | 200 B&W PHOTOS
 Translation Rights: World

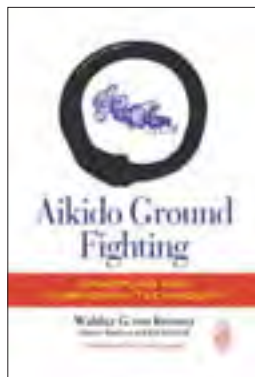


When the Game Stands Tall, Special Movie Edition
The Story of the De La Salle Spartans and Football's Longest Winning Streak

Neil Hayes; Foreword by John Madden

Author Neil Hayes takes readers behind the scenes during the greatest winning streak in sports history, exploring the dramatic tragedies and triumphs that framed De La Salle High School's football team. This edition is timed to coincide with the release of a major motion picture.

9781583948057 | Pub Date: 07/29/2014 | \$15.95 | 392 pages Paperback / softback
 Sports & Recreation - Football | 16 PAGE B&W PHOTO INSERT
 Translation Rights: World

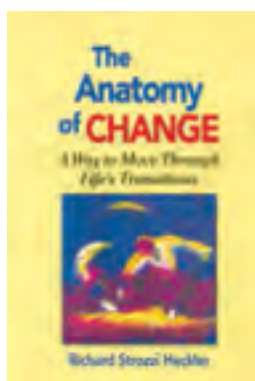


**Aikido Ground Fighting
Grappling and Submission Techniques**

Walther G. von Krenner, Damon Apodaca, Ken Jeremiah; Foreword by Carl Long

A direct student of Morihei Ueshiba (the founder of Aikido), presents effective techniques that remain true to Ueshiba's teachings while addressing a widely acknowledged weakness in the system: what happens when the fight goes to the ground?

9781583946060 | Pub Date: 5/14/13 | \$19.95 | 216 pages | Paperback / softback
Sports & Recreation - Martial Arts & Self-Defense |146 B&W PHOTOS & ILLUSTRATIONS
Translation Rights: World



**The Anatomy of Change
A Way to Move Through Life's Transitions, Second Edition**

Richard Strozzi-Heckler

The body's innate capacity for feeling, intuition, and compassion can enable us to heal our physical and emotional wounds. In *The Anatomy of Change*, Richard Heckler draws on Aikido and Lomi Body Work to demonstrate how a set of practices can bring new awareness and choice into our daily life.

OVER 10,000 COPIES SOLD (U.S. EDITION)

9781556431470 | Pub Date: 1/1/97 | \$15.95 | 168 pages | Paperback / softback
Sports & Recreation / Martial Arts & Self/Defense | B&W ILLUS.
Translation Rights: World



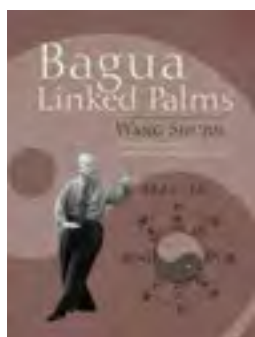
**Ba Gua
Hidden Knowledge in the Taoist Internal Martial Art**

John Bracy

Authentic and well-ordered, Bracy and Liu's Ba Gua presents an introduction to the history and theory of this martial art—along with a discussion of forms, including two-person sets.

OVER 15,000 COPIES SOLD (U.S. EDITION)

9781556432767 | Pub Date: 12/22/98 | \$16.95 | 168 pages | Paperback / softback
Sports & Recreation / Martial Arts & Self/Defense | B&W PHOTOS AND ILLUS. THROUGHOUT
Translation Rights: World



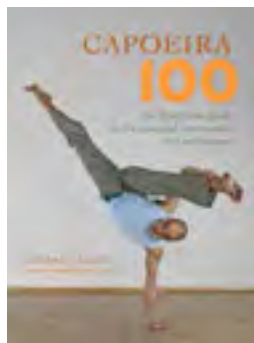
Bagua Linked Palms

Wang Shujin

Bagua Linked Palms offers a comprehensive introduction to the art of Bagua Zhang. Augmented with commentary by long-time practitioners, hundreds of sequential photographs, and supplementary exercises, it will appeal to martial arts enthusiasts of all kinds, as well as readers interested in Taoism.

STRONG SELLER

9781583942642 | Pub Date: 6/2/09 | \$16.95 | 112 pages | Paperback / softback
Sports & Recreation / Martial Arts & Self/Defense | 184 B&W PHOTOS
Translation Rights: World



Capoeira 100
An Illustrated Guide to the Essential Movements and Techniques

Gerard Taylor

Capoeira 100 is an illustrated guide to 100 essential techniques used in the art of capoeira. Each movement is accompanied by a series of color photographs that show how it is done, as well as helpful pointers and tips on how to apply the technique in the game of capoeira.

OVER 10,000 COPIES SOLD (U.S. EDITION)

9781583941768 | Pub Date: 1/9/07 | \$27.95 | 336 pages | Paperback / softback
 Sports & Recreation / Martial Arts & Self/Defense | FULL-COLOR PHOTOS THROUGHOUT
 Translation Rights: World



Capoeira Conditioning
How to Build Strength, Agility, and Cardiovascular Fitness Using Capoeira Movements

Gerard Taylor

Capoeira Conditioning is an illustrated guide to whole-body training based on this popular Brazilian martial art. Designed for all ages and all levels of experience, the book is a step-by-step training manual with photographs that guide users through every movement and sequence.

OVER 15,000 COPIES SOLD (U.S. EDITION)

9781583941416 | Pub Date: 12/8/05 | \$15.95 | 144 pages | Paperback / softback
 Health & Fitness / Exercise | B&W PHOTOS THROUGHOUT
 Translation Rights: World with exceptions



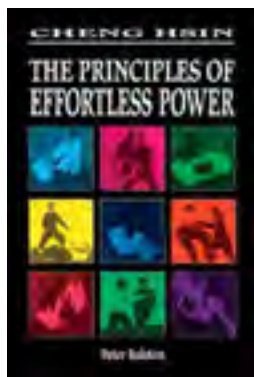
Chen Style Taijiquan
The Source of Taiji Boxing

Davidine Sim

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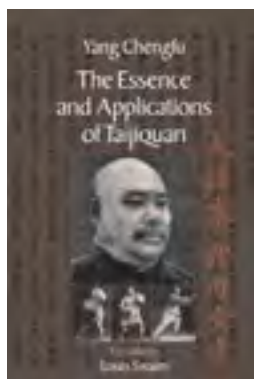
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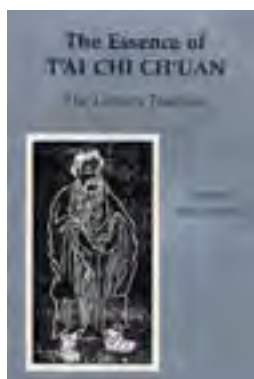
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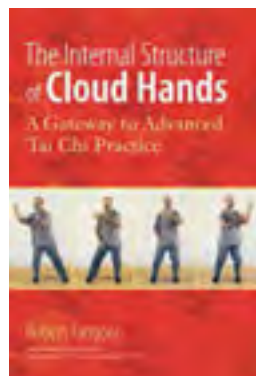
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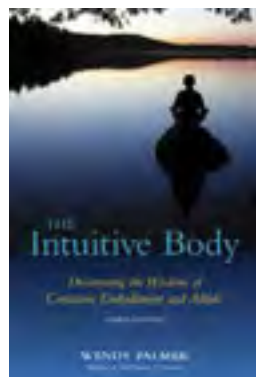


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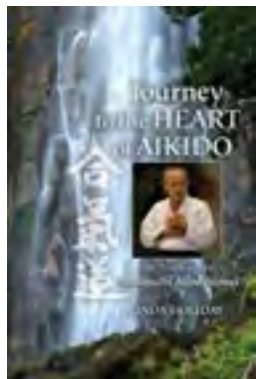
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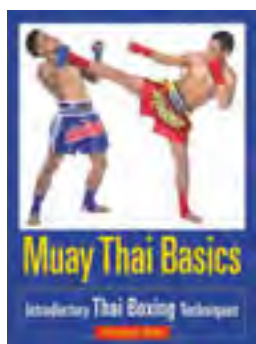
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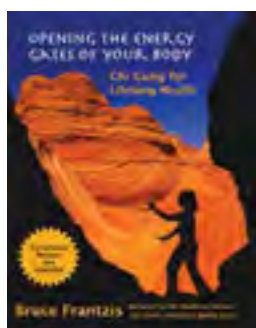
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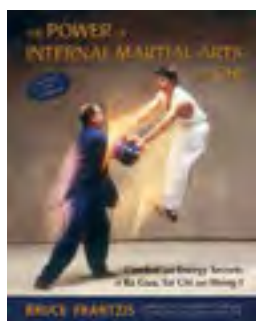
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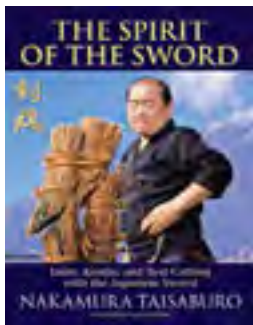
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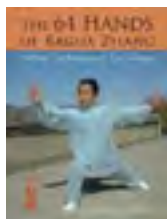
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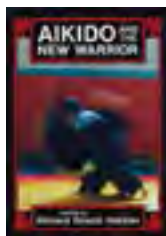
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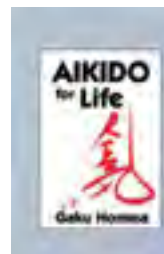
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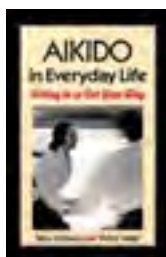
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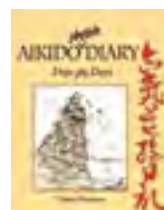
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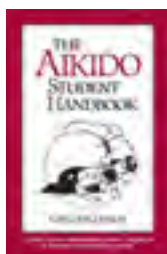
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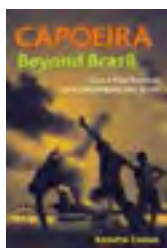
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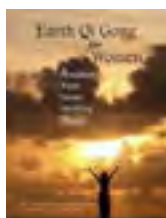
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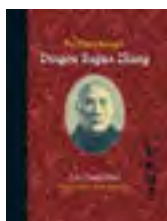
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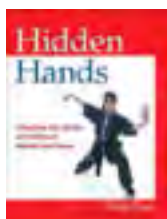
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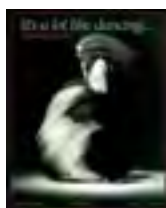
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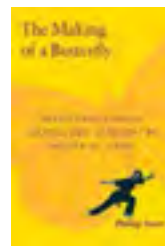
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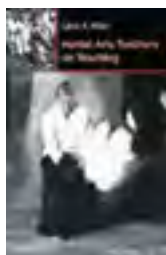
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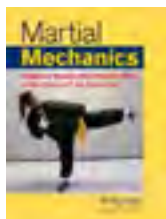
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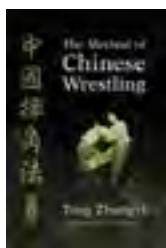
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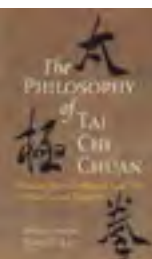
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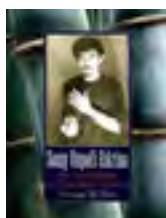
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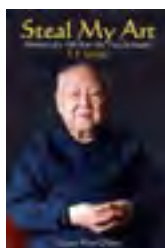
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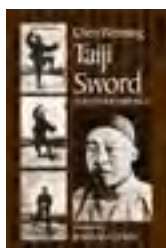
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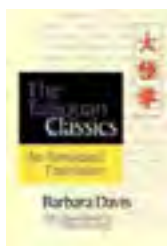
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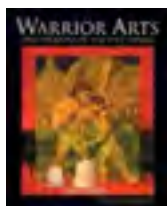
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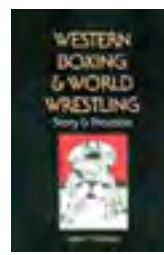
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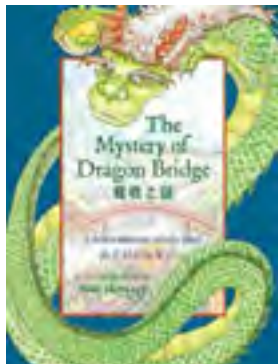
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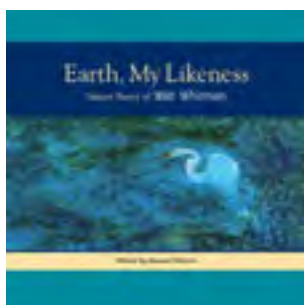
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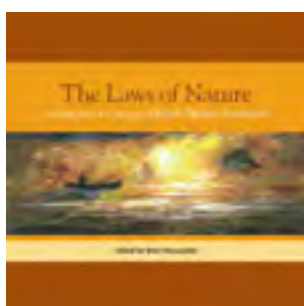


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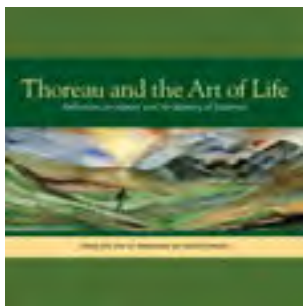


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A beautifully illustrated collection of writings by Ralph Waldo Emerson, one of the first American thinkers to incorporate the power of wild nature into his philosophy, *The Laws of Nature* provides timeless insight into the natural world and our place in it.

9781556439315 | Pub Date: 9/21/2010 | \$16.95 | 96 pages | Paperback / softback
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Thoreau and the Art of Life
Reflections on Nature and the Mystery of Existence

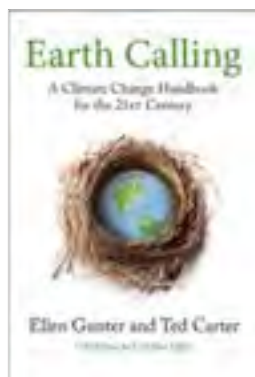
Henry David Thoreau, Edited by Rod MacIver

Illustrated with 97 full-color watercolors of the natural world, *Thoreau and the Art of Life* is a collection of Henry David Thoreau's inspired writings on living a life of meaning, creativity, and reverence. Thoreau's ideas about nature and simple living that are particularly relevant today.

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NATURE & SUSTAINABILITY

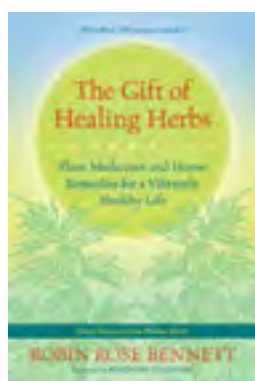


Earth Calling
A Climate Change Handbook for the 21st Century

Ellen Gunter and Ted Carter

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9781583947678 | Pub Date: 4/22/2014 | \$19.95 | 320 pages | Paperback / softback
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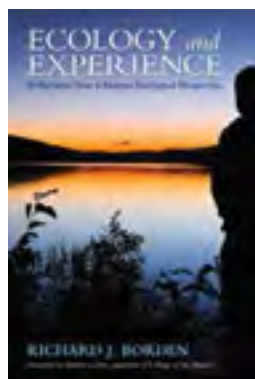


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Plant Medicines and Home Remedies for a Vibrantly Healthy Life
Green Treasures from Mother Earth

Robin Rose Bennett; Foreword by Rosemary Gladstar

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The Night Sky, Updated and Expanded Edition
Soul and Cosmos: The Physics and Metaphysics of the Stars and Planets

Richard Grossinger; Foreword by Bernadette Mayer

Ever since *Homo sapiens* first looked up at the stars, we as a species have been looking for meaning in the mysteries of the night sky. Covering not only astronomy but also cosmology, cosmogony, astrology, and science fiction, the author offers a look at the firmament through his own telescope, fitted with an anthropological lens.

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9781583946480 | Pub Date: 2/25/2014 | \$34.95 | 368 pages | Paperback / softback
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STRONG SELLER

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Jonathon Miller Weisberger

Drawing on the author's decades of experience in rainforest conservation and protecting the cultural heritage of the Upper Amazon, *Rainforest Medicine* documents vanishing indigenous traditions—natural healing, botanical treasures, mythology, and the sacred science of ayahuasca—complete with photos and illustrations.

9781583946084 | Pub Date: 8/27/13 | \$19.95 | 352 pages | Paperback / softback
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NATURE & SUSTAINABILITY FEATURED TITLES

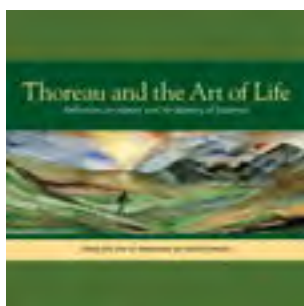


Saving the White Lions **One Woman's Battle for Africa's Most Sacred Animal**

Linda Tucker

In this captivating, suspenseful memoir, white lion conservationist Linda Tucker describes her perilous struggle to protect the sacred white lion from the merciless and mafia-like trophy-hunting industry, armed only with her indomitable spirit and total devotion.

9781583946053 | Pub Date: 5/7/13 | \$19.95 | 374 pages | Paperback / softback
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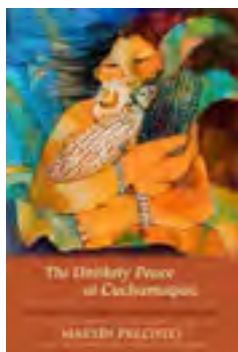
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Nature - Reference | 300 COLOR PHOTOS; 20 CHARTS; 4 PG. B&W ILLUS.
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PETS

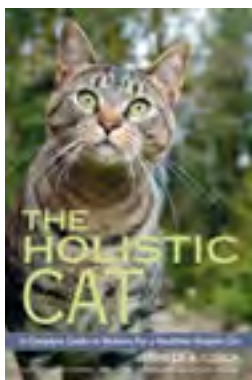


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Learning from the Spiritual Lives of Animals

Linda Bender

Veterinarian and animal intuitive Linda Bender offers a wealth of extraordinary stories and evidence indicating animals have deeply perceptive—even extrasensory—abilities, especially when love is involved. In addition, she provides 18 step-by-step practices for honing readers’ abilities to communicate with animals.

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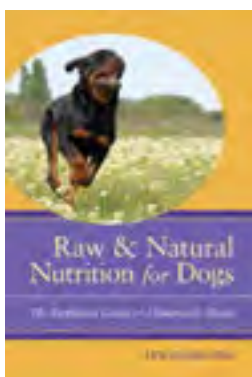
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Raw and Natural Nutrition for Dogs
The Definitive Guide to Homemade Meals

Lew Olson

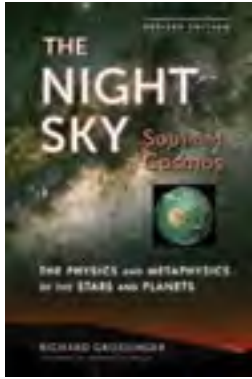
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9781583947104 | Pub Date: 8/19/2014 | \$29.95 | 624 pages | Paperback / softback
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Rainforest Medicine **Preserving Indigenous Science and Biodiversity in the Upper Amazon**

Jonathon Miller Weisberger

Drawing on the author's decades of experience in rainforest conservation and protecting the cultural heritage of the Upper Amazon, *Rainforest Medicine* documents vanishing indigenous traditions—natural healing, botanical treasures, mythology, and the sacred science of ayahuasca—complete with photos and illustrations.

9781583946084 | Pub Date: 8/27/13 | \$19.95 | 352 pages | Paperback / softback
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