



**Hardman &  
Swainson**

# Non Fiction Rights Guide

**London Book  
Fair 2024**

## Table of Contents

### LIFESTYLE

**The Paleo Life** by Clare Foges

**The Calm and Happy Home** by Kimberley Gallagher

**The Life-Changing Magic of Quitting Alcohol** by Sharon Hartley

**Kokoro** by Beth Kempton

**How To Break Up With Your Stuff** by Amy Weeks

### POPULAR SCIENCE

**Bad Influence** by Deb Cohen

**Live Forever** by John Tregoning

### MEMOIR

**Stone Lands** by Fiona Robertson

**Street Hearts** by Emma & Anthony Smith, with Lisa Cutts

**The Bleeding Tree** by Hollie Starling

### TRUE CRIME

**Ctrl+Alt+Chaos** by Joe Tidy

### CULTURAL STUDIES

**Toxic** by Sarah Ditum

**Hags** by Victoria Smith

**Women on Porn** by Fiona Vera-Gray

### POPULAR HISTORY

**Intent To Destroy** by Eugene Finkel

**Witchcraft** by Marion Gibson

**Defiance** by James Hibbard

### NATURE WRITING

**The Volunteers** by Carol Donaldson

**Chasing Fog** by Laura Pashby

### MUSIC

**Everything Under the Sun** by Mike Cormack

## Contact Details

### Hardman & Swainson LLP

S106, New Wing, Somerset House, Strand, London WC2R 1LA

Tel: +44 (0)20 3701 7449 [www.hardmanswainson.com](http://www.hardmanswainson.com)

**Hana Murrell:** [hana@hardmanswainson.com](mailto:hana@hardmanswainson.com)

### Co-Agents

#### Japan

Japan Uni Agency: Miko Yamanouchi  
[miko.yamanouchi@japanuni.co.jp](mailto:miko.yamanouchi@japanuni.co.jp)

#### Korea

Eric Yang Agency: Jackie Yang  
[jackieyang@eyagency.co.kr](mailto:jackieyang@eyagency.co.kr)

#### Turkey

Anatolialit Agency: Ayşenur Müslümanoğlu  
[aysenur@anatolialit.com](mailto:aysenur@anatolialit.com)

#### China, Vietnam, Taiwan and Thailand

Grayhawk Agency: Gray Tan  
[grayhawk@grayhawk-agency.com](mailto:grayhawk@grayhawk-agency.com)

#### Russia

Van Lear Agency: Julia Demchenko  
[julia.demchenko@vanlearagency.com](mailto:julia.demchenko@vanlearagency.com)

#### Hungary

Katai I Bolza: Mészáros Orsolya  
[orsi@kataibolza.hu](mailto:orsi@kataibolza.hu)

#### Bulgaria

Anthea Agency: Katalina Sabeva  
[katalina@antheairights.com](mailto:katalina@antheairights.com)

#### Indonesia

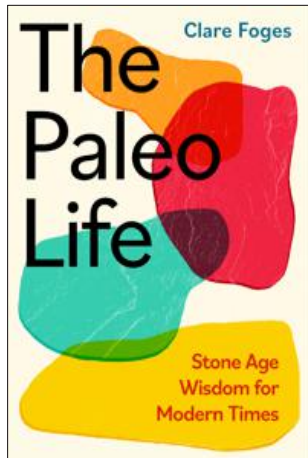
Maxima Creative Agency: Santo Manurung  
[santo.maxima@gmail.com](mailto:santo.maxima@gmail.com)

Cover image: The Paleo Life

# THE PALEO LIFE

Stone Age Wisdom for Modern Times

by Clare Foges



**A smart, practical guide to living a more balanced life, which explores how we lived in the stone age and draws on contemporary hunter-gatherer wisdom.**

*The Paleo Life* is about the mismatch between our stone age brains and our modern lifestyles.

It steps outside ‘The Matrix’ of modern beliefs, habits and trends to tell the truth about what is serving us, and what is doing us harm.

Most importantly, *The Paleo Life* is a practical handbook which draws on hunter gatherer wisdom

to help readers feel more balanced, more contented, and more human.

The hugely popular *The Paleo Diet* recognises that our guts weren’t made to digest Big Macs and microwave meals. To make our bodies healthier, it rewinds the clock to more digestible foods: plants and simple proteins. *The Paleo Life* applies the same principle to our minds, adapting our lifestyle so that it is kinder to our ancient brains.



**Clare Foges** is a journalist, columnist and radio presenter. Between 2015-22 she was a senior columnist on *The Times*, writing a weekly column on politics and current affairs in a newspaper which reaches a readership of around 850,000 people. She regularly writes for *The Daily Mail* and *Mail Online* and has presented numerous shows on talk radio station LBC.

**UK Publisher:** Piatkus / L, B  
Editor: Jillian Young

**Agent:** Joanna Swainson  
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**Rights sold:**  
French - Editions First  
Italian - Newton Compton  
Russian - Azbooka-Atticus  
Turkish - Kuraldisi

# THE CALM AND HAPPY HOME

## The Magic of Modern Feng Shui

by Kimberley Gallagher

**A guide to working with your home to unlock its power and magic.**

*The Calm and Happy Home* will help turn your home into the most supportive, calm and peaceful space that you can imagine. To create a home that will help you flourish and thrive. This book will guide you and show you how to work with your home to unlock its power and magic. Kimberley is committed to sharing the secret of the ancient magical practice of Feng Shui in a modern way that everyone can use.

She often refers to Feng Shui as the missing piece of the manifestation puzzle. You may be doing everything in your power to assist your wealth, career, relationships, fertility, health, self-worth or mental health but nothing seems to be going right. Kimberley typically finds this is due to the energy in people's homes. This book will give you all the tips and tools needed to enable you to unblock stagnant energy in your home, absorb and diffuse bad energy and instead create the most beautiful and positive home and energy flow to support you and your family.



**Kimberley Gallagher** is a trained feng shui consultant. She set up her company The Feng Shui Flow to help explain this beautiful art in a way that everybody can understand and use in their own spaces. She is the Feng Shui expert on ITV's *This Morning* and works with individuals and businesses worldwide to bring peace, calm and abundance to their lives. She produces and hosts *The Feng Shui Flow Podcast*, and has created a growing community on social media.

### On submission

**Agent:** Hannah Ferguson

**Material:** Proposal

# THE LIFE-CHANGING MAGIC OF QUITTING ALCOHOL

## Stop Drinking and Start Living!

by Sharon Hartley

**After years and years of drinking too much, too fast and too often Sharon jumped off the hangover hamster wheel of hell. She stopped drinking, she started living and levelled up her life in ways she didn't think possible! You can too.**

This is a book of hope for women choosing to remove booze for whatever reason and for those considering it.

I was a big drinker and celebrated my love for all things booze regularly. I drank too much, too fast and too often and it was time to take a break from the hangover hamster wheel of hell. To be brutally honest, I didn't even WANT to stop drinking or take a break. I'd attempted and failed Dry January many times and clung on with white knuckles through a couple of Sober Octobers. I thought a longer break would be dull, boring, miserable and joyless. Turns out the polar opposite was true and the only thing that was dull, boring, miserable and joyless was the daily drinking coupled with thinking about drinking, who I was going to be drinking with, where I was going to be drinking, whether there was enough booze in for drinking, actually drinking and then recovering from drinking by...drinking.

I didn't think I could do it...why would I? I didn't even WANT to do it! But I gave myself a chance and I changed my life. This book will inspire people of all ages to stop drinking alcohol and set them on a life-changing journey. It will give them practical advice and guidance on how to do it. It will help them navigate social situations. It will empower them to make a change. And it will give them hope that there is another way. It will also make them laugh!



**Sharon Hartley** is co-host on the popular alcohol-free podcast *Over The Influence*. She has helped create an alcohol-free community with subscribed members worldwide. They offer connection, friendship, support, encouragement and inspiration and access masterclasses, OTI Outdoor Adventures and events. She is presenter of the popular daytime show on BBC Radio Lancashire and has been alcohol-free for the past five years.

**UK Publisher:** Aurum (WEL)

Editor: Nira Begum

**Agent:** Hannah Ferguson

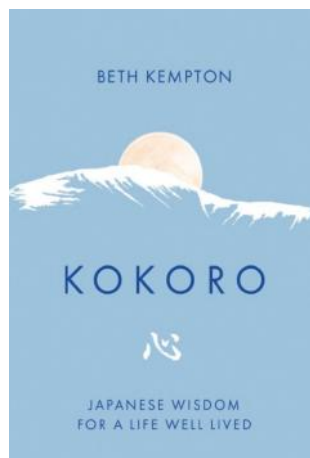
**Publication:** January 2025

Material: First draft due May 2024

# KOKORO

## Japanese Wisdom for a Life Well Lived

by Beth Kempton



***kokoro* [n.] intelligent heart, feeling mind**

One year. Two devastating losses. Three sacred Japanese mountains. A major life transition, a heart full of grief and a revelation that changes everything.

Join Japanologist Beth Kempton on a pilgrimage through rural Japan in search of answers to some of life's biggest questions: *How do we find calm in the chaos and beauty in the darkness? How do we let go of the past and stop worrying about the future? What can an awareness of impermanence teach us about living well?*

Together you will journey to the deep north of Japan, hike ancient forests, watch the moon rise over mountains of myth and encounter a host of wise teachers along the way - Noh actors, chefs, taxi drivers, coffee shop owners, poets, philosophers and the spirits that inhabit the land. You will contemplate the true nature of time at one of the world's strictest Zen temples and nothing will be quite the same again.

This book is an invitation to cultivate stillness and contentment in an ever-changing, uncertain world. It all begins with the *kokoro*, a profound Japanese term which represents the intelligent heart, the feeling mind and the embodied spirit of every human being.

To explore the *kokoro* is to explore the very essence of what it means to be human in this tough yet devastatingly beautiful world. When you learn to live guided by the light in your *kokoro*, everything changes, and anything is possible.



**Beth Kempton** is a mother, writer and entrepreneur committed to helping women achieve their full potential. She has worked with UN agencies, global brands, charities and individuals all across the world and has an MA in Japanese. Beth is on twitter @DoWhatYouLoveXx

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Editor: Jillian Young

**Agent:** Caroline Hardman

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Arabic - Jarir

Dutch - Bruna

Spanish and Catalan - Planeta

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Complex Chinese - China Times

**Option Publishers:**

Brazilian Portuguese - Verus

Croatian - Planetopija

Czech - Jota

French - Marabout

Hungarian - Libri

Hebrew - Steimatzky

Indonesian - PT Gramedia

Slovenian - Učila

Thai - Biblio

Vietnamese - Thai Ha

# HOW TO BREAK UP WITH YOUR STUFF

## The Busy Mum's Guide to Achievable Decluttering

by Amy Weeks - The Space Creator

**A guide to transforming your space into a calm, clutter-free home.**

Drowning in clutter, chaos and confusion? Never-ending cleaning, laundry, a sea of toys, missed appointments, shoving everything into a cupboard when someone turns up unannounced, arguing over empty loo rolls, trying to keep your kids fed, alive and entertained... oh look, time to go, but wait. Where are my keys? \*gasp\*

Get organised? You barely have time to wash your hair, let alone perform a full-blown decluttering and home organisation act.

I hear you. The hamster wheel is real; you need a break, but where do you start? It's overwhelming. Your head is spinning over everything that needs to be organised, and you don't have time to do it all anyway! It's too much. You feel hopeless...

But there is a better way! If you're ready to reclaim your space with practical advice from a fellow mum, this book will change your life. I will show you how to create the space you desperately need while freeing up precious time to spend with your family and friends or on some well-deserved self-care.

Come on this journey with me to transform your space into a calm, clutter-free home and as a result, your family will flourish, and you will feel lighter, more confident and ready to take on the world.

Are you ready?



As a full-time working mum of a baby and three stepchildren, **Amy Weeks** understands how tough it can be to keep on top of things, let alone declutter and organise your whole house. She also understands that asking for help can feel scary and embarrassing, and hiring a professional organiser is an investment many families can't prioritise in the current cost of living crisis. This is why she works all hours to create The Space Creator. A platform with something for everyone offering free content, inspiration and practical tips on how to get on top

of the mess. She has a popular lifestyle blog and Instagram community, and offers digital products such as affordable courses and virtual coaching to help free families from clutter, because she believes everyone should have access to advice that can provide such a positive mental and physical impact.

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### On submission

**Agent:** Hannah Ferguson

**Material:** Proposal & sample

# BAD INFLUENCE

## Is Social Media Making Us Sick?

by Deb Cohen

**Do influencer-led mental health campaigns cause more harm than good?  
Are influencer-recommended health hacks actually making us sick?**

Celebrities and movie stars and even well-meaning micro-influencers with only a few thousand followers are making names for themselves as wellness and science gurus. But health professionals are now starting to ask what this burgeoning industry is doing to our health. Social media provides a new challenge to consumers as it is just too big to police well. It leaves determining what is and what isn't true- and potentially big health decisions- to users.

From fertility to the menopause; mental health and neurodiversity; nutrition and weight loss; to cancer and other chronic illnesses, social media is influencing our health in different ways. Influencer marketing is big business, and the industry globally is now estimated to be worth £17 billion.

What has received less attention, perhaps, is that the highly regulated drug and medical device industry has cottoned on to the potential too. Companies in this space exert their influence in lots of different ways- some overt and some more subtle.

And it's not just the celebs that are involved- serious scientific players are making a name for themselves in this space promoting all sorts of biometric measuring devices.

This obsession with staying well is leading to new emerging illnesses, unnecessarily turning ourselves into patients.

In *Bad Influence* Deb Cohen will take an evidence-based, investigative look at the effects of influencers on our health. This book will aim to provide a "users guide" to social media to help the public interpret what they see and how they know who to trust. This book will encourage people to question the information they're being fed by influencers and ask: "Why should I believe you"?



**Deb Cohen** is an award-winning print, radio and TV journalist. Medically qualified, and with a string of fearless and award-winning investigations to her name, she is widely recognised for evidence and insight into complex subjects for mass-market audience.

Deb was the Science Editor of ITV, and before that the UK and Health Correspondent for BBC Newsnight. She has specialised in complex investigations since establishing the investigations unit at *The BMJ*. Her acclaimed investigations for BBC Panorama, Channel 4 Dispatches, ITV Tonight and BBC's File on Four have brought about changes in medicine, healthcare and policy, and have recast discussion on troubled issues. Deb has also written longform for different audiences including the BBC, ITV, *The Telegraph*, *Unherd* and other general and specialist audiences.

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### On submission

**Agent:** Caroline Hardman

**Material:** Proposal & sample



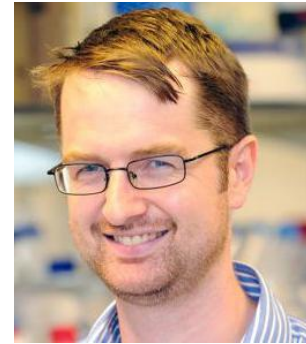
# LIVE FOREVER

## The Curious Scientist's Guide to Wellness, Disease and Aging by John Tregoning

**An entertaining and good-humoured journey through the most common causes of death in the developed world.**

Nature still wants you dead. Not just you, but your children and everyone you have ever met and everyone they have ever met. It wants you to cough and sneeze and poop yourself into an early grave. It wants your blood vessels to burst and pustules to explode all over your body. With the naivety of youth, we assume this is someone else's problem and we will in fact live forever. Sadly, Nature does eventually win. And in spite of the vast steps forward in the prevention and treatment of infectious disease, which have basically doubled the average life expectancy from 40 to 80 years in the last century, we do have to die of something. There comes a point where each of us must seriously contemplate our own mortality. For the author, it was on the 1st of December 2022, just after he pulled out his first grey chest hair. Entering his 'late 40s' he turned to pondering how he might die and if there was anything that could be done about it.

Research scientist, Prof John Tregoning takes us on an entertaining and good-humoured journey through the most common causes of death in the developed world and, using himself as the guinea pig, investigates what we can do to delay the grim reaper's inevitable visit.



**John Tregoning** MA, PhD is reader in respiratory infections at Imperial College London. His research focuses on how virus and bacteria infect our lungs. He has published over 60 academic papers and remains at the forefront of infectious diseases research based at Imperial College London where he runs a research group. Amongst other outlets, he has been interviewed by the *BBC*, *Bloomberg* and *The Sunday Telegraph*.

**UK Publisher:** Oneworld (WEL)

Editor: Sam Carter

**Agent:** Caroline Hardman

**Publication:** Spring 2025

Material: Due spring 2024

**Option Publisher:**

Japanese - Bunkyo-sha

# STONE LANDS

## Looking for Megaliths, Magic and Solace

by Fiona Robertson



**How interacting with ancient sites can enrich our lives and offer inspiration in dark times.**

*Stone Lands* combines folklore, history and archaeology with insights from a range of interesting stones enthusiasts, from Morris dancers, dowsers and pagans to artists, musicians and walkers to archivists and archaeologists. Describing her decades-long personal quest to explore the standing stones of Britain, it emphasises the wellbeing benefits that visiting ancient sites can bring, offering a way of connecting with nature, the past and ancient ways of being. Threaded through the book is the story

of Fiona's experiences of megalith hunting with her husband, Stephen, who she lost to cancer. While this story of loss and grief provides a narrative arc, this is a book that is very much about finding joy and embracing life whatever troubles we face. Fiona celebrates the empowering nature of megalith hunting, a hobby that, in her opinion, offers a profound way of interacting with our collective past and individual fates. Most of all she makes the point that tramping through fields in search of standing stones is just a huge amount of FUN.

There is a revival of megalith enthusiasm at the moment, which Fiona positions within the growth of movements such as Right to Roam, which promotes access to the countryside for all, and the work of artists such as Ben Edge, who sees visiting standing stones as a political act, enabling people of all backgrounds to find a common community in the pre-colonial deep past.



**Fiona Robertson** is Publisher of Watkins and Nourish where she commissions books about ancient wisdom, folklore, herbalism, witchcraft and the occult etc. She has a deep interest in history of all sorts with a BA in Modern History from The Queen's College, Oxford, and an MA in South Asian Studies from SOAS. She is a long-standing megalith enthusiast and you can find her as @stone\_lands on Instagram and X.

**UK Publisher:** Robinson / L,B (WEL)

Editor: Emma Smith

**Agent:** Joanna Swainson

**Publication:** June 2025

Material: First draft June 2024

**Rights sold:**

German - Aufbau (pre-empt)

# STREET HEARTS

## An Extraordinary Story of Saving Street Dogs by Anthony & Emma Smith, with Lisa Cutts

**A heartwarming tale of dogs and their saviours.**

Amidst the cobblestone villages and towns of rural Bulgaria, a dedicated team of unsung heroes led by Emma and Anthony Smith works tirelessly to change the destiny of street dogs. These animals are abandoned and neglected, and sometimes in danger, until Street Hearts BG step in to provide them with a second chance.

In this heartwarming and inspiring tale, we meet the remarkable dogs they rescue and learn how an army of volunteers goes about it. Each with their own unique story of resilience and yearning for affection, a cast of characters including Topsy, Big Lad, Mr Wiggles and Roshy the Wonder Dog will steal your heart and challenge your preconceptions about what it means to love and be loved.



**Emma and Anthony Smith** are from Yorkshire. Anthony grew up in a farming family and for the past 25 years has worked as a commercial diver. He has lived in Bulgaria on and off since 2004. Emma worked as a response officer at North Yorkshire police and prior to this was a Sister on the Medical Admissions Unit at Leeds General Infirmary. In June 2013 they moved to their new home in Bulgaria and started their career-break dream. They soon became shocked and saddened with the amount of street dogs in Bulgaria, their suffering

and poor treatment, and decided they had to do something to help improve the worsening situation. Anthony and Emma converted their wood stores into kennels and their beautiful garden became a dog haven! Along with the help of Katie Lamb, who became Patron of Street Hearts BG in 2017, they have successfully re-homed over 1400 dogs.



**Lisa Cutts** retired after twenty-five years with Kent police. She spent most of that time investigating murders for a living and the last ten years of her service, writing crime fiction alongside her full-time job. *Never Forget*, her debut, was long listed for the Waverton Good Read Award 2013 and the winner of the Killer Nashville Silver Falchion Award 2014 for Best Thriller. Nine crime fiction books later, a number of happy events led her to crossing paths with *Street Hearts BG*, a street dog rescue charity based

in Bulgaria. Emma and Anthony Smith, the charity's founders, asked her to write the story of how they accidentally established their own shelter and rehomed over 1400 dogs. *Street Hearts* was the result of the best research trip ever undertaken.

Lisa lives in the country of Kent with her husband and Bulgarian rescue dog, Chucking Custard.

**UK Publisher:** HarperNorth  
(WEL)

Editor: Jon de Peyer

**Agent:** Joanna Swainson

**Publication:** August 2024

Material: First draft

# THE BLEEDING TREE

A Pathway through Grief Guided by Forests,  
Folk and the Ritual Year  
by Hollie Starling



**A raw and candid memoir providing a pathway through grief guided by forests, folk tales and the ritual year.**

*It was the last of the ebbing days, the brink of the new season. It was the murky hours, the clove between sunset and sunrise. It was a tall tree with deep roots and it had been bleeding for a long while.*

As summer falls into autumn, Hollie Starling is hit by the heart-stopping news that her father has died by suicide. Thrust into a state of 'grief on hard mode', Hollie feels underserved by current attitudes toward grief and so seeks another way

through the dark.

Following her first year without her father, Hollie embraces her lifelong interest in folklore and turns to the healing power of nature, the changing seasons and the rituals of ancient communities. *The Bleeding Tree* is an unflinching year-zero guidebook to grief that shows us that by looking back to past traditions of bereavement we can all find our own way forward.



**Hollie Starling** runs a social media page called *Folk Horror Magpie*. By day, she is Assistant Librarian for a national British museum where she enjoys access to what many consider the world's best collection on anthropology and folklore. She is active in the online grief community and understands the emotional sophistication of its millennial audiences, especially the deadpan humour at being a member of 'the club' that no one wants to be in.

**UK Publisher:** Rider Books/Ebury (WEL)

**Editor:** Holly Whitaker

**Agent:** Joanna Swainson

**Publication:** May 2023

**Material:** Final PDF

# CTRL+ALT+CHAOS

## How Teenage Hackers Rule the Internet

by Joe Tidy

**A true crime narrative looking at the life and crimes of arguably the most hated hacker in history - Julius Kivimaki - aka The Untouchable Hacker God - and those of the biggest teen hacker gangs of the last ten years.**

Kivimaki's unprecedented story is intertwined with the worst period in history for teenagers causing mayhem with their mouse and keyboard. What is it about teenage boys that makes them easily swayed into a life of cybercrime and how are they able, time and time again, to fool the smartest minds in cyber?

Kivimaki was finally captured in 2023 in Paris after being on the run from a Europol arrest warrant. He is currently on trial in Finland for stealing the therapy notes and patient database of Finland's largest psychotherapy company and bribing 32,000 people, before leaking their sensitive notes online. The hack has been described as a new low in cyber-crime and was covered by major news outlets across the world.

His journey from a nuisance hacker to one of the most wanted cyber criminals in the world provides the main narrative arc, but Kivimaki's story is inextricably linked with other notorious hacker gangs. With exclusive interviews with the hackers and the police and cyber security experts trying to stop them, this book will tell the full story of how and why the now infamous hacking groups LulzSec, HTP, UG Nazi and Lizard Squad created such havoc in the 2010s. Joe will reveal clear through-lines from one group to the next with each gang being more brazen, aggressive and even violent than the last.

Ctrl+Alt+Chaos will cover Joe's unique perspective of these events, revealing behind the scenes details of how he came face to face with some of these cyber criminals in his reporting for BBC News and Sky News. He'll compare overlapping motives and conclude with a look at what can be done to stop the cycle from continuing.



**Joe Tidy** is the BBC's first ever Cyber Correspondent and the foremost voice in the corporation on cyber crime and hacking. Over the past 5 years he has covered all major cyber attacks for BBC TV, Radio, social media and website. He's made documentaries about cyber security travelling to the US, Russia, Saudi Arabia, Argentina, Germany and Ukraine chasing stories and characters.

Joe's most high-profile news feature and documentary saw him travel to Russia in

November 2021 in search of the world's most wanted cyber criminal (read by 1m people, viewed across social media more than 2.4m times and translated into 30 different languages across the BBC network). His top 6 BBC News documentaries have garnered more than 7m views including 2.1m for one about a so-called white-hat hacker.

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### On submission

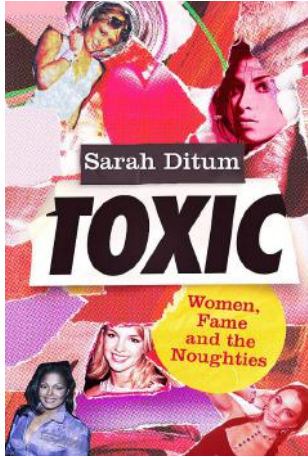
**Agent:** Caroline Hardman

**Material:** Proposal

# TOXIC

## Women, Fame and the Tabloid 2000s

by Sarah Ditum



**A vivid and fascinating exploration of the complex and often destructive relationship between the media and female celebrities during the 2000s and its enduring effect.**

Britney, Paris, Lindsay, Aaliyah, Janet, Amy, Kim, Chyna, Jen. Nine iconic women whose fame in the early internet years of the century came at a price. In *Toxic: Women, Fame and The Noughties*, journalist Sarah Ditum describes how each of the women changed 'celebrity' forever, despite often falling victim to it, during what we now view as one of the most hostile eras in which to be female.

Through Paris' ambivalent relationship with her blogger namesake Perez Hilton; to Britney's paternalistic governors; Jen's attempts to control her career and image; and Janet's betrayal at the Superbowl, these celebrities of The Noughties were presented with the riches of early social media and market opportunity, as long as they abided by the new rules of engagement. Some of these high-profile women were hypersexualised and 'upskirted' by the press; some were shamed by their advertising sponsors; others were contracted by shady management companies and industry figures such as Harvey Weinstein and R Kelly. Together they illuminate the culture of the early twenty-first century. *Toxic: Women, Fame and The Noughties* is a wild ride through the millennial years.



**Sarah Ditum** is a journalist with the *Sunday Times*, where she writes high-minded stuff about low culture subjects like celebrities, bodies and sex. She's also a regular contributor to *UnHerd* and writes a monthly column for *The Critic* about pop music.

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UK Editor: Zoë Hood

**US Publisher:** Abrams

US Editor: Sarah Robbins

**Agent:** Caroline Hardman

**Publication:** October 2023

Material: Final PDF

**Rights Sold:**

Brazilian Portuguese - Bestseller

'A bracing feminist appraisal of the pre-#MeToo Noughties...'

**The Bookseller Editor's Choice**

'It's a Molotov cocktail hurled at the feet of celebrity culture'

**Helen Lewis, author of *Difficult Women: A History of Feminism in 11 Fights***

'A necessary and incisive feminist reckoning with the noughties. Insightful, exhilarating - and horrifying. What were we thinking?'

**Caroline Criado-Perez, author of *Invisible Women***

# HAGS

## The Demonisation of Middle-Aged Women

by Victoria Smith



**An exploration and history of the demonisation of the middle-aged woman, and a re-evaluation and defence of the role and relevance of middle-aged woman in our society.**

What is it about women in their forties and beyond that seems to enrage – almost everyone?

In the last few years, as identity politics have taken hold, middle-aged women have found themselves talked and written about as morally inferior beings: the face of bigotry, entitlement and selfishness, to be ignored, pitied or abused.

In *Hags*, Victoria Smith asks why these women are treated with such active disdain. Each chapter takes a different theme – care work, beauty, violence, political organization, sex – and explores it in relation to middle-aged women's beliefs, bodies, histories and choices. Victoria Smith traces the attitudes she describes through history, and explores the very specific reasons why this type of misogyny is so very *now*. The result is a book that is absorbing, insightful, witty and bang on time.



**Victoria Smith** is a regular contributor to the *Critic*, writing on women's issues, parenting and mental health. Her work has also appeared in the *New Statesman*, the *Independent* and *Unherd*. Her newsletter, The OK Karen, looks at midlife women's experiences of feminism, and she tweets @glosswitch. She holds a PhD in German literature, with a particular interest in Romanticism and dark fairy tales. She lives in Cheltenham with her family.

**UK Publisher:** Fleet / L,B

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**Agent:** Caroline Hardman

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**Rights sold:**

Chinese - Beijing Green Beans

Russian - Azbooka Atticus

Swedish - Albert Bonniers

### SHORTLISTED for the NERO BOOK AWARDS 2023

'My polemic of the year . . . a book that could not be more necessary (a sword and a shield) in the current climate'

**Rachel Cooke, *Observer***

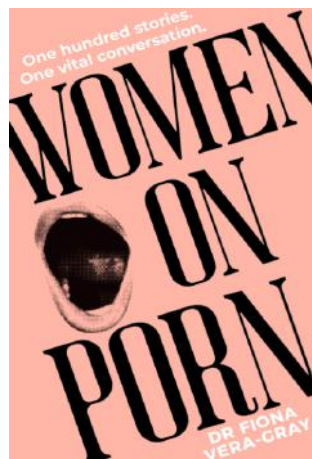
'The greatest joy of *Hags* is its lively erudition . . . This eloquent, clever and devastating book describes the last remaining acceptable prejudice, one that is now even posited as progress: the loathing of older women'

**Janice Turner, *The Times***

# WOMEN ON PORN

One Hundred Stories. One Vital Conversation

by Dr. Fiona Vera-Gray



**One of the most thorough accounts of women's experiences of sex and sexuality today written by one of the UK's leading academic authorities on pornography, feminism, and sexual violence.**

At a time where women are more vocal than ever about our lives, there's an elephant in the room when it comes to porn. Most women aren't talking to each other about what they do and don't do with it, and no one is asking the questions we all have about how it might be affecting us. Pornhub claims at least a third of their current user base are women, and a study from the British Board of

Film Classification found a difference of just 18% between the use of young boys and young girls. In a world where porn sites get more visitors each month than Netflix, Amazon, and Twitter combined, what we need is a 'me too' moment for porn.

Combining popular culture, research and thinking from the past thirty years, with real-life accounts taken from one hundred women aged from 18–70, *Women on Porn* answers the call for an accessible, informed, evidence-based exploration of what pornography means for women (and to us all). *Women on Porn* claims that we've been thinking about women and porn all wrong. We are used to dividing women into those who watch porn and love it, and those who don't and are scared of it, jealous of it, or hate it. Women who are in it are either empowered or exploited and it either helps or harms those who use it, with no space in between. But given the ubiquity of men's use and porn's place in popular culture, these simple stories no longer fit. It's time to have the conversation we need to have about the real extent of porn's impact.



**Dr. Fiona Vera-Gray** is one of the UK's leading feminist academics working on sexual violence and she has a decade's experience in the frontline anti-violence against women movement. Currently a Reader at the Child and Woman Abuse Studies Unit at London Metropolitan University, Fiona was formerly at Durham University and has been a regular media commentator on pornography, sexual violence, sexual harassment, and rape prevention.

**UK Publisher:** Transworld

Editor: Kate Fox

**Agent:** Caroline Hardman

**Publication:** Feb 2024

Material: Final PDF

**Rights Sold:**

Spanish - Península/ Pleneta

'The strength of this book is its neutrality. Vera-Gray is here to listen, not to lecture... [Porn] is an inescapable part of the environment we all share and should be talked about honestly, not wished away. This book is an important start'

*The Sunday Times*

'This is a sensitively written and generous piece of work. Vera-Gray's lack of judgement shines from her prose and from her approach to her interview subjects, allowing women no longer to be simply the passive product in the conversation around porn'

*The New Statesman*

'Taking on the darker side of women's lives, *Women on Porn* by Dr Fiona Vera-Gray... which features 100 interviews with women aged 18 to 70... celebrates women's sexuality but also unflinchingly reveals the truth of how women are perceived - and used - in society by men'

*The Stylist's pick of the best non-fiction for 2024*



# INTENT TO DESTROY

## Russia's Two-Hundred-Year Quest to Dominate Ukraine

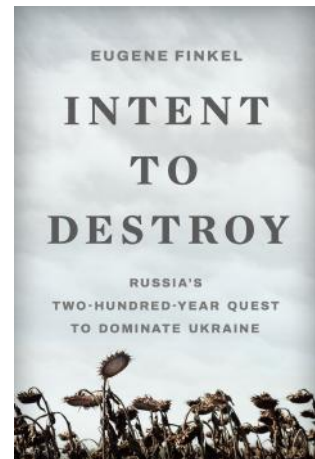
by Eugene Finkel



**A history of Russian violence against Ukraine and neighbouring nations, from a Ukrainian-born award-winning scholar of genocide, political violence, and Eastern Europe.**

The war in Ukraine is the most important event in Europe since the collapse of the Soviet Union. It is also arguably the key global geopolitical development since 9/11. The explicit goal of Russia's invasion is to dismantle the US-dominated post-Cold War global order and resurrect the Kremlin's control of Eurasia. It has killed tens of thousands, displaced millions, revived the threat of a nuclear war between Russia and the West and might unleash a global famine. The violence has and will continue to shape European and global politics for decades to come.

This book zooms in on the intersection of the most important geopolitical event in recent decades and the most odious type of violence. The book will demonstrate that Russian violence against Ukrainian civilians is not an unintended collateral damage of warfare but a deliberate, large scale campaign of mass murder.



Since the 19<sup>th</sup> century dominating Ukraine and denying Ukrainians independent identity has been the cornerstone of Russia/Soviet policy. Finkel presents this history of genocidal violence, how it unfolded and was experienced by its victims. This violence is a direct continuation of the Kremlin's playbook of dealing with domestic and foreign opposition.



**Eugene Finkel** was born in Ukraine and is an expert on Ukraine and political violence. He is associate professor of international affairs at the Johns Hopkins University, School of Advanced International Studies. He is a scholar of political violence, war and genocide, mostly in Eastern Europe and Israel/Palestine. He was the first Western expert to argue that Russian violence against civilians in Ukraine meets the definition of genocide.

**UK Publisher:** John Murray / Hodder

Editor: Joe Zigmond

**US Publisher:** Basic Books

Editor: Brian Distelberg

**Agent:** Caroline Hardman

**Publication:** Autumn 2024

Material: Edited manuscript

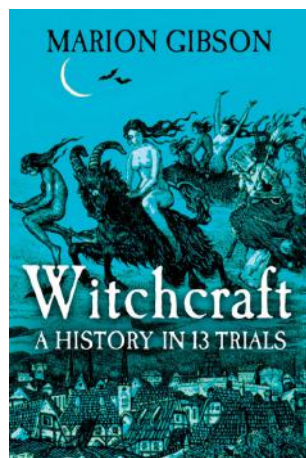
**Rights sold:**

Dutch - Ambo Anthos

# WITCHCRAFT

## A History in 13 Trials

by Marion Gibson



**A lively and immersive global history of witchcraft which shows its evolution from the Middle Ages to the present day and shines a light on the stories of the victims.**

Witch hunts and their subsequent trials have occurred throughout history, across all continents, right up to the present day. But witchcraft and attitudes towards it and its practitioners has changed according to place and time and the interests and politics of the day. This book will use thirteen significant trials to explore the history of witchcraft and witch hunts. As well as investigating some of the most famous trials from the Middle Ages to the 18th century, such as Salem, it will take us in new and surprising directions. It will show us how witchcraft was decriminalised in the 18th century, only to be reimagined by the 1780s Romantic radicals. We will learn how it evolved from being seen as a threat to Christianity to being seen as gendered persecution, and how trials against chieftains in Africa stoked anger against colonial rule.

Significantly, the book will tell the stories of the victims – those women whose stories have too often been overshadowed. While this will be a history of witchcraft, the subject cannot be consigned to the history books. Hundreds of

people, mostly women, are tried and killed as witches every year in Africa and witches are still on trial across the world.



**Marion Gibson** is Professor of Renaissance and Magical Literatures at the University of Exeter, UK. She's been researching witches for thirty years and is the author of six academic books on witches in history in literature. Marion is regularly interviewed on radio, TV and for podcasts, especially at Halloween. Marion has worked on original documents from witch trials across Britain, America and Europe.

**UK Publisher:** Simon & Schuster  
 UK Editor: Fran Jessop  
**US Publisher:** Scribner  
 US Editor: Sally Howe

**Agent:** Joanna Swainson  
**Publication:** June 2023 (UK)  
 January 2024 (US)  
 Material: Final PDF

**Rights sold:**  
 Brazilian Portuguese - Pensamento  
 Dutch - Ambo Anthos (pre-empt)  
 Estonian - Varrak  
 German - Aufbau (at auction)  
 Polish - Otwarte  
 Russian - Azbooka-Atticus  
 Spanish - Siruela (at auction)  
 Turkish - Orenda

‘An empathetic survey of witch trials spanning seven centuries and three continents... this vividly drawn and often surprising account succeeds in its aim to provide an expansive vision of the witch trial that extends far beyond Salem’  
*Publisher's Weekly*

‘A thought-provoking, sweeping work of social history’  
*Kirkus*

‘Marion Gibson vividly brings to life 13 witch trials in a wide-ranging new book’  
*Daily Mail Book of the Week, 29<sup>th</sup> June 2023*

## DEFIANCE

### The Rise and Fall of Germany's Greatest Cyclist Under the Third Reich

by James H. Hibbard

**An immersive account of the extraordinary story of one of Germany's greatest cyclists, Albert Richter.**

In the 1930s, when track cycling was king and velodromes from New York to Berlin were packed nightly with thousands of fans, the charismatic world champion, Albert "Teddy" Richter, was one of Germany's most famous athletes.

His ascent to celebrity paralleling the rise of Naziism, the defiantly moral Richter remained unflinchingly loyal to his Jewish coach- refusing to spy for the Reich while competing abroad and risking his life in order to smuggle money out of Germany for Jewish friends.

With teammates and high-ranking Nazis having turned against him, Richter was forced to flee to Paris, but the wheels of his ultimate demise had already been set in motion. His decision in late 1939 to return to Germany to compete one final time culminated in a series of fateful events which would cost Richter his life and foreshadowed the unspeakable brutality which would soon engulf the world.



**James Hamilton Hibbard** is a California-based writer. His debut, *THE ART OF CYCLING: Philosophy, Meaning, and a Life on Two Wheels* (Quercus/ Hachette UK, Pegasus Simon & Schuster North America) was shortlisted for *The Sunday Times* Sports Book of the Year, 2021 and was covered in major outlets in the UK and America including *Big Think* and *The Wall Street Journal*.

James' writing has appeared in numerous publications and journals and he has been selected for residencies and received support from PEN America and Tin House. A former UCI professional road cyclist and member of the United States National Cycling Team, James is able to bring an exceptional degree of authenticity and direct, first-hand knowledge to his writing on the sport.

His screenwriting has been optioned for production, advanced in the Sundance Lab process, and been recognised by the prestigious Austin Film Festival and Cinequest Screenwriting competitions.

He is a graduate of the University of California, Santa Cruz and worked on his PhD in German philosophy at DePaul University.

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#### **On submission**

**Agent:** Joanna Swainson

**Material:** Proposal & sample

# THE VOLUNTEERS

A memoir of conservation, companionship & community

by Carol Donaldson



**A memoir about the woods and wildlife, community and companionship which makes the case for working outdoors in nature and giving something back. For readers of Raynor Winn.**

Carol has been made redundant from her job and is newly single after the end of a fourteen-year relationship. Lonely and living in a damp, freezing flat, she takes a job running a volunteer group who head out into the countryside each week to carry out practical conservation management tasks.

Despite this shaky start, she slowly wins the respect of the group. A community begins to form that will become vital to its members and ‘volunteer’ day soon becomes the highlight of Carol’s week. The volunteers range in age from their early twenties until well into their seventies. Some of the young people have had run-ins with the law or are struggling with mental health problems; some of the older people need companionship and a sense of purpose. They join the group because they want to do something positive, to keep fit and busy and make friends, but along the way they find that the group helps them put life into perspective and provides an alternative support system. The simple recipe of working outdoors as a team gives people confidence, improves their physical and mental well-being and helps some move on with their lives. Eventually it helps Carol move on with hers, too.



**Carol Donaldson** is a nature writer and conservationist. Originally from Essex. She left at 19 to live in a trailer tent and build houses for Native Americans in Canada. She returned to England to study creative writing at Derby University and Countryside Management at Birkbeck College. Carol has worked for many of Britain’s best wildlife charities and currently runs her own environmental consultancy, where she spends her days wading down rivers looking for water voles and rugby tackling barn owls. As a writer, she has written for *Wanderlust*, *BBC Wildlife Magazine* and *The Telegraph*. She was *BBC Wildlife Magazine*’s Travel Writer of the Year in 2011. At 19, Carol’s ambitions were to live in a cabin by the lake, own a horse and publish a book. She has now done all three.

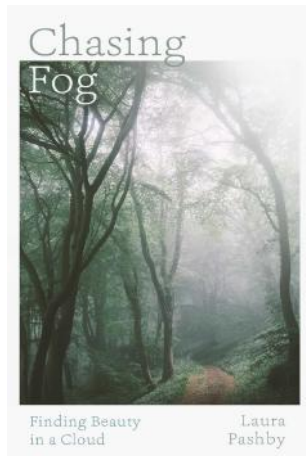
**UK Publisher:** Summersdale (WEL)  
**Editor:** Debbie Chapman  
**Agent:** Joanna Swainson

**Publication:** August 2024  
**Material:** Final PDF

# CHASING FOG

## Finding Beauty in a Cloud

by Laura Pashby



**A book about unappreciated beauty, and the story of a search for something liminal and disappearing- fog.**

‘I must go in; the fog is rising’

Liminal, elusive and ultimately disappearing- far from just being a meteorological condition, fog is a state of mind; a plot device; a shortcut to a dank and spooky setting. As with these words from Emily Dickinson, her final written words before her death, it can signify a shift of mood or a transformation.

*Chasing Fog* is a captivating meditation on fog and mist. Laura Pashby hunts for fog, walks and swims in it, explores its role in literature, mythology and history and also its environmental significance. There has been a 50 per cent drop in ‘fog events’ in the past fifty years, fog is drifting away without us noticing and the ecological impact could be calamitous.

As she journeys to the foggiest places she can find, Pashby immerses herself in Dartmouth’s dangerous fog, searches for the Scottish haar, experiences Venice’s magical mist, tells us the myths behind the River Severn’s fog and the shipwrecks it hides. It’s about how we see the world and ourselves, and how a simple cloud of water droplets can make everything- including us- feel different.



**Laura Pashby** is a writer and a photographer. She tells stories using words and photographs on her blog, to her Instagram audience, for brands, and in magazines. She is also a qualified teacher with an MA in Literature and she teaches storytelling E-courses. Laura spent three years as the deputy editor of *91 Magazine* – an independent magazine that covers all aspects of creative living. Across social media, but particularly on Instagram, she has an established and engaged following with an interest in her atmospheric imagery and soulful

storytelling. Laura tweets @circleofpines.

**UK Publisher:** Simon & Schuster

Editor: Fran Jessop

**Agent:** Caroline Hardman

**Publication:** August 2024

Material: Final PDF

**Option Publisher:**

German - Knesebeck

# EVERYTHING UNDER THE SUN

## The Complete Guide to Pink Floyd

by Mike Cormack



**A high-level, fully sourced and footnoted analysis of the music of Pink Floyd. Destined to be the 'go to' book for any Pink Floyd fan.**

Pink Floyd formed in London in 1965, signed with EMI in 1967 and recorded their first album, *The Piper at the Gates of Dawn* which was released to immediate acclaim in the same year. Since then the band has released 15 studio albums and sold over 250 million records. Their eighth album *Dark Side of the Moon* is the highest-selling British album in the world (and fourth overall), at over 40 million copies. Founder members Roger Waters and Nick Mason still (separately) tour the world. Indeed,

they hardly need an introduction: their profile remains very high, with millions of fans around the world.

*Everything Under the Sun* will be a high-level, fully sourced and footnoted analysis of the music of Pink Floyd and the first serious survey of the group's work and achievements. While there is a plethora of books about Pink Floyd and by Pink Floyd former members, none are truly comprehensive or do what this book seeks to do. Rather than bald introductions to the songs, anecdotes, and potted histories this book will be the definitive book. In addition to a song-by-song analysis, it will include band interviews, a full chronology and gig guide, and a full bootleg guide. It will be the go-to book for any Pink Floyd fan.



**Mike Cormack** is a long-time professional writer who has reviewed books for *The Spectator*, *The Times Literary Supplement*, *Literary Review* and the *South China Morning Post*, written ad copy for a Big 6 agency, and been managing editor of a magazine for expats in Beijing. He is a life-long Pink Floyd fan and has written numerous articles about them for UK media.

**UK Publisher:** The History Press (WEL)  
**Editor:** Mark Beynon  
**Agent:** Joanna Swainson

**Publication:** August 2024  
**Material:** Edited manuscript due April

