

2025 FRANKFURT RIGHTS GUIDE

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FICTION



Askaripour, Mateo

PURE OX: A Novel

Fiction | **Dutton Hardcover** | February 2027 | **UK & Translation Rights**

Agent: PJ Mark @ Janklow & Nesbit | **Editor: Pilar Garcia-Brown**

Status: manuscript available in November 2025



A blazing and hilarious novel about love, guilt, ambition, and what it means to stay true to who we are, following a sanitation worker, with dreams of becoming a writer, who catches a big break when a powerful literary agent reads his manuscript.

New York Times bestselling author [Mateo Askaripour](#) wants people to feel seen. His first novel, *Black Buck* (John Murray, 2021), takes on racism in corporate America with humor and wit. Askaripour was chosen as one of *Entertainment Weekly's* "10 Rising Stars to Make Waves," and *Black Buck* was a Read with Jenna *TODAY* Show Book Club pick. He's also a recipient of the National Book Foundation's "5 Under 35" prize. He lives in Brooklyn. Follow him on [Instagram](#) and [Twitter](#) at @AskMateo.

Publishers of *This Great Hemisphere* (Dutton, 2024):

French – Editions Buchet Chastel



Baszile, Natalie

GOOD PEOPLE: A Novel

Fiction | **Pamela Dorman Books Hardcover** | October 2026 | **UK & Translation Rights**

Agent: Kim Witherspoon @ Inkwell Management | **Editor: Pamela Dorman**

Status: manuscript available in December 2025



A novel about the nuances of class, race, wealth, and education, centering on two best friends, one Black and one white, who live in the same wealthy San Francisco neighborhood and what happens when the police are called on the white woman's adopted Black son, dividing the friends as never before.

Natalie Baszile has an MA in Afro American Studies from UCLA and earned an MFA at the Warren Wilson Program for Writers. She lives in San Francisco with her family.

Publishers of *Queen Sugar* (Pamela Dorman Books, 2014):

Norwegian – Jurtizen Forlag

Polish – Literackie



Berry, Flynn

A GOOD MAN ON A DARK NIGHT: A Novel

Thriller | **Viking Hardcover** | January 2027 | **UK & Translation Rights**

Agent: Emily Forland @ Brandt & Hochman | **Editor: Lindsey Schwoeri**

Status: manuscript available in November 2025



As a private nurse, Eleanor has unusual access to the homes of the rich and powerful. On an ordinary spring morning in Washington, D.C., a man from a shadowy security agency, the G.S.D., approaches her along the riverbank. The agent instructs her to inform on one of her patients, a state department researcher named Anna. He isn't asking. Almost immediately, Eleanor finds she cannot carry out the task she's been assigned. Though she can't be certain of Anna's loyalties, she also can't help liking hers—and suspecting the motives of a government everyone knows is sliding into totalitarianism. Soon, Eleanor and Anna uncover a list of names: four civilians, including Eleanor's ex-boyfriend, Sam. Are these people traitors—or pawns? Can Eleanor, Anna, and their allies uncover the G.S.D.'s plans before the people on the list start disappearing?

Flynn Berry is the author of *Under the Harrow* (Penguin Books, 2016), winner of the 2017 Edgar Award for Best First Novel; *A Double Life* (Viking, 2018), a *New York Times Book Review* Editors' Choice; *Northern Spy* (Viking, 2021), a Reese's Book Club Pick and *New York Times* bestseller, and *Trust Her* (Viking, 2025). The recipient of a Yaddo fellowship, Berry is a graduate of the Michener Center for Writers and Brown University.

Publishers of *Northern Spy* (Viking, 2021):

UK & Commonwealth – Orion

French – Presses de la cite

German – Aufbau Verlag



Godfrey, S.C.

THE ENIGMA CHALLENGE: A Novel

Thriller | **Pamela Dorman Books Hardcover** | August 2026 | **UK & Translation Rights**

Agent: Melissa Edwards @ Stonesong | **Editor: Jeramie Orton**

Status: manuscript available



Zoe Wilder has the unflashy, solitary life of an academic, studying ciphers in literature at a California university. When her research takes her to a cryptology conference in Madrid, she's not expecting to kick off the Enigma Challenge, a clandestine puzzle competition with impossibly high stakes—lose, and your identity is wiped forever. It doesn't take long for Zoe to realize that she's in over her head. Enter Dane Seaver: the handsome, mysterious hacker who insists they team up. Six days, five puzzles, three countries, and innumerable rivals. What's more, the spark of attraction between them becomes harder to ignore, but distractions are dangerous. With four million dollars and multiple lives on the line, the Enigma Challenge is anyone's game. Will Zoe and Dane come out unscathed against the other players—and each other?

S.C. Godfrey is the author of two upmarket novels. When not working on books, she can be found reading fast-paced, exciting thrillers, mysteries, and romance. She lives in the Bay Area with her family. **THE ENIGMA CHALLENGE** is her first thriller.

Rights sold to:

Italian – Longanesi



Grischow, Becca

FOR THE BRIDE: A Novel

Fiction | **Penguin Books Trade Paperback** | June 2026 | **UK & Translation Rights**

Agent: Dana Murphy @ Trellis Literary Management | **Editor: Nidhi Pugalia**

Status: manuscript available



On the surface, Alice has her life together. She's got a job in music she loves; she's firmly sober; and she's grateful to be back in the good graces of her ex-girlfriend-once-best-friend-now-literal-*only*-friend Gin. Just in time, too, because Gin's getting married this summer! And Alice gets to be a bridesmaid. If only the maid-of-honor wasn't Renee Roberts: type-A, the opposite of her in every way, and a long-time Alice-hater who's clung to her animosity like a leech. Over the days and nights they're spending helping Gin throw a DIY summer wedding of epic proportions, Alice and Renee discover that though they have nothing in common—that might be precisely what each of them need. Heartfelt and hopeful, **FOR THE BRIDE** is a banter-filled sapphic romance with deep emotional resonance about found family, second chances, and finding love in the unexpected

[Becca Grischow](#) is a Chicago-based content creator, gossip, and ghostwriter for celebrity memoirs. She is the author of *I'll Get Back to You* (Penguin Books, 2024). She grew up in Geneva, Illinois, and the middle school rumors about her bisexuality were absolutely true. You can find her at your local coffee shop or sharing writing advice on [TikTok](#) and [Instagram](#).



Hawk, Steve

NEARSHORE: A Novel

Fiction | **Viking Hardcover** | August 2026 | **UK Rights**

Agent: Chad Luibl @ Janklow & Nesbit Associates | **Editor: Laura Tisdell**

Status: manuscript available in December 2025



In this surfer noir debut mystery, set on the coast of Northern California, a former professional surfer's life takes a dangerous turn when he discovers a terrifying link between a Silicon Valley billionaire and a nuclear terrorist network, and sets out to avenge his friend's death.

Steve Hawk is the former editor of *Surfer*, *Sierra*, and *Stanford Business* magazines, and of *surflife.com*. He also served as a writer and consultant on the HBO series *John from Cincinnati*. His first book, *Waves* (Chronicle Books, 2005), explores the science and aesthetics of ocean waves. He is currently co-writing a book with his brother, Tony Hawk, about the history and culture of skateboarding, to be published by Atria in 2026.



Huneycutt, Sophia

THE HOUSE BUILT ON ALLIGATOR BONES: A Novel

Fiction/Thriller | **Dutton Hardcover** | October 2026 | **UK & Translation Rights**

Agent: [Amy Bishop-Wycisk](#) & [Natalie Edwards](#) @ Trellis | **Editor: Rachael Kelly**

Status: manuscript available in December 2025



A woman with a violent past learns she has a chance to inherit her estranged family's alligator empire in Florida, only to uncover a cursed legacy and long-buried secrets that rekindle her worst fears about her dark nature—and threaten her life.

Sophia Huneycutt is a writer based in Florida. Her short fiction has won the Porch Prize, judged by Kevin Wilson, and will be published in a forthcoming anthology of contemporary Florida writers (University Press of Florida). It also appears in *Ellery Queen's Mystery Magazine*, *STORY*, *The Greensboro Review*, *Nashville Review*, and elsewhere. She has received creative and financial support from The de Groot Foundation, Tin House, and the Virginia Center for the Creative Arts. She holds a BA in English Literature from Davidson College and an MFA from The Ohio State University. This is her first novel.



Lockhart, Morgan

A CURSE FOR CHRISTMAS PAST: A Novel

Fiction/Fantasy | **Dutton Trade Paperback** | September 2026 | **UK & Translation Rights**

Agent: Aurora Hernandez @ Trident Media Group | **Editor: Charlotte Peters**

Status: manuscript available in November 2025



Hayleigh Gray is cursed. If the firing, wire fraud, and breakup weren't enough, the discovery of a lump on her beloved horse's neck finally sends Hayleigh to the winter festival in the small town of Elk Ridge. Trouble is, Elk Ridge is the very place where she discovered that witches are real and managed to make an enemy of one (okay, maybe a few) last holiday season. There, she crosses paths with Stephan Midwinter, an animal-loving artist with lumberjack good looks, a reputation with women that stretches a mile long, and a whole lot of magic that Hayleigh wants *nothing* to do with. Adamant that his coven wasn't involved in Hayleigh's curse, Stephan offers to help her find the real culprit and break the curse before New Year's Day. As Hayleigh and Stephan face ancestral secrets, mischievous holiday spirits and sprites, and are snowed in at the world's kitschiest holiday B&B inside of an old train car, Hayleigh begins to open her heart up to magic, and to Stephan Midwinter. But Stephan and his way of life are in direct opposition to everything Hayleigh's been taught to want, and old habits die hard. With the curse amping up and time running out, will she really be able to embrace a new kind of happiness, or will she fall back into the patterns of Christmas past?

Morgan Lockhart hails from the Pacific Northwest, where she currently lives with her family. Growing up in the woods of Washington state, Lockhart has always been telling and consuming stories in all shapes and sizes. She roamed her way to California, where she graduated with highest honors from the creative writing department at UC San Diego. She is the author of *A Spell for Midwinter's Heart* (Dutton, 2025) and *A Curse For Christmas Past*, forthcoming.

Publisher of *A Spell for Midwinter's Heart* (Dutton, 2025):

UK & Commonwealth – Bedford Square Publishers



Marsden, Gracie

BONES OF JADE, FLESH LIKE ICE: A Novel

Fiction | **Viking Hardcover** | November 2026 | **UK & Translation Rights**

Agent: Mary C. Moore @ Aevitas Creative Management | **Editor: Nidhi Pugalia**

Status: manuscript available in December 2025



Eleventh century Taiwan. In a small village, far from the political conflicts of the royal dynasty, a too-young Yu'er is sold off to be married at the word of a jing—a shapeshifting-demon of immense power and beauty—who prophesizes that her parents will thus gain wealth beyond their imagination. Abandoned, Yu'er is grateful to find that her new husband Xiaozhu—barely more than a child himself—is kind and shy. Over the years, they build a home together, becoming allies, then friends, then lovers. Until misfortune befalls them, once again at the hands of a jing. They're left destitute and estranged. Determined to take her life into her own hands, Yu'er strikes her own bargain with a jing: she can gain all the power and riches she desires to keep herself and her loved ones safe. She just has to leave Xiaozhu and their home together, forever. Yu'er's choice to force destiny, sets off a dark saga that will lead her to the heart of the royal court, and bring her more power than she ever dreamed of, but may kill her humanity along the way, in this sweeping tale of love, revenge, and redemption.

Gracie Marsden, is a proud Taiwanese American with a Master's in Teaching from Idaho State University. **BONES OF JADE, FLESH LIKE ICE** is her first novel.

HISTORY, CURRENT AFFAIRS, ECONOMICS, POLITICAL SCIENCE, SOCIAL SCIENCE



Coontz, Stephanie

FOR BETTER AND FOR WORSE: Confronting the Complicated Past and Contested Future of Marriage

Social Science/Family | **Viking Hardcover** | May 2026 | **UK & Translation Rights**

Agent: Susan Rabiner @ Susan Rabiner Literary Agency | **Editor: Laura Tisdell**

Status: manuscript available

Ninety percent of the world's people live in countries where marriage rates have plummeted since the 1980s, with the Western world experiencing especially steep drops. Still, people all around the world describe marriage as the highest expression of commitment they can imagine. And most people say they eventually *want* to marry even when they express uncertainty about *whether* they will end up doing so. In **FOR BETTER AND FOR WORSE**, Stephanie Coontz unravels the origins of these paradoxical trends. Using the past to illuminate the present, she shows how shifting marital ideologies, gender relations, sexual mores, and emotional mindsets over time have bequeathed us a welter of contradictory expectations and habits that often sabotage our attempts to build mutually satisfactory relationships. "Traditional" roles and values that once promoted successful marriages are now a recipe for relationship failure. Only by undoing the legacy of marriage's "problematic past," Coontz argues, can we help individuals and society at large navigate the "challenging future" of marriage.

Stephanie Coontz is the Director of Research and Public Education at the Council on Contemporary Families and teaches history and family studies at The Evergreen State College in Olympia, Washington. She is the author of several books, including *Marriage, A History* (Viking, 2005) and *A Strange Stirring: The Feminine Mystique and American Woman at the Dawn of the 1960s* (Basic Books, 2011). She writes about marriage and family issues in many national publications, including *The Washington Post*, *Harper's*, *Chicago Tribune*, and *Vogue*. She divides her time between Makaha, Hawaii, and Washington.

Publishers of *Marriage, A History* (Viking, 2005):

Arabic – Al-Aali Foundation

Simplified Chinese – CITIC Press

German – Bastei Lubbe

Greek – Polytropon

Korean – Jakkajungsin Publishing

Norwegian – Gyldendal Norsk Forlag

Spanish – Gedisa Editorial

Turkish – Turkuvaz Kitapcilik Yayincilik



Jay Jones, Brian

THE CAPITOL: The Surprising Biography of an American Building

History | **Dutton Hardcover** | June 2026 | **UK & Translation Rights**

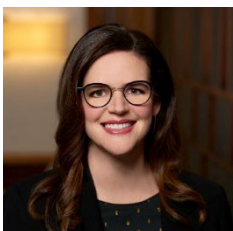
Agent: Jonathan Lyons @ Curtis Brown | **Editor: Jill Schwartzman**

Status: manuscript available in November 2025



THE CAPITOL is a unique biography of the building of the U.S. capitol. It encompasses architecture, history, politics, popular culture, race, even elements of a political thriller, with assassination attempts, thwarted bombings, and gunmen on the run. The story of the Capitol is the story of America itself, and, for the first time, that story will be told in this sweeping, aspirational biography of the building at the very heart of the American experiment.

Brian Jay Jones is the *New York Times* bestselling and critically acclaimed biographer of some of the world's most iconic creative geniuses. He is the author of *Jim Henson* (Ballantine, 2013) and *Becoming Dr. Suess* (Dutton, 2019). Born in the Midwest and raised in the Southwest, Jay Jones has a degree in English from the University of New Mexico. He spent more than two decades as a public policy analyst and speechwriter for elected officials at all levels of government, including nearly ten years in the U.S. Senate. He lives in New Mexico.



Owens, Lindsay

GOUGED: The End of a Fair Price

Business/Economics | **Viking Hardcover** | September 2026 | **Translation Rights**

Agent: Jill Marr @ Sandra Dijkstra Literary Agency | **Editor: Ibrahim Ahmad**

Status: manuscript available in December 2025



In **GOUGED**, economic policy expert Lindsay Owens takes us inside the corporate boardrooms where pricing decisions are made, uncovering the tricks, traps, and outright fraud corporations use to jack up the price you pay at checkout. From data collection to drone surveillance, modern technology has bestowed companies with a staggering arsenal of sophisticated tools to squeeze as much money out of consumers as possible, bringing in record profits as a result. Drawing on original reporting, shareholder meeting transcripts, and rigorous economic analysis, Owens takes aim at big tech behemoths, airlines, health insurance companies, and more to pull back the curtain on how price gougers come for almost every line item in your household budget—from doctors' visits to rent, groceries, and even your summer vacation. **GOUGED** arms us with the essential knowledge we need to first recognize, then sidestep the traps that corporations try to conceal from us. In a world where price gouging has become ubiquitous, this is necessary reading for anyone looking to stay informed, save money, and stand up for a fair price in America.

Lindsay Owens, PhD, is the executive director of the Groundwork Collaborative, a Washington think tank and corporate watchdog devoted to people-first economic policy. She previously served as a senior economic policy adviser to Elizabeth Warren and deputy chief of staff and legislative director to now Attorney General Keith Ellison and Progressive Caucus Chair Pramila Jayapal. Her op-eds have appeared in *The New York Times*, *The Washington Post*, and *The Boston Globe*, and she has been a featured commentator on MSNBC's *The Reid Out* and *The Beat with Ari Melber*, CNBC's *Squawk Box*, *PBS NewsHour*, and *The Problem with Jon Stewart*, among other programs. Owens holds a Ph.D. in sociology from Stanford University and a bachelor's degree from the University of Pennsylvania.



Schwarcz, Luiz; Translated by Alison Entrekin

THE FIRST READER: On Writers and Editors

Language Arts | **Penguin Books Trade Paperback** | November 2026 | **UK & German Rights**

Agent: Bill Clegg @ The Clegg Agency | **Editor:** Scott Moyers

Status: manuscript available in December 2025



One of the great literary publishers of our age reflects on the role an editor and publisher play in curating, guiding and protecting an author's work. Drawing on stories of intimate collaboration with some of the world's greatest writers, Schwarcz has written a linked series of meditations of relevance to anyone who seeks to serve creative forces, in the people around them and in themselves.

Luiz Schwarcz was born in São Paulo, Brazil, in 1956. He began his career as an editor at Brasiliense and later founded Companhia das Letras, in 1986. In 2017, he received the London Book Fair Lifetime Achievement Award. He is the author of the children's books *Minha vida de goleiro* (1999) and *Em busca do Tesouro da Juventude* (2003), and the short story collections *Discurso sobre o capim* (2005) and *Linguagem de sinais* (2010).



Suskind, Dana

HUMAN RAISED: Successful Parenting Through the AI Revolution

Family/Child Development | **Dutton Hardcover** | September 2026 | **UK & Translation Rights**

Agent: Richard Pine @ Inkwell Management | **Editor:** Nick Amphlett

Status: sample chapters available in late October 2025



Pediatric surgeon and founder of the TMW Center for Early Learning + Public Health Dana Suskind's untitled examination of how artificial intelligence is poised to revolutionize early childhood development and parenting—and what parents need to know to safeguard their children's healthy development and capacity for human connection.

Dana Suskind, MD, is Founder and Co-Director of the TMW Center for Early Learning + Public Health, Director of the Pediatric Cochlear Implant Program, and Professor of Surgery and Pediatrics at the University of Chicago. Dr. Suskind is the author of over 45 scientific publications, as well as *Thirty Million Words* (Dutton, 2015) and *Parent Nation* (Dutton, 2022). She is a member of the American Academic of Pediatrics and a Fellow for the Council on Early Childhood. She is an advisor to Hillary Clinton's Too Small to Fail initiative and her work has been profiled by numerous media outlets, including the *New York Times*, *The Economist*, *Forbes*, NPR, and *Freakonomics*.

Publishers of *Parent Nation* (Dutton, 2022):

Arabic – Madarek

Complex Chinese – CommonWealth

Japanese – Akashi Shoten

Portuguese (in Brazil) – Editora Alta

Simplified Chinese – China Machine Press

Turkish – Tuva Yazilim Egitim Bilisim Yapimcilik

SELF-HELP, PSYCHOLOGY, PARENTING, BUSINESS, HEALTH & SCIENCE



Alamgir, Anusha

THINGS TO DO OTHER THAN SOCIAL MEDIA

Self-Help/Creativity | **Tarcher Trade Paperback** | May 2026 | **UK & Translation Rights**

Agent: c/o Tarcher | **Editor: Lauren Appleton**

Status: Manuscript available



Social media has become an omnipresent part of our lives, and one thing is crystal clear—we have a problem. It can turn toxic, feeding your worst impulses and breathing life into your darkest corners. **THINGS TO DO OTHER THAN SOCIAL MEDIA** offers a much-needed break: 101 simple, mindful tasks to unplug from virtual noise and tune back into the real world.

Anusha Alamgir is a multidisciplinary artist from Dhaka, Bangladesh. She is head designer and co-founder of the publishing company Colors Publication, where she works with independent Bangladeshi authors to design, produce and publish art books and other print items.



Aloe, Mary

THE WAY OF MARY: Reflections on Hope, Love, and Resilience

Religion/Christian | **The Open Field Hardcover** | November 2026 | **UK & Translation Rights**

Agent: Shannon Marven @ Dupree Miller & Associates | **Editor: Cassidy Graham**

Status: manuscript available in January 2026



THE WAY OF MARY is a Christian devotional of 100 poetic entries inspired by the #1 Netflix hit film *Mary*, which the author, Mary Aloe, had the honor of creating and producing. This uplifting collection invites readers to discover or rediscover the radical faith and extraordinary fortitude of Mary, the mother of Jesus and one of the most recognizable figures in human history, through 100 insightful and comforting essays, along with reflection questions for the reader. This book will challenge long-held assumptions about Mary, moving beyond her image as a quiet, passive figure to reveal an inspirational woman of fierce courage, spiritual depth, and unwavering belief in God.

Mary Aloe is a well-known American film and television producer, the founder of Aloe Entertainment, and a finance expert in the film industry. She's known for producing faith-based, action, and drama films, and considered one of the top independent producers and film finance experts in the business. Her movie *Mary* went to #1 on Netflix, was in the top 10 on Netflix in 38 countries and had over 80 million views.



Ayers, Ally-Jane

CREATIVE MONEY: New Financial Rules for Artists, Innovators, and Misfits

Business & Economics | **Tarcher Trade Paperback** | November 2026 | **UK & Translation Rights**

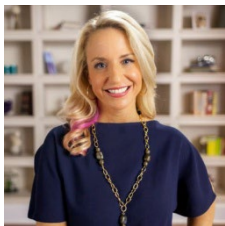
Agent: c/o Tarcher | **Editor: Batya Rosenblum**

Status: manuscript available in December 2025



There's a good reason why so many people feel like the financial system doesn't serve them: it wasn't made for them. It was designed for families with one high earner, one caretaker, and a few kids. For everyone else? They're out of luck. **CREATIVE MONEY** sets out to change the reader's relationship with money through frank advice, actionable habits, and mindset shifts that draw on author AJ Ayers' experience as the CEO and founder of the successful wealth management firm Brooklyn Fi. This book challenges our notions of what being "rich" means and gives readers the tools to achieve wealth on their own terms.

Ally Jane (AJ) Ayers, CFP®, is the co-founder of Brooklyn Fi, where she combines a background in writing with financial expertise to help tech professionals and creative business owners build lasting wealth. She specializes in equity compensation and tax planning, guiding clients through IPO windfalls and toward long-term financial independence. With a focus on bridging creativity and finance, AJ works with founders and freelancers alike to turn complex financial decisions into clear strategies. She is also a financial writer, speaker, and co-host of The Liquidity Event podcast, as well as the author of the Substack newsletter "Money Changes Everything." Her clear-headed and actionable insights have appeared in publications that include *The New York Times*, *New York Magazine*, and *The Wall Street Journal*.



Berman, Laura

CRYING OUT LOUD: A Path Through Grief into a Life Reimagined

Self-Help | **The Open Field Hardcover** | October 2026 | **UK & Translation Rights**

Agent: Ian Kleinert @ Paradigm Talent Agency | **Editor: Cassidy Graham**

Status: manuscript available in late October



In **CRYING OUT LOUD**, Dr. Laura Berman transforms her profound pain into a powerful purpose, drawing on the heartbreaking loss of her 16-year-old son to connect with others and guide them through their darkest moments. Organized into four insightful sections—Mind, Body, Spirit, and Tribe—this book blends grounded research, personal narratives, and the experiences of fellow griever to help readers navigate the often unpredictable and chaotic journey of grief. Dr. Berman offers expert advice, practical exercises, and heartfelt encouragement, empowering readers to fully embrace and express their sorrow. In doing so, they can find meaning in their pain and ultimately choose life amidst unimaginable loss.

[Laura Berman](#) is a *New York Times* bestselling author and renowned sex, love, and relationships therapist, known for her appearances on *The Oprah Winfrey Show* and various national TV programs. After losing her son in 2021, Dr. Berman became a prominent voice in the grief community, making national headlines and appearing on shows like *TODAY* and *Good Morning America*. She supports grieving parents through 'Grieving Mama Meetups' and develops courses and retreats for those in mourning. She continues to share her insights as a columnist for USA Today and as the award-winning host of the popular podcast, *The Language of Love*.



Chalupa, Andrea

REASONABLE ADVICE FOR UNREASONABLE WOMEN: 20 Steps to Find Your Purpose and Ignite Your Power

Self-Help/Creativity | **Tarcher Hardcover** | November 2026 | **UK & Translation Rights**

Agent: Susan Raihofer @ David Black Agency | **Editor: Marian Lizzi**

Status: Manuscript available in November 2025



Written by journalist, filmmaker, and popular podcast host Andrea Chalupa, **REASONABLE ADVICE FOR UNREASONABLE WOMEN** is an inspiring resource for women of all ages and stages to overcome the war on women and the undermining obstacles in their lives to build a better future for themselves and the communities they love. With a mix of personal insights with practical advice, this book is a manifesto for staying grounded and radiating defiant joy amidst the chaos, disinformation, and gaslighting of our time. Whether you're building a business, launching a passion project, navigating uncertainty, unlearning internalized patriarchy, or caught in a riptide of self-doubt, this book will help you harness your creative power for good.

Andrea Chalupa is a Brooklyn-based journalist, author, and filmmaker with an unwavering belief in the power of unreasonable women. As the host and producer of the acclaimed podcast *Gaslit Nation*—a Webby Award Honoree—Andrea is a powerful advocate for civic action, confronting authoritarianism, corruption, and injustice head-on. She is a frequent speaker on resisting extremism and safeguarding democracy, and her books, films, podcasts, and insights have been featured on *MSNBC*, *The New York Times*, *PBS*, *The Washington Post*, *The New Yorker*, *The Atlantic*, and elsewhere.



Durand, Alexandre and Tom Carles

PARDON OUR FRENCH: Secrets to a Bolder Life (with A Little Je Ne Sais Quoi)

Self-Help | **Penguin Life Hardcover** | September 2026 | **UK & Translation Rights**

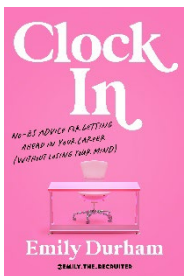
Agent: Steve Troha & Sophie Brett-Chin @ Folio | **Editor: Nina Rodriguez-Marty**

Status: manuscript available in January 2026



Native Parisians and creators of the popular French language and culture platform [AT Frenchies](#) Alex Durand and Tom Carles's inspiring playbook for a life well-lived, distilling surprising key lessons from French culture that can help all of us live with a little more zest, a little less stress, and a whole lot more pleasure.

Alex Durand and **Tom Carles** are the co-founders of the popular French language and culture platform [AT Frenchies](#). They are the recipients of the 2024 WIBA Award for Best Education Influencers and served as ambassadors for the 2024 Paris Olympic games in partnership with NBC. They've collaborated with brands such as L'Oréal, Ralph Lauren, Meta, and GQ, and been featured in The New York Times, The Independent, Garden & Gun, and more.



Durham, Emily

CLOCK IN: No-BS Advice for Getting Ahead in Your Career (Without Losing Your Mind)

Business | **Tarcher Hardcover** | May 2026 | **UK & Translation Rights**

Agent: Michelle Yeo @ GAB Group, Inc. | **Editor: Lauren O'Neal**

Status: manuscript available



Using her years of experience as a recruiter and career coach, in **CLOCK IN** Emily Durham pulls back the curtain on everything employment-related and tells you all you need to know about job hunting, networking, and not letting your boss drive you crazy. A much-needed antidote to the "gaslight, gatekeep, girlboss" ethos, this guidebook gives you the real talk you need to get your work up without getting worked up.

Emily Durham, better known as [Emily the Recruiter](#), is a recruiter turned career coach and content creator. On her popular social media platform and her podcast, [Worked Up](#), she gives real-world advice to help people thrive in their careers. Her work has been featured on *Good Morning America*, *BBC News*, the *Globe and Mail*, and more. She lives in Toronto.



Faller, George and Laurie Watson

SECURE LOVE, GREAT SEX: Harnessing Attachment Theory for Passionate Relationships

Family & Relationships | **Tarcher Hardcover** | September 2026 | **UK & Translation Rights**

Agent: Trinity McFadden @ The Bindery LLC | **Editor: Marian Lizzi**

Status: Manuscript available in late October 20205



In **SECURE LOVE, GREAT SEX**, discover how attachment styles affect sexual intimacy – and dial up your relationship. Through their popular podcast and private practices, sex therapist Laurie Watson and couples therapist trainer George Faller have helped thousands of couples restore their relationships, in and out of the bedroom. Faller and Watson reveal how to strengthen both emotional *and* sexual connections, leading to deeper intimacy and lasting fulfillment. This illuminating guide will help couples who are struggling with intimacy issues, as well as those who simply want to dial up their connection, ensuring a vibrant, secure, and lasting bond that is both emotionally intimate and sexually erotic.

George Faller, LMFT, is a renowned trainer of couples therapists in Emotionally Focused Therapy, as well as a sought-after supervisor and therapist in EFT. With experience as a New York firefighter during 9/11, George teaches therapists how to stay calm and deescalate high-conflict couples. His online training platform, Success In Vulnerability, has trained thousands of therapists and he travels across the globe providing in-person training. **Laurie Watson, LMFT**, is a Certified Sex Therapist, and is further certified in and a supervisor for Couples Emotionally Focused Therapy. For the past twenty-four years, she has focused exclusively on couples and sexual problems in her clinical work. She owns and directs Awakenings Center for Couples and Sex Therapy in Raleigh, North Carolina. Together they host the podcast [*Foreplay—Couples and Sex Therapy*](#).



Fisher, Jefferson

THE NEXT CONVERSATION WORKBOOK: Practical Exercises for Arguing Less and Talking More

Self-Help/Communication | **Tarcher Trade Paperback** | March 2026 | **Translation Rights**

Agent: Tess Callero @ Europa Content LLC | **Editor: Jacob Surpin**

Status: manuscript available



From communication expert Jefferson Fisher, **THE NEXT CONVERSATION WORKBOOK** is an accessible, step-by-step guide to transforming your conversations at home, at work, and in life. There is always a next conversation, and there is no one better than trial lawyer Jefferson Fisher at giving you the tools to be ready for whatever it may bring. Fisher, one of the leading voices on real-world communication, has gained millions

of followers through short, simple, practical videos teaching people how to argue less and talk more. Whether it's handling a heated conversation, dealing with a difficult personality, or standing your ground with confidence, his down-to-earth teachings have helped countless people navigate life's toughest situations.

Jefferson Fisher is a trial lawyer, writer, and speaker whose work to help people communicate during life's everyday arguments and conversations, with his practical videos and authentic presence, has gained millions of followers around the world, including celebrities and global leaders. He is a sought-after speaker on communication at Fortune 500 companies and governmental agencies, and hundreds of thousands of people subscribe to his actionable email newsletter and podcast. Fisher is a Texas board-certified personal injury attorney and the founder of Fisher Firm, where he helps people all over the United States connect to trusted legal services. He lives with his wife and two children near Beaumont, Texas.

Rights sold to:

UK & Commonwealth – Penguin Business

Czech – Aurora

German – PRH Germany

Slovak – Aurora

Publishers of *The Next Conversation* (Tarcher, 2024):

UK & Commonwealth – Penguin Business

Albanian – Botart Publishing House

Arabi – Biri Publishing

Bulgarian – Hermes Publishers

Complex Chinese – Commonwealth Publishing

Croatian – Storyhouse Egmont

Czech – Aurora

Dutch – Uitgeverij Luitingh-Sijthoff

Estonian – Pegasus

French – Editions First

French (in North America) – Guy

Saint-Jean Editeur

German – PRH Germany

Greek – Psychogios Publications

Gujarati – MyMirror Publishing House

Hebrew – S. Simson

Hindi – PRH India

Hungarian – Edesviz Kiado

Indonesian – PT Gramedia

Italian – De Agostini Libri

Korean – Next Wave Media

Lithuanian – UAB Eugrimas

Malayalam – MyMirror Publishing House

Malaysian – AcePremier

Marathi – MyMirror Publishing House

Polish – Agora Ksiazka I Muzyka

Portuguese – Porto Editora

Portuguese (in Brazil) – Editora

Intrinseca

Romanian – Bookzone

Simplified Chinese – Posts & Telecom Press

Slovak – Aurora

Slovene – Zalozba Chiara

Spanish – PRHGE

Tamil – MyMirror Publishing House

Telugu – MyMirror Publishing House

Thai – Se-Education Public Company

Turkish – Pegasus Yayıncılık

Ukrainian – Family Leisure Club

Vietnamese – First News Co.



Hwang, Jenny

HOW TO BE TOGETHER: The Counterintuitive Guide to Connecting with Your Teen by Caring for Yourself

Parenting/Self-Help | **Penguin Life Hardcover** | August 2026 | **UK & Translation Rights**

Agent: Jennifer Thompson @ Nordlyset Literary Agency | **Editor: Laura Tisdell**

Status: manuscript available in December 2025



In **HOW TO BE TOGETHER**, Dr. Hwang offers plainspoken and actionable advice for revolutionizing how parents understand disconnection with teens. Rather than an impasse to be eliminated, disconnection can be a doorway to fresh, unshakeable new bonds between parent and child. When parents respect their teen's pull for autonomy, trust their ability to learn through failure, and stop micromanaging and nagging, they can nurture a new relationship with who their teen is becoming. A crucial and surprising space opens when parents can take this kind of leap. Often, child's adolescence awakens old wounds and unhealed emotions in us. By working on ourselves in this new space, we won't withdraw emotionally from our children's lives—we discover new paths to bring our whole self into the relationship, becoming both a vital resource and trusted confidant for our teen. Dr. Hwang shows us the underlying behavioral psychology that supports this bold, empowering strategy, while sharing hard-won advice from the trenches on how to put these tactics into practice.

Jenny Hwang, PhD is a clinical psychologist licensed in New York State who coaches the parents of teens and young adults both through her private practice and online where she has in 2024 alone accrued 120,000 followers as [@ProjectParentCoach](#). She has extensive training and supervision in psychodynamic psychotherapy, Cognitive Behavioral Therapy (CBT), and Dialectical Behavioral Therapy (DBT). She's also worked with first responders, military service members, and physicians, and is a recognized provider by the World Trade Center Health Program and the Committee on Physician Health. She is a member of the American Psychological Association.



Kleon, Austin

DON'T CALL IT ART: 10 Ways to Create Like a Kid Again

Self-Help/Creativity | **TarcherPerigee Paper-over-board** | June 2026 | **Translation Rights**

Agent: Ted Weinstein @ Ted Weinstein Literary Management | **Editor: Marian Lizzi**

Status: manuscript available



In **DON'T CALL IT ART**, bestselling author Austin Kleon's most encouraging and inspiring book yet, readers will find 10 rejuvenating lessons he learned from being a studio assistant to the artists closest to his heart: his two young sons. Kleon discovered that nurturing his kids taught him how to create the conditions under which his own – and everyone's creativity – can thrive. With Kleon's signature style of illustrations, quotes, stories, and examples, the book also includes the energetic artwork of Kleon's sons, whose drawings have been wildly popular on social media. **DON'T CALL IT ART** is a blast of creative energy that will free artists up to do their best work.

Austin Kleon is a writer who draws. He is the author of the bestselling books *Keep Going* (Workman, 2019), *Show Your Work!* (Workman, 2014) and *Steal Like an Artist* (Workman, 2012). His work has been featured on NPR's *Morning Edition*, the PBS *Newshour*, and in *The New York Times* and *The Wall Street Journal*. A sought-after keynote speaker, Kleon has delivered talks across the world for organizations including Pixar, Google, Netflix, LucasFilm, SXSW, TEDx, Dropbox, Adobe, and *The Economist*.

Rights sold to:

UK & Commonwealth – Particular Books/Penguin Press

Dutch – Lannoo Meulenhoff

Greek – Key Books Publications

Italian – Antonio Vallardi Editore

Korean – JoongAng Books

Portuguese (in Brazil) – Editora Rocco

Spanish – PRHGE

Thai – WeLearn Co.



Lembke, Anna

RADICAL SURRENDER

Psychology | **Dutton Hardcover** | January 2027 | **Translation Rights**

Agent: Bonnie Solow @ Solow Literary Enterprises | **Editor: Jill Schwartzman**

Status: proposal available; manuscript available in late 2025



Professor of psychiatry at Stanford University School of Medicine and NYT-bestselling author of [DOPAMINE NATION](#) Anna Lembke's **RADICAL SURRENDER**, a science-based and intimate exploration of the transformational potential of opening oneself up to a higher power; finding peace, purpose, and our place in the vastness of the universe; and transcending human will in what the author calls “the golden age of narcissism.”

Anna Lembke is the medical director of Stanford Addiction Medicine, program director for the Stanford Addiction Medicine Fellowship, and chief of the Stanford Addiction Medicine Dual Diagnosis Clinic. She is the recipient of numerous awards for outstanding research in mental illness, for excellence in teaching, and for clinical innovation in treatment. A clinician scholar, she has published more than a hundred peer-reviewed papers, book chapters, and commentaries in prestigious outlets such as *The New England Journal of Medicine* and *JAMA*. She sits on the board of several state and national addiction-focused organizations, has testified before various committees in the United States House of Representatives and Senate, keeps an active speaking calendar, and maintains a thriving clinical practice.

Rights sold to:

UK & Commonwealth – Headline

Italian – ROI Edizioni

Korean – Next Wave Media

Polish – Zysk

Portuguese (in Brazil) – Editora Bestseller

Spanish – Urano

Publishers of *The Official Dopamine Nation Workbook* (Dutton, 2024):

UK & Commonwealth – Headline

Bengali – Jibon Kothon

Complex Chinese – EcoTrend Publications

Czech – Triton

French – SAS Editions Eyrolles

German – Narayana Verlag

Italian – ROI Edizioni

Japanese – Shinchosha Publishing

Korean – Next Wave Media

Latvian – Apgads Zvaigzne ABC

Polish – Zysk

Portuguese (in Brazil) – Autentica

Simplified Chinese – New Star Press

Spanish – Urano

Publishers of *Dopamine Nation* (Dutton, 2021):

UK & Commonwealth – Headline

Arabic – Madarek

Bengali – Jibon Kothon

Bulgarian – Iztok Zapad

Complex Chinese – EcoTrend

Publications

Croatian – Stilus Knjiga

Czech – Triton

Czech (audio) – Progres Guru

Dutch – AnkhHermes

Estonian – Rahva Raamat

French – SAS Editions Eyrolles

German – Narayana Verlag

Greek – S. Patakis

Hindi – Manjul

Hungarian – Libri Konyvkiado

Icelandic – Forlagid

Italian – ROI Edizioni

Japanese – Shinchosha Publishing

Kazakh – Foliant Publishing House

Korean – Next Wave Media Co.

Latvian – Apgads Zvaigzne ABC

Lithuanian – UAB Liutai

Malayalam – Manjul

Marathi – Manjul

Polish – Zysk

Portuguese – PRHGE

Portuguese (in Brazil) – Autentica

Romanian – Editura Globo

Russian – Phoenix

Simplified Chinese – New Star Press

Slovene – Zalozba Učila

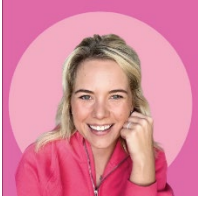
Spanish – Urano

Thai – B2S

Turkish – Diyojen Yayincilik

Ukrainian – Laboratory LLC

Vietnamese – Saigon Books



L'Etang, Katherine

ACTUALLY, I'M AUSTIC: Relatable Advice from a Late-Diagnosed Woman Who Couldn't Mask Forever

Psychology | **Tarcher Hardcover** | November 2026 | **UK & Translation Rights**

Agent: Trinity McFadden @ The Bindery LLC | **Editor: Lauren O'Neal**

Status: Manuscript ready in January 2026



The more we learn about autism, the more we see how it affects girls and women in ways that might look different from what we've been taught to expect. More women are realizing that because they didn't fit certain stereotypes, they missed out on an accurate diagnosis that would have helped them understand who they were and seek the support they needed. Instead, they've lived their whole lives behind a mask, trying to act neurotypical when they are, as the popular hashtag says, #ActuallyAutistic.

One of those women is Katherine L'Etang, aka [@TheNeurodiversityMom](#). It wasn't until her children were diagnosed with ADHD and autism that she realized she was neurodivergent too. Since then, she's been on a journey of self-discovery and healing, sharing her insights with her online community along the way.

Katherine L'Etang, also known as [@TheNeurodiversityMom](#), is a late-diagnosed autistic and ADHD content creator who has made it her mission to provide community, inclusion, and acceptance to anyone who is neurodivergent or raising neurodivergent kids. She lives in British Columbia, Canada, with her husband and two kids.



Levine, Amir

SECURE: The Revolutionary Guide to Creating a Secure Life

Psychology/Interpersonal Relations | **Tarcher Hardcover** | April 2026 | **Translation Rights**

Agent: Bob Barnett @ Williams & Connolly, LLP | **Editor: Tracy Behar**

Status: Manuscript available



Amir Levine, MD, coauthor of the groundbreaking, multimillion-copy international bestseller *Attached*, presents a bold new promise—that anyone can learn to create a secure life—and offers practical cutting-edge tools to achieve it.

In **SECURE**, Dr. Levine presents his pioneering approach, Secure Therapy and Coaching, offering practical, neuroscience-backed tools to help readers cultivate security so that they can thrive. Secure is the definitive guide for anyone looking to improve their emotional health, deepen their connections, and build more fulfilling lives.

Amir Levine, M.D. is an Associate Professor of Clinical Psychiatry at Columbia University Medical Center. After completing his residency in adult and child psychiatry at Columbia University, Dr. Levine specialized in molecular neuroscience under the mentorship of Nobel Laureate Eric Kandel. His patented findings hold potential for innovative treatments for psychiatric disorders in adolescents and adults. Dr. Levine is the coauthor of the international bestseller *Attached*, which has sold more than two million copies and has been translated into more than 30 languages.

Rights sold to:

UK & Commonwealth – Cornerstone
Simplified Chinese – China Machine Press
Croatian – Skolska Knjiga
Czech – Jota
Dutch – Fontaine Uitgevers
Esotnian – Rahva Raamat
French – Guy Tredaniel
German – Piper
Greek – S. Patakis
Hebrew – Matar Publishing House
Hungarian – Central Kiadoi
Italian – TEA

Japanese – Toyo Keizai
Korean – Haksan Publishing
Lithuanian – Alma Littera
Polish – Marginesy
Portuguese (in Brazil) – Editora Sextante
Portuguese – PRHGE
Romanian – Editura Trei
Slovak – Eastone Group
Spanish – Planeta
Turkish – Alfa Basim
Ukrainian – Bookchef



Leyes, Emilie

HYPNOSIS FOR EVERY DAY: The Simple Mental Practice That Will Change Your Life

Self-Help | **Penguin Life Hardcover** | November 2026 | **UK & Translation Rights**

Agent: Valerie Frankel @ Aevitas | **Editor: Nina Rodriguez-Marty**

Status: manuscript available in February 2026



Certified hypnotherapist and host of [How to Like Your Life podcast](#) Emilie Leyes's guide to self-hypnosis, a long-overlooked yet effective, science-based, and fast-acting tool for change, showing readers how to reprogram their subconscious minds to get out of their own way, believe in their potential, and finally create the lives they've been waiting for.

Emilie Leyes is a certified hypnotherapist and brain training specialist, host of the *How to Like Your Life* podcast, and the founder of the Duddle Hypnosis App. She has almost 1.25M followers across [Instagram](#) and [TikTok](#). Emilie lives in Philadelphia, PA.



Miller, Rachel Wilkerson

THE NICE LIFE: How to Elevate the Everyday and Find Joy in What You Have

Self Help/Personal Growth | **Tarcher Hardcover** | October 2026 | **UK & Translation Rights**

Agent: c/o Tarcher | Editor: Batya Rosenblum

Status: Manuscript available in November 2025



Attempting to live well when the world is coarse and we're stretched thin may seem impossible, but according to journalist Rachel Wilkerson Miller, there's no better time to tap into genuine loveliness and beauty. This book is a refreshing, joyful invitation to cultivate a life that feels abundant, sumptuous, and deeply satisfying. Despite all that is wrong, you can still have a nice life. **THE NICE LIFE** guides us through hard moments with practical advice, personal anecdotes, and insight from experts. It's for anyone who wants to live with more intention, making every day feel authentic, special, and full of delight.

Rachel Wilkerson Miller is the author of *The Art of Showing Up: How to Be There for Yourself and Your People* and *Dot Journaling—A Practical Guide*. She is the former editor-in-chief of SELF Magazine, and has been a lifestyle editor at VICE, Vox, and BuzzFeed. Her writing has appeared in the *New York Times*, and she's been a guest on NPR, the *Today show*, and *Good Morning America*. She lives in New York City.



Niotis, Kellyann

BEFORE IT BEGINS

Health/Longevity | **Penguin Life Hardcover** | February 2028 | **UK & Translation Rights**

Agent: Bonnie Solow @ Solow Literary Enterprises | **Editor: Nina Rodriguez-Marty**

Status: proposal available; manuscript available in Winter 2027



Fellowship-trained preventive neurologist Dr. Kellyann Niotis, MD's preemptive approach to neurological care, drawing on the author's clinical experience, original research, and the growing body of scientific evidence that shows there is much an individual can do to reduce their risk of developing neurodegenerative diseases like Alzheimer's and Parkinson's.

Dr. Kellyann Niotis is the first fellowship-trained preventive neurologist specializing in risk reduction strategies for neurodegenerative disorders including Alzheimer's disease, Lewy Body Dementia and Parkinson's disease. She completed her medical internship and neurology residency at New York-Presbyterian/Weill Cornell Medical Center, serving as Chief Resident and the inaugural McGraw Fellow in Neurology Research. Additionally, she completed a fellowship in movement disorders at the Icahn School of Medicine at Mount Sinai. Dr. Niotis led the preventive neurology program within Early Medical and managed the country's first Alzheimer's Prevention Clinic at Weill Cornell Medical College/New York-Presbyterian Hospital where she developed research programs for Parkinson's and Lewy Body Dementia prevention. In addition, Dr. Niotis is the Director of Parkinson's and Lewy Body Dementia research at the Institute for Neurodegenerative Diseases (IND) Florida where she studies early detection and personalized risk reduction interventions for people at-risk for neurodegenerative diseases. Her work has been published in many notable medical journals including *Neurology*, *Nature Mental Health*, *Frontiers of Aging Neuroscience*, *Aging and Disease*, *Movement Disorders*, *Journal of Alzheimer's Disease*, *Alzheimer's & Dementia* and *Journal of the Prevention of Alzheimer's Disease* and has been presented at national and international conferences. Dr. Niotis has received numerous honors and awards, and her opinions have been featured in popular media outlets such as *CNN*.

Rights sold to:

Romanian – Editura Trei



Park, J.S.

WE ARE MADE OF US: Uncovering Our Hidden Family Dynamics, Rewriting Our Stories, and Returning to Ourselves

Family & Relationships | **Tarcher Hardcover** | October 2026 | **UK & Translation Rights**

Agent: Andrea Heinecke @ The Bindery LLC | **Editor: Lauren O'Neal**

Status: manuscript available in January 2026



In **WE ARE MADE OF US**, J. S. Park weaves together stories from his chaplaincy at a level 1 trauma center and his own upbringing with evidence-based research and trauma-informed care principles. As the son of Korean immigrants who has provided counsel to people from all walks of life, he brings to bear diverse cultural perspectives on healing and community. No matter who you are or how complicated your family is, **WE ARE MADE OF US** is here to provide the comfort, insight, and strength you need to decode your origins and come home to yourself.

J. S. Park, MDiv, is a hospital chaplain at Tampa General Hospital, where his roles include grief counseling, attending deaths, assisting with end-of-life care, and patient and family advocacy. His work has been featured on CNN, *Today*, and *Good Morning America*, among others. He is the author of several books, including *The Voices We Carry* (Northfield Publishing, 2020) and *As Long As You Need* (Thomas Nelson, 2024). He lives in Tampa, FL, with his wife and two children.



Peterson, Nathan

YOUR OCD WILL HATE THIS BOOK: A Proven System to Overcome Obsessive-Compulsive Disorder and Take Back Your Life

Self-Help | **Plume Hardcover** | July 2026 | **UK & Translation Rights**

Agent: c/o Plume | **Editor: Nick Amphlett**

Status: manuscript available



From the #1 OCD content provider on YouTube, a prescriptive guide to breaking free from the disease, offering the latest evidence-based strategies for recovery. OCD is one of the most common, and debilitating, mental disorders, afflicting an estimated 3 to 8 million Americans. Though popular media tends to focus on the condition's zany quirks—like Detective Monk's obsessive handwashing—OCD manifests in a wide variety of ways, many of which are hidden from view and utterly destructive. OCD sufferers have vastly higher rates of depression and suicide. Left unchecked, this disease wreaks havoc on lives. But there *is* an effective treatment. Exposure and Response Prevention (ERP) involves exposure to OCD triggers in a safe environment for increasingly long durations. And no one knows ERP better than Nathan Peterson. The internet's #1 OCD guide, Nathan has already helped hundreds of thousands of followers regain control over their lives. In his first book, he guides readers through effective treatment, then gives them a framework to maintain and build upon the gains they have made. **YOUR OCD WILL HATE THIS BOOK** will be an essential resource for OCD sufferers—suitable for use both as a companion text that accompanies individualized work with a therapist, or as a stand-in for readers who need inspiration and support, whether they are early in their OCD journey or trying to manage an inevitable flare-up.

Nathan Peterson, LCSW is a clinician specializing in OCD, based in Texas. [His YouTube channel, which has close to 200,000 subscribers, is the platform's most popular channel devoted to OCD content.](#) This is his first book.

Rights sold to:

UK & Commonwealth – Ebury Press



Petix, Laura

THE SENSORY CODE: Unlocking Your Child's Unique Needs to Transform Behavior and Build Connection

Family & Relationships | **Tarcher Trade Paperback** | October 2026 | **UK & Translation Rights**

Agent: Trinity McFadden @ The Bindery LLC | **Editor: Marian Lizzi**

Status: manuscript available in late October



In this accessible and supportive guide, occupational therapist Laura Petix presents a guided tour of your child's brain and nervous system – and offers tools for helping kids navigate our noisy, overwhelming world. Whether you're managing meltdowns, nurturing a sensory seeker, navigating sensory sensitivities, or tackling daily routines, this book will empower you with expert-guided, neurodivergent-friendly tools to support your child and experience more joy and regulation in your daily lives.

Laura Petix is a pediatric occupational therapist as well as a neurodivergent parent. She hosts a podcast called [The Sensory WISE Solutions](#), writes a popular newsletter, and connects with families online through [Instagram](#) and other platforms.



Rafferty, Jen

THE EMPOWERED EDUCATOR: 10 Lessons to Prevent Burnout, Reclaim Your Joy, and Unlock Your Teaching Potential

Education/Self-Help | **Tarcher Trade Paperback** | August 2026 | **UK & Translation Rights**

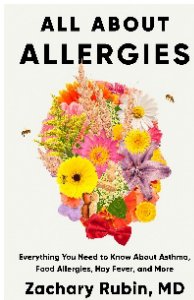
Agent: Trinity McFadden @ The Bindery | **Editor: Lauren Appleton**

Status: proposal available



Renowned speaker and former teacher, Dr. Jen Rafferty, weaves her personal experience with practical, actionable strategies proven to shift both your work and your well-being. Whether you're stepping into your first classroom or navigating the demands of a long-standing career, this book offers real support, guidance, and hope, helping you craft a balanced, empowered life inside and outside of school. In **THE EMPOWERED EDUCATOR**, you'll work through essential skills to reclaim your energy and lead with purpose.

Jen Rafferty started her career as a middle school music teacher in Central New York, where she taught choir and modern band for fifteen years. In 2021, Jen founded [Empowered Educator](#), a groundbreaking platform dedicated to providing educators with the tools, resources, and community they need to thrive in their profession. She holds a PhD in educational psychology, is a certified Emotional Intelligence practitioner, and her work has been featured on the TEDx stage, Forbes, PIX11, Good Day LA, and Great Day Washington.



Rubin, Zachary

ALL ABOUT ALLERGIES: Everything You Need to Know about Asthma, Food Allergies, Hay Fever, and More

Health | **Plume Hardcover** | February 2026 | **UK & Translation Rights**

Agent: Sarah Passick @ Park, Fine & Brower | **Editor: Jill Schwartzman**

Status: manuscript available



From viral social media sensation Dr. Zachary Rubin, an in-depth look at both common and surprising allergies, spotlighting patient stories, the history and science behind allergies, common myths, treatment options, and more. Millions of people suffer from various allergic diseases. They're some of the most common but widely misunderstood afflictions today, and Dr. Rubin has made it his mission to pull back the curtain and help everyday people understand their allergies and find ways to feel better. In **ALL ABOUT ALLERGIES**, Dr. Rubin explores and explains dozens of allergies, diseases and provides actionable treatment options and information. Sections on the history of allergies, asthma, contact dermatitis, sinusitis, food allergies, anaphylaxis, medication allergies, and more pair with treatment info on medications, immunotherapy, and biologics to equip people with the tools they need to tackle their allergies. Grounded by expert research and propelled by patient stories, science, history, and, of course, Dr. Rubin's engaging voice, **ALL ABOUT ALLERGIES** is the ultimate resource for anyone who's ever felt in the dark about their health.

[Zachary E. Rubin](#) is a double-board-certified pediatrician specializing in allergy treatment and immunology. He grew up in Naperville, Illinois and is excited to be practicing medicine in the western suburbs of Chicago. Dr. Rubin has over 3.7 M followers across [TikTok](#), [Instagram](#), and [Facebook](#). He's the debut author of **ALL ABOUT ALLERGIES** and the recently acquired, *How to Think Like a Doctor*, which Plume will publish in 2027.

Rights sold to:

UK & Commonwealth – Macmillan

Spanish – PRHGE

Ukrainian – Family Leisure Club



Rubin, Zachary

HOW TO THINK LIKE A DOCTOR

Health | **Plume Hardcover** | February 2027 | **UK & Translation Rights**

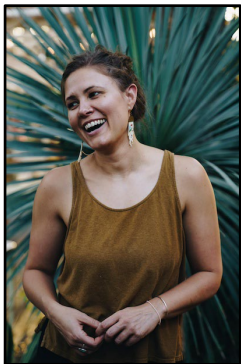
Agent: Sarah Passick @ Park, Fine & Brower | **Editor: Jill Schwartzman**

Status: proposal and sample chapters available in late October 2025; manuscript available in April 2026



HOW TO THINK LIKE A DOCTOR is a myth-busting, mindset-shifting book that equips readers with the critical thinking skills of a physician—without needing a medical degree. Drawing on real patient stories, scientific insight, and the wild world of social media health advice, this book demystifies how doctors make decisions and arms readers with the tools to evaluate health claims, debunk viral misinformation, and take charge of their own well-being. Written in a voice that blends science with storytelling, this book answers the question: What if the best way to understand your health is to understand how your doctor thinks?

[Zachary E. Rubin](#) is a double-board-certified pediatrician specializing in allergy treatment and immunology. He grew up in Naperville, Illinois and is excited to be practicing medicine in the western suburbs of Chicago. Dr. Rubin has over 3.7 M followers across [TikTok](#), [Instagram](#), and [Facebook](#). He's the debut author of *All About Allergies* (Plume, 2026).



Rumancik, Genny

THE WISDOM OF FEELING: A Cycle-Breaker's Guide to Developing Emotional Intelligence

Self-Help | **Tarcher Hardcover** | June 2026 | **UK & Translation Rights**

Agent: Jeff Schreve @ Curious Minds | **Editor: Marian Lizzi**

Status: manuscript available in November 2025



As children, most of us didn't learn about self-awareness, boundaries, trauma, interpersonal conflict, or nervous system regulation from our educational system, and while we're starting to acknowledge the importance of mental health as a general concept, we certainly don't prioritize it at work, in schools, or in healthcare. We need more tools and more education, and in **THE WISDOM OF FEELING**, Genny Rumancik shares these tools, frameworks, and practices that, over time, help readers to respond instead of react in emotionally charged situations. This title will help readers to better understand not only what emotional intelligence is and why it's important, but also inspire and instruct them on how to begin taking steps toward improving their relationship to their own feelings.

Genny Rumancik is the creator and primary facilitator at [The EQ School](#), an organization that supports adults in learning how to increase their emotional literacy through small group workshops and self-paced online courses.

**UNLEARN
YOUR
PAIN**

The Science of Recovering from
Chronic Pain, Fatigue,
Anxiety, and Depression

HOWARD SCHUBINER, MD

Schubiner, Dr. Howard

UNLEARN YOUR PAIN: The Science of Recovering from Chronic Pain, Fatigue, Anxiety, and Depression

Health/Psychology | **Penguin Life Hardcover** | May 2026 | **UK & Translation Rights**

Agent: Rafe Sagalyn @ Creative Artists Agency | **Editor: Brian Tart**

Status: manuscript available



Based on the life-saving research and more than twenty years of clinical trials and practice, **UNLEARN YOUR PAIN** is a ground-breaking guide to reversing chronic pain and overcoming anxiety and depression. Migraines, headaches, back pain, fibromyalgia, Lyme's Disease, auto-immune diseases, and a host of other chronic illnesses have crippled the modern American population. For the past twenty years, Dr. Howard Schubiner has been conducting clinical trials and authoring more than 100 scientific papers and lectures to get to the root cause of how to reverse these insidious illnesses. In **UNLEARN YOUR PAIN**, he shares in inspiring and step-by-step detail the program steeped in the latest neuroplasticity research that has proven most effective in treating chronic pain, anxiety, and depression. The source of much of chronic pain is neurological and the book details a revolutionary program to better health that has saved thousands from a lifetime of misery and depression. Using the latest practices in the mind-body connection, all confirmed by clinical trials and studies, Dr. Schubiner leads readers to a new understanding of how the mind affects our pain, physical and emotional, and how we can gain control over our bodies and minds to live a healthier and better life.

Dr. Howard Schubiner is an internist, pediatrician, Clinical Professor at the Michigan State University College of Human Medicine and a fellow in the American College of Physicians and the American Academy of Pediatrics. He has authored more than 100 publications in scientific journals and books, lectures internationally and has consulted for the American Medical Association, the National Institute on Drug Abuse, and the National Institute on Mental Health. Dr. Schubiner is the author of three books, most notably *Unlearn Your Pain* (Mind Body Publishing, 2010). He has researched and developed psychological treatments for chronic pain. Dr. Schubiner lives in the Detroit area with his wife of thirty-eight years and has two adult children.



Shatz, Itamar

SOLVING PROCRASTINATION: The Science of Why We Procrastinate and How to (Finally!) Stop

Self-Help | **Tarcher Hardcover** | August 2026 | **UK & Translation Rights**

Agent: Rachel Beck @ Liza Dawson Associates LLC | **Editor: Marian Lizzi**

Status: Manuscript available



As revealed in this accessible and actionable guide, beating procrastination requires more than just willpower, motivation, or time management. Synthesizing hundreds of cutting-edge studies in the fields of psychology, behavioral economics, and neuroscience, **SOLVING PROCRASTINATION** offers a roadmap to understanding why you put things off, and how to tackle the problem once and for all. Written by a seasoned social scientist who used these strategies to overcome his own procrastination problem, this book will help you get things done, so you can reach your goals, keep growing, and achieve more happiness, health, and success on your own terms.

Itamar Shatz, PhD is the creator of *Solving Procrastination*, a leading resource that provides guidance to hundreds of thousands of people each year. He's been quoted as a procrastination expert by *CNN*, *Vice*, and *Bustle*, and his writing has been cited in *The New York Times*, *Forbes*, *Harvard Business Review*, *TED-Ed*, and *The Tim Ferriss Show*. Dr. Shatz received his PhD from Cambridge University, where he is an Affiliated Lecturer teaching quantitative research methods in an intuitive way to students and staff with diverse backgrounds.



Zayne, Jovian

SOFT LANDINGS FOR HARD DAYS: Musings, Rituals, and Affirmations for Imperfect Humans Who Deserve Grace

Self-Help/MBS | **Penguin Life Hardcover** | October 2026 | **UK Rights**

Agent: Kari Stuart @ Creative Artists Agency | **Editor: Nina Rodriguez-Marty**

Status: manuscript available in March 2026



In **SOFT LANDINGS FOR HARD DAYS**, celebrated speaker and coach Jovian Zayne offers a companion guide to making it through life's toughest moments, showing how you can build a soft landing practice—moments of connection, empathy, and joy to inspire a consistent and patient unburdening. We don't just deserve more soft landings, we need them to survive. Whether it's transitioning into a role as a caregiver, stepping into a new career, or navigating the choppy waters of grief, heartbreak, or typical adulthood, on our hardest days we could all use the soft landing that the divine elixir of empathy and encouragement provide.

Jovian Zayne is an executive coach and CEO and Founder of The OnPurpose Movement, a professional development firm. She has worked with clients such as Google, IDEO, Spotify, *The New York Times*, Meta, Goldman Sachs, Viacom, The Clinton Foundation, and Harvard University. She's been featured in *Variety*, *The Los Angeles Times*, *Essence*, *Black Enterprise*, as well as the Grammy series *Positive Vibes Only*.



Zervos, Michael Angelo

HAPPIEST: 499 Answers to the Question "What Is the Happiest Moment of Your Life?" from Every Country Around the World

Self-Help | **Penguin Life Paper-over-board** | January 2027 | **UK & Translation Rights**

Agent: Jennifer Herrera @ David Black Agency | **Editor: John Siciliano**

Status: manuscript available in May 2026



From the shores of the island nation of Tuvalu, to the icy mountains of Nepal, to the barbed-wire gates of North Korea, Michael Angelo Zervos had just one question for the people he met on his mission to visit every country in the world: "What is the happiest moment of your life?" As he spoke with thousands of people from different cultures and walks of life, he realized he could find happiness in places he hadn't even considered—not just the eternal happiness of a child's birth, but also the bittersweet happiness of a lost youth or the unexpected happiness of the end of a relationship. The hundreds of stories in this book remind us of the transformative power of happiness in our lives: how it fulfills us, guides us forward, expands our potential for love, and transcends borders. Here is hope that happiness is possible, wherever and whoever you are.

Michael Angelo Zervos has visited every country in the world. In 2025 he broke two Guinness World Records when he became the fastest person to visit all 195 UN-recognized countries, in 499 days. Born and raised in Detroit, he has worked as a film director and producer for more than a dozen years. He has lived in six cities in the last ten years.



Zohar, Sabrina

WHY AM I LIKE THIS? The Real Reason You Keep Self-Sabotaging—and How to Build a New Relationship Blueprint

Self-Help/Interpersonal Relationships | **Penguin Life Hardcover** | October 2026 | **Translation Rights**

Agent: Kelly Karczewski @ UTA | **Editor: Nina Rodriguez-Marty**

Status: manuscript available in February 2026



Relationship coach and host of the popular [The Sabrina Zohar Show podcast](#) Sabrina Zohar's guide to dismantling—and re-writing—the emotional blueprints that keep us from creating the love we deserve, offering science-backed strategies for quieting triggers, shifting core beliefs, and showing up in life and love with greater confidence.

Sabrina Zohar is a dating and relationship coach, entrepreneur, and the unapologetic voice behind *The Sabrina Zohar Show* podcast, where she conducts raw, bold conversations about dating, relationships, and personal growth. She has almost 3M followers across [Instagram](#) and [TikTok](#). She has been featured in *Vogue*, *The LA times*, *Marie Claire*, *Vice*, *People*, and *The Huffington Post*, as well as appeared on shows such as *ABC News*, *The Drew Barrymore Show*, *The Tamron Hall Show*, and *Navigating Narcissism with Dr. Ramani*

POETRY, POP CULTURE, COLORING BOOKS



Basford, Johanna

WILD THINGS: An Inky Coloring Book of Curious Creatures

Coloring Book | **Penguin Life Trade Paperback** | November 2026 | **Translation Rights**

Agent: Cathryn Summerhayes @ Curtis Brown | **Editor: Meg Leder**

Status: manuscript available in April 2026



International bestseller, Johanna Basford's latest coloring book features imaginary creatures and their habitats.

Johanna Basford is an illustrator and ink evangelist who prefers pens and pencils to pixels. Her intricate, hand-drawn illustrations are loved the world over by those who have colored in (sometimes more than once) her bestselling books *World of Flowers*, *Ivy and the Inky Butterfly*, *Johanna's Christmas*, *Magical Jungle*, *Lost Ocean*, *Enchanted Forest*, and *Secret Garden*. Johanna is a graduate of Duncan of Jordanstone College of Art & Design in Dundee. She likes sugar mice, floral teacups, peonies, and bumblebees.

Publishers of *Wonderful Wildflowers* (Penguin Life, 2025):

Dutch – BBNC Uitgevers

French – Marabout

German – Munchner

Italian – Carlo Gallucci

Japanese – Graphic-Sha

Korean – KL Publishing

Publishers of *Magical Worlds* (Penguin Life, 2024):

Dutch – BBNC Uitgevers

French – Marabout

German – Munchner

Hungarian – Mano Konyvek Kiado

Japanese – Graphic-Sha

Korean – KL Publishing

Portuguese (in Brazil) – GMT Editores

Spanish – MTM Editores

Vietnamese – AZ Communication and Culture Co.



Hanson, Whitney

THE LOVE OF MY LIFE

Poetry | **Penguin Life Trade Paperback** | July 2026 | **UK & Translation Rights**

Agent: Laura Lee Mattingly @ Present Perfect | **Editor: Meg Leder**

Status: manuscript available in December 2025



From Instagram phenomenon Whitney Hanson, a brand-new collection of poems exploring themes of identity, loss, and what it means to rediscover yourself. **THE LOVE OF MY LIFE** is a poetry collection that traces the process of rediscovering a love of life after change, disconnection, and personal upheaval. Using the metaphor of fires, the book is structured in three sections—Burning, Ashes, and Reclamation—to reflect the cycles of destruction, numbness, and renewal that accompany deep inner work. Through themes of identity, loss, healing, and emotional reconstruction, the collection explores what it means to unlearn inherited beliefs, confront the weight of the past, and slowly rebuild a relationship with oneself, others, and the world. This is a book not primarily about romantic love but about reengaging with life by confronting the past and reconnecting with a sense of self.

Whitney Hanson is the author of *Home* (Penguin Life, 2023), *Harmony* (Penguin Life, 2023), and *Climate* (Penguin Life, 2025). Through Hanson's vulnerability and authenticity, she has connected with thousands of readers, and she adamantly believes that poetry is not a dead language; rather it is the key to unlocking true vulnerability, which leads to deeper connection with one another. Whitney has almost 7M followers across [Instagram](#) and [TikTok](#).

Rights sold to:

UK & Commonwealth – Quercus

Publishers of *Climate* (Penguin Life, 2025):

UK & Commonwealth – Quercus

Polish – Albatros

Publishers of *Harmony* (Penguin Life, 2023):

UK & Commonwealth – Quercus

Polish - Albatros

Publishers of *Home* (Penguin Life, 2023):

UK & Commonwealth – Quercus

French – Robert Laffont

Polish – Albatros



Mans, Jasmine

A DAUGHTER TO SOMEONE

Poetry | **Penguin Life Hardcover** | June 2027 | **UK & Translation Rights**

Agent: Erin Harris & Katherine Latshaw @ Folio | **Editor: Meg Leder**

Status: manuscript available in March 2026



A DAUGHTER TO SOMEONE, a second collection exploring the often loving, sometimes fraught, and always complex relationships between mothers and daughters, filtered through the varied lenses of Black joy, intergenerational trauma, and generational difference, and using the death of the author's beloved grandmother as a narrative refrain.

Jasmine Mans is a Black American writer and artist from Newark, New Jersey. She graduated from the University of Wisconsin Madison with a B.A. in African American Studies. Her debut poetry collection, *Black Girl, Call Home*, was published to critical and commercial success in 2021, going on to win a Stonewall Award. Mans is the owner and CEO of Buy Weed From Women, a cannabis-adjacent product design company in New Jersey.



Trixie and Katya; Illustrated by Aly Bellissimo

TRIXIE AND KATYA COLORING THROUGH HISTORY

Coloring Book | **Plume Trade Paperback** | June 2026 | **UK Rights**

Agent: Thomas Flannery @ Vigliano Associates | **Editor: Jill Schwartzman**

Status: manuscript available in November 2025



TRIXIE & KATYA COLORING THROUGH HISTORY takes our queens through different eras and reimagines famous historical figures as-played by Trixie and Katya in 44 fierce, fun-to-color illustrations. From the Hall of Mirrors in Versailles to a sailboat on the Nile; Trixie and Katya are here to make history fierce.

Trixie Mattel is a comedian, musician, cosmetics entrepreneur, bestselling author, DJ, and all-around thin woman. She has 9.3M followers across [Instagram](#), [TikTok](#), and [YouTube](#). She is incredibly thin with bombshell curves in all the right places. She loves her partner, David, and tolerates all others. **Katya Zamolodchikova** is a woman in her early forties looking to fall in love in the next three to five weeks. She lives in Los Angeles with her ex-husband, Glen, and her four beautiful daughters. She has 3.1M followers across [Instagram](#), [TikTok](#), and [YouTube](#). **Aly Bellissimo** is a real-life human woman born and raised in New York. When she's not working as an illustrator and graphic artist, she can be found eating olives, playing the bass clarinet, and wondering if her cat actually likes her.



Vexx

IMAGITOPIA

Coloring Book | **Tarcher Trade Paperback** | October 2026 | **UK & Translation Rights**

Agent: Kevin Klein @ LNDMRK LLC | **Editor: Lauren Appleton**

Status: manuscript available in February 2026



Vexx is back with another incredible coloring book, drawn in his signature street-art doodle style. In **IMAGITOPIA**, you will find entirely new line art depicting spectacular imaginary creatures and their imaginary worlds, all from Vexx's wildly creative mind. Go crazy with color within the intricate linework and bubbly characters, all on single-sided pages for minimum bleed-through. Both relaxing and challenging, this book is sure to inspire your inner artist.

Vexx is one of the world's most recognized and successful visual artists on social media. He started developing his own art style and sharing it online at the age of sixteen. Through the years, Vexx has garnered millions of followers on [YouTube](#) (2.85M) and on [Instagram](#) (683K). The Belgium-based artist's work ranges from hand-drawn colorful illustrations to massive murals on world-famous streets in New York City, Los Angeles, and more. Vexx has previously worked with brands such as Porsche, Puma, Red Bull, and more.

Publishers of *Doodletopia* (Tarcher, 2024):

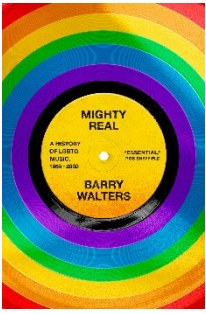
German – Munchner

Publishers of *Mythotopia* (Tarcher, 2022):

UK & Commonwealth – Transworld

Publishers of *Creatopia* (Tarcher, 2020):

German – Munchner



Walters, Barry

MIGHTY REAL: A History of LGBTQ Music, 1969-2000

Pop Culture/Music | **Viking Hardcover** | May 2026 | **UK & Translation Rights**

Agent: David Dunton @ Harvey Klinger Literary Agents | **Editor: Allison Lorentzen**

Status: manuscript available in late October 2025



The definitive history of LGBTQ music, from Stonewall to Madonna, and its impact on culture and American life. In **MIGHTY REAL**, veteran music critic Barry Walters chronicles the never-before-told LGBTQ history of music, from The Velvet Underground to the dawn of the twenty-first century, charting the electrifying journey of the artists who bent gender, defied convention, and dared to challenge the norms of a predominately male, straight

industry. A joyous exploration of the visionary artists who shattered conventions, **MIGHTY REAL** is a love letter to the music that helped a generation feel seen, heard, and free.

Barry Walters has spent forty years documenting the intersection of mainstream and LGBTQ culture. He began his career at *The Village Voice*, where he came out professionally in a 1986 *Pet Shop Boys* review, and went on to contribute for decades to *Spin* and *Rolling Stone*, where he was named Senior Critic. In 1992, Walters became the first critic to receive an award from The National Gay and Lesbian Journalists Association for his work at the *San Francisco Examiner*. Throughout the '90s, he was *The Advocate's* music columnist and wrote extensively for *Out*. His writing has since appeared in *Entertainment Weekly*, *NPR*, *Pitchfork*, and other outlets. In 2020, his mini-documentary, *Love Me Like You Should: The Brave and Bold Sylvester*, created for Amazon Music at the start of the COVID lockdown, won a Clio Award.

MEMOIR, AUTOBIOGRAPHY/BIOGRAPHY



Khan, Azra
MONA

Memoir | **Tiny Reparations Books Hardcover** | November 2026 | **UK & Translation Rights**
Agent: Elias Altman @ Massie McQuilkin & Altman | **Editor: Lashanda Anakwah**
Status: manuscript available in December 2025



In **MONA**, Azra Liaquat Khan hilariously recounts her double life: the dutiful Muslim daughter at home, the stripper in New York City. Raised in Charlotte, North Carolina by strict immigrant parents—no music, no Bollywood, no boys—Azra mastered the art of deception. By college, she was sneaking from lectures to parties, balancing freedom with nightly check-in calls to her mother. After 9/11, she dove into the politics of Islam, empire, and American power. When her parents tried to marry her off, Azra escaped to grad school in New York—and to the strip club, where “Mona” was born. **MONA** isn’t the tired story of a Muslim girl breaking free. It’s a sharp, funny, and deeply moving memoir that takes readers inside the club, exposes the hierarchies of hustlers and johns, and confronts the tangled forces of racism, misogyny, and capitalism Azra had to outwit to claim herself.

Azra Khan is an award-winning tenured professor and author who has a renowned reputation as a scholar of race and Islamophobia and has contributions to various well-known publications. Khan received a 2024 Courage to Write grant from The de Groot Foundations and was the winner of the 2024 Leeway Transformation award.



Zimmerman, Emma

BODY SONGS: A Journey of Healing the Body with the Mind

Health/Memoir | **Penguin Life Hardcover** | January 2027 | **UK & Translation Rights**
Agent: Veronica Goldstein @ United Talent Agency | **Editor: Amy Sun**
Status: manuscript available in December 2025



BODY SONGS offers a deeply personal exploration of Long Covid and advances a fresh and provocative argument about the brain’s role in both causing and healing from chronic illness. Emma Zimmerman was a young and active grad student living in Brooklyn when COVID spread around her friend group in 2022. While her friends recovered quickly, she only got sicker, experiencing symptoms that kept her bed bound most days and baffled her doctors. Eventually, she was diagnosed with Long COVID and suffered for months, seeking out specialists and experimental trials and trying alternative medicine, all to little effect—a familiar story for sufferers of chronic illnesses. But here is where Zimmerman’s story takes a different turn: not only in that she *has* fully recovered but also in *how* she recovered. The answer, for her, finally came through the *neurocircuit approach*—a treatment model predicated on the understanding that the brain can create and perpetuate symptoms in the body absent of any physical, structural damage to the body itself. In **BODY SONGS**, Zimmerman uses the fascinating and powerful story of her own recovery as a starting point for a dive into the science of neurocircuit conditions and what we know—and don’t know—about the brain, and how our understanding and treatment of chronic conditions could be changed for the better if we learn to think differently about how illness arises within the complex relationship between the mind, the brain, and the body. **BODY SONGS** is poised to be not only the first of its kind memoir about Long COVID, but one that might shift how we all consider our bodies, minds, and medicine—and, for those suffering, perhaps offer some hope.

Emma Zimmerman holds an MFA in Creative Nonfiction Writing from NYU and is currently the George Bennett Fellow (Writer-in-Residence) at Phillips Exeter Academy. Her writing appears in outlets including *Outside* and *No Tokens* (forthcoming), and her 2022 [Huffpost essay](#) on Long Covid got a ton of engagement. She was the 2022 Lit Fest Nonfiction Fellow for Emerging Writers at Lighthouse Writers Workshop and won the 2021 PRISM International Creative Nonfiction Contest.

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