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RECENT ACQUISITIONS AND FUTURE HIGHLIGHTS

Gardiner, Beth

PLASTIC INC.

February 2026 | Industries / Science

Translation | Proposal available

Agent: Dystel, Goderich & Bourret | Editor: Jacob Surpin

We've all seen the horrifying images of plastic trash choking wildlife and strewn across once-pristine landscapes. PLASTIC INC. tells the hidden story behind that very visible mess. While concerned individuals tote their reusable bags to the grocery store, some of world's richest and most polluting corporations are ramping up to make more plastic, not less, in the years to come. In a book that melds investigative deep dive with vivid, character-focused narrative, Beth Gardiner reframes the conversation about plastic around corporate—not personal—responsibility. Gardiner takes readers from western Pennsylvania's depressed downtowns and Houston's muggy bayous to a gritty Scottish port town as she shines a light on fossil fuel companies' plans to double—or even triple—plastic output to protect their profits as the world pivots from oil and gas. It shows readers why our overflowing trash bins are not our fault and frees us to move away from the small-bore solutions that feel so futile toward shifts that match the scale of the problem.

[Beth Gardiner](#) is an environmental journalist and author of *Choked*. Her work has appeared in the New York Times, National Geographic, The Guardian, the Washington Post and Scientific American.

Rights sold: UK Commonwealth (Monoray)

Huling, Ryan with artwork by Oliver Uberti

THE HIDDEN NATIONS OF ANIMALS

June 2026 | Life Sciences / Nature

UK and Translation | Manuscript expected late 2024

Agent: Levine Greenberg Rostan Literary Agency | Editor: Jacob Surpin

THE HIDDEN NATIONS OF ANIMALS offers a transformative new take on the animal kingdom and humanity's place in it. Embarking on an odyssey through some of our planet's most captivating animal communities, Ryan Huling travels to far-flung destinations like the world's largest beaver dam—a structure so vast that it's visible from space—and into hostile territory like the Korean DMZ, which in contrast to its perception as an uninhabited no man's land is teeming with life. His expedition is undertaken in collaboration with a wide array of world-renowned wildlife researchers, geographers, anthropologists, and historians. He is also joined by award-winning author and cartographer Oliver Uberti, who will map each featured animal society, adding never-before-seen layers to landscapes we thought we knew. The result is a transformative new take on the animal kingdom and humanity's place in it, and a blueprint for a better and more inclusive world.

[Ryan Huling](#) is an adventurer, animal advocate, and sustainable food systems specialist currently serving as senior communications manager for the Good Food Institute APAC. His columns been published by *Nikkei*, *South China Morning Post*, *WIRED*, and *USA Today*, among others.

[Oliver Uberti](#) is a former senior design editor for *National Geographic* and the coauthor of three critically acclaimed books of maps and graphics: *Atlas of the Invisible*; *Where the Animals Go*; and *London: The Information Capital*, each of which won the top British Cartographic Society Award for cartographic excellence.

Ramsay, Russell

UNRELIABLE

August 2026 | Psychology / Self-Help

Translation | Proposal available

Agent: Rogers & Weil Literary | Editor: Hannah Steigmeyer

The last four years have pushed the hidden impacts of ADHD from the shadows to the light, exposed the horrifyingly arbitrary metrics for diagnosis, and forced a reckoning of the personal devastations of untreated and unexamined ADHD on individuals, families, schools, and communities. Individuals with ADHD have reduced estimated lifespans, are more likely to suffer from a serious health problem, drop out of school, be fired from a job, live under the poverty line, have poor hygiene, abuse drugs and alcohol, and commit suicide. Every day is consistently inconsistent and, because treatment that accounts for the full picture of symptoms is so hard to find, the mind becomes an unreliable narrator of who they are, what they want, and what they can accomplish. Attention and hyperactivity are only the tip of the iceberg. Presenting Dr. Ramsay's paradigm-shifting approach to treatment and the executive function dysfunction, self-mistrust, emotional dysregulation, and shame, blame, and guilt that often force those with ADHD to shrink from the world, UNRELIABLE is a revolutionary "inside out" approach that promises to guide those who suffer out of the daily chaos and into a life of sustainable delight.

[Dr. Russell Ramsay](#) is the co-founder and former co-director of the Adult ADHD Treatment and Research Program at the University of Pennsylvania's Perelman School of Medicine. He is a globally recognized leader and practicing clinical psychologist with over twenty-five years of experience recognizing and treating ADHD.

Rights sold: UK Commonwealth (Bonnier)

FALL 2025

Bulsiewicz, Will

PLANT POWERED PLUS: Supercharge Your Gut to Protect Your Health

January 2026 | Health / Gastroenterology

Translation | Manuscript expected March 2025

Agent: Stephanie Tade Agency | Editor: Lucia Watson

Dr. Will Bulsiewicz's patients seek him out first and foremost because he's a gastroenterologist. But more and more, in addition to their constipation or IBS, they're also suffering from allergies, depression, and thyroid issues. What many don't realize is that the gut is the gateway for both health and illness. In *PLANT POWERED PLUS* Dr. Bulsiewicz offers a powerful program for addressing inflammation due to an imbalance in the gut with a combination of plant-forward diets. This book is a solutions-oriented approach to reclaiming a healthful, protective immune system that defends us rather than attacks us. Dr. Bulsiewicz draws the connections between gut issues and a variety of additional diagnoses and symptoms, including autoimmune disease, cardiometabolic disease, hormonal conditions, and more. Including guidance on creating your ideal immune-balancing diet, *PLANT POWERED PLUS* will help you harness the power of the gut-immune connection and live a life of boundless health.

[Will Bulsiewicz, MD, MSCI](#) is the *New York Times* bestselling author of *Fiber Fueled* and a board-certified, award-winning gastroenterologist.

Rights sold: UK Commonwealth (Vermilion)

Fiber Fueled publishers: UK Commonwealth (Vermilion); Arabic (Jarir); Bulgarian (Eunicata); Chinese, complex (Mook); Chinese, simplified (Beijing Zito); Dutch (Unieboek het Spectrum); Finnish (Werner Soderstrom); German (MilleMari); Hebrew (Focus); Hungarian (GLB); Korean (Chungrim); Polish (JK); Portuguese/Portugal (Nascente); Romanian (Polirom); Russian (Eksmo); Spanish (Alfaomega); Turkish (Nova); Ukrainian (Fors); Vietnamese (ETS Data)

Molinaro, Joanne Lee

THE KOREAN VEGAN: HOMEMADE – Recipes and Stories From My Kitchen

October 2025 | Cooking

UK and Translation | Manuscript expected October 2024

Agent: Brotherstone Creative Management | Editor: Lucia Watson

In her new book, Joanne Lee Molinaro shares the recipes that she makes most often at home. As Joanne says, she loves to “veganize” Korean cuisine and “Koreanize” everything else. This book is a tribute to all the food influences that have shaped her cooking over the years and incredible flavors they have created. A memory about learning to repurpose leftover rice from her grandmother Hahlmuhnee results in Fried Rice Waffles; a question from her father leads to Joanne learning to make his childhood favorite noodles, Janchi Guksu; her Pesto Tteokbokki combines her husband's Italian roots with her own; and her love of savory snacks and kimchi helps invent Buffalo Kimchi Artichoke Dip. With her stunning signature photography and tips for building a Korean pantry, Joanne celebrates the magical connections between family, home, and food.

[Joanne Lee Molinaro](#) is the author of the James Beard Award winning *The Korean Vegan Cookbook* and a Korean American social media star. Her TikTok and Instagram, @thekoreanvegan, incorporate her recipes with personal narration.

Korean Vegan publishers: Dutch (Unieboek het Spectrum); French (La Plage); German (Michael Fischer); Korean (UX Review); Polish (Purana)

Rein, Ben

HOW BRAINS MAKE FRIENDS: The Neuroscience of Social Connection and Why We All Need More

November 2025 | Neuroscience / Social Psychology / Self-Help

Translation | Manuscript expected late 2024

Agent: Folio Literary Management | Editor: Anna Paustenbach

From your morning coffee order, to weaving through passengers on the train, riding in a packed elevator, attending a happy hour with colleagues, or relaxing on the couch with family, every day is filled with social interactions that nurture and support your brain's health. Some of these interactions may seem mundane, but they collectively make up the "social diet" that you feed your brain, influencing your well-being and shaping the substance of your life. Beneath our conscious awareness, these social experiences are modulating some of our most fundamental biological processes, adjusting our neurochemistry in ways that influence our emotions, color our experiences, and can even lengthen our lives. In an age of isolation, HOW BRAINS MAKE FRIENDS is a neuroscience-backed guide to social interactions, drawing insights from the world of science to help you understand the biology behind your relationships, reconsider the value of companionship, and build healthier, happier, and more connected lives.

[Ben Rein, PhD](#) is a neuroscientist at Stanford University and has spent over a decade studying the neuroscience of social interactions. Dr. Rein has published 17 peer-reviewed scientific papers in distinguished journals such as *Molecular Psychiatry*, *Trends in Neurosciences* and *Cell*. Outside of the lab, Dr. Rein educates an audience of more than 900,000 social media followers about neuroscience.

Rights sold: UK Commonwealth (Quercus); Chinese, simplified (PRH Beijing); German (Kösel); Korean (Gilbut); Polish (Wielka Litera); Portuguese/Brazil (HarperCollins); Romanian (SC Humanitas); Spanish (Paidos)

Siman-Tov, Ben and Zikki Siman-Tov

EAT SMALL PLATES: Vibrant, Sharable Dishes to Enjoy Every Day

September 2025 | Cooking

UK and Translation | Manuscript available

Agent: Park & Fine | Editor: Lucia Watson

The vivacious couple behind Bengingi share their favorite mix-and-match-ready recipes. For Ben Siman-Tov and his wife Zikki, small plates are their ideal dishes and a way of life. Whether it's babaganoush and garlicky toum spread over pita, or tangy chopped salads served with veggie bites and Arabic Ceviche, these small plates make assembling a flavorful meal an everyday occurrence. What's more, they mean you'll always be prepared to open your kitchen and share with friends and family. Kitchen-savvy Ben and Zikki share their advice for everything from charring an eggplant to perfection, making pickling part of your daily routine, and hosting like a pro. Packed with irresistible recipes and vivid photography, EAT SMALL PLATES is your guide to a feast-ready lifestyle and spreading the love through food.

[Ben Siman-Tov](#) is a baker, chef, and creator of Bengingi where he teaches over 1.5 million followers how even the most complex treats can be made at home. He and his wife Zikki Siman-Tov run a successful catering business, Eat Small Plates, in New York.

Yates, Beverly

THE YATES PROTOCOL: 5 No-Shame Steps to Fix Your Blood Sugar and Eat the Food You Love

January 2026 | Health / Nutrition

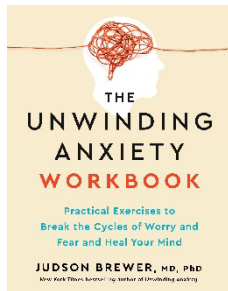
UK and Translation | Manuscript expected February 2025

Agent: Park & Fine | Editor: Hannah Steigmeyer

Your blood sugar is not your fault. Type 2 and prediabetes are not caused by body fat, laziness, lack of willpower or inadequate effort. Rather they are complex, and influenced by the chronic wear and tear of living in our toxified, high-stress, and low-nourishment modern world. In THE YATES PROTOCOL, Dr. Beverly Yates shares compassionate, practical advice for approaching nutrition, meal timing, sleep, stress, exercise and strength training to reverse diabetes once and for all. Unlike typical diabetes care approaches, THE YATES PROTOCOL doesn't eliminate any food groups and focuses more on what to include, not exclude, to help you find which foods are best for your body. Dr. Yates also offers tools such as a daily eating rhythm and optional intermittent fasting to enhance blood sugar control, improve cravings, and boost energy. Advocating for self-care, setting boundaries, and ultimately reducing stress, she focuses on exercising smarter, not harder. Filled with real patient success stories, delicious recipes, curated meal plans, and worksheets to help you stay on track, THE YATES PROTOCOL provides everything you need to heal for good. It's time to throw out the shame-and-blame model and start on the path to reversing your diabetes today.

[Beverly Yates, ND](#) is a leading expert on reversing type 2 and prediabetes. She received an engineering degree at MIT and worked in Silicon Valley before going through a health scare that led her to naturopathic medicine. She now has more than 30 years of clinical experience devising personalized and enjoyable solutions for people with type 2 and prediabetes so they can reverse their conditions and get back to living the lives they love.

SUMMER 2025



Brewer, Judson

THE UNWINDING ANXIETY WORKBOOK: Practical Exercises to Break the Cycles of Worry and Fear and Heal Your Mind

August 2025 | Self-Help / Psychology

UK and Translation | Manuscript available

Agent: Janklow & Nesbit Associates | Editor: Lucia Watson

Between the relentless bad news in the world and our own personal challenges, many of us are living in a state in which we are overwhelmed by anxiety. When anxious or negative feelings strike, we might find ourselves falling into unhealthy patterns of thought and behavior that we struggle to change—worrying, stress eating, procrastinating, and more. But, there is a way out. In this workbook companion to his *New York Times* bestselling book *Unwinding Anxiety*, psychiatrist and neuroscientist Judson Brewer shows how you can uproot anxiety using brain-based techniques accessible to anyone. Filled with powerful exercises and thought-provoking journal prompts, THE UNWINDING ANXIETY WORKBOOK will guide you through a three-step program designed to hack your anxiety and achieve a more mindful existence.

[Judson Brewer, MD, PhD](#) is an internationally renowned addiction psychiatrist and neuroscientist. He is a full professor in the School of Public Health, and Medical School at Brown University. His 2016 TED talk, “A Simple Way to Break a Bad Habit,” has been viewed over 16 million times. He has trained Olympic athletes and coaches, government ministers and business leaders.

Rights sold: UK Commonwealth (Vermilion); Chinese, complex (China Times); Chinese, simplified (Beijing Huazhang Graphics); Turkish (OkuyanUs)

Fletcher, Angus

PRIMAL INTELLIGENCE: You Are Smarter Than You Know

August 2025 | Creative Ability / Neuroscience / Psychology

Translation rights | Manuscript available

Agent: Kneerim & Williams | Editor: Tracy Behar

PRIMAL INTELLIGENCE focuses on a key source of human intelligence: the non-logical, noncomputational brain processes responsible for future thinking and imagination. This “low-data intelligence” is a core driver of leadership, innovation, and resilience. It helps us solve complex and open-ended problems, anticipate the future faster, experience less anxiety and anger, and rebound quicker from failure. The book presents story exercises for training the low-data regions of your brain, improving your leadership, your powers of innovation, and your overall resilience. These are big claims—but they have been validated by independent research trials run by the US Army and have been published in leading academic journals, from *Annals of the New York Academy of Sciences* to the *Harvard Business Review*. They have been embraced by executives at some of the world’s biggest and most creative companies, and they have been validated on scientific trials with students as young as eight.

[Angus Fletcher](#) is a professor of story science at The Ohio State University’s Project Narrative, the world’s leading academic think tank for the study of how stories work. He is the author of *Wonderworks* and *Storythinking*.

Rights sold: UK Commonwealth (Headline); German (Redline); Korean (Influential); Romanian (Bookzone); Spanish (PRH Grupo)

MacDonald, Maryellen

MORE THAN WORDS

June 2025 | Psycholinguistics / Cognitive Science

UK Commonwealth | Manuscript available

Agent: United Talent Agency | Editor: Lucia Watson

Humans are the only species that can transform internal ideas into talk, whether through speech, writing, or sign language. But why do we have this almost magical, special talent? It turns out that while talking allows us to share ideas and connect, it isn't just about communication. For one thing, talking is hard work: we can understand speech 50% faster than we can create it ourselves. The complex processes in the brain that allow us to talk spill over and impact other areas of our lives in surprising ways. In this groundbreaking book, Maryellen MacDonald, a researcher and psycholinguist, explores the marvel and mental task of talking, and offers an eye-opening look at how it shapes everything from our attention, memory, and the way we learn, to how we regulate our emotions, and our cognitive health as we age. Filled with fascinating insights, MORE THAN WORDS is a sweeping and provocative look at a fundamental human behavior we take for granted.

[Maryellen MacDonald](#) is the Donald P. Hayes Professor of Psychology and Language Sciences at the University of Wisconsin-Madison, where she is a cognitive scientist with a focus on psycholinguistics, the study of how we comprehend, produce, and learn languages. She has researched the impact of language in children, young adults, elderly adults, and patients with Alzheimer's disease, as well as language production in six different languages.

Tracey, Kevin

THE GREAT NERVE: The New Science of the Vagus Nerve and the Body's Healing Reflex

May 2025 | Neuroscience / Immunology

UK and Translation | Manuscript available

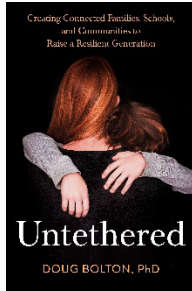
Agent: Aevitas Creative Management | Editor: Lucia Watson

For centuries the function of the vagus nerve eluded research. Now neuroscientist and researcher Kevin Tracey has discovered the power of the vagus nerve to reverse inflammation, heal the immune system, and cure chronic illness. The vagus nerve is made up of 160,000 fibers that send thousands of electrical signals every second between the brain and the organs, governing basic functions like heart rate and blood pressure. Dr. Tracey shows us how manipulating the vagus nerve with a tiny implant can put the brakes on inflammation to reverse life-altering diseases like rheumatoid arthritis, inflammatory bowel disease, lupus, MS, diabetes, obesity, stroke, depression, Alzheimer's and Parkinson's. But we can also improve vagus nerve function with lifestyle strategies like ice baths, meditation, exercise, and breathwork. By opening the door to the new field of neuroimmunology, THE VAGUS NERVE not only revolutionizes how we understand and treat disease, it gives us unprecedented hope for our health and well being.

[Kevin Tracey, MD](#), is a neurosurgeon, scientist, entrepreneur, and leader in the fields of vagus nerve stimulation and inflammation. He and his colleagues in his lab at the Feinstein Institutes discovered the molecular and neural mechanism for the reflexive control of inflammation, now termed the inflammatory reflex. As measured by and reported in the scientific journal *PLOS One*, Dr. Tracey is one of the most highly cited living scientists in the world.

Rights sold: UK Commonwealth (Penguin Life); Korean (Bookie); Romanian (Bookzone); Spanish (Grijalbo Vital/PRH)

SPRING 2025



Bolton, Doug

UNTETHERED: Creating Connected Families, Schools, and Communities to Raise a Resilient Generation

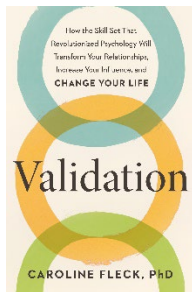
March 2025 | Behavioral Management / Adolescent Psychology

UK and Translation | Manuscript available

Agent: The Heather Jackson Literary Agency | Editor: Lucia Watson

Over the past decade, children’s mental health challenges have reached epidemic levels—the high stakes pressure to succeed, as well as the recent pandemic have taken their toll on our children. But as psychologist and educator Doug Bolton explains in this eye-opening and powerful guide, underlying these modern-day stresses is an even more pervasive problem: We’re relying on practices that are not in line with what science tells us about how to truly motivate children and help them thrive. *UNRAVELING* highlights how we have become disconnected from the interdependency that used to be core to our survival and offers tools to help our kids create healthy attachments and learn how emotionally regulate. Weaving in Bolton’s own experiences as a former principal at a therapeutic school and as a father, *UNRAVELING* is a deeply empathetic and powerful guide to combatting the isolation we see in this generation today.

[Doug Bolton, PhD](#) has used his degrees in clinical psychology, school psychology, and educational leadership to support students with social, emotional, and behavioral challenges since 1987. Dr. Bolton worked in therapeutic schools for 10 more years as a school psychologist before spending the next 14 years as principal of North Shore Academy, a K-12 public therapeutic school on the north shore of Chicago. He currently maintains a private practice and consults to schools.



Fleck, Caroline

VALIDATION: How the Skill Set That Revolutionized Psychology Will Transform Your Relationships, Increase Your Influence, and Change Your Life

February 2025 | Psychology / Self-Help

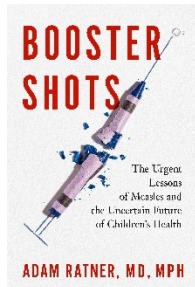
Translation rights | Manuscript available

Agent: Anderson Literary | Editor: Lucia Watson

The validation skills from dialectical behavior therapy (DBT) revolutionized psychology by balancing the emphasis on changing behavior with a corresponding emphasis on acceptance. Now a prominent psychologist brings these validation skills out of therapy and into everyday life to help anyone decrease conflict, strengthen relationships, and change behaviors—in themselves and in others. As both a means and an end, validation has profound effects: it affirms a person’s experience and unlocks their potential for growth. Dr. Caroline Fleck explains how and why validation is a catalyst for transformation, while taking us step-by-step through eight skills we can use to communicate it. With practice, these skills become a way of life, helping us to focus on the possibilities that unfold when we see ourselves and others for who we really are.

[Caroline Fleck, PhD](#), is a licensed psychologist, Adjunct Clinical Instructor at Stanford University, and a business consultant. She is renowned for her ability to help people make critical but challenging changes and is one of Silicon Valley’s most sought-after psychotherapists.

Rights sold: UK Commonwealth (Orion Spring); Korean (Sejong); Portuguese/Brazil (Sextante); Portuguese/Portugal (Nascente/PRH); Spanish (Paidos)



Ratner, Adam

BOOSTER SHOTS: The Urgent Lessons of Measles and the Uncertain Future of Children's Health

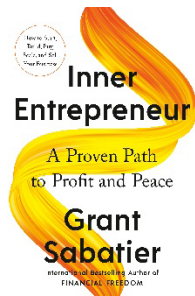
February 2025 | Science / History / Clinical Medicine

UK Commonwealth | Manuscript available

Agent: Tessler Literary Agency | Editor: Hannah Steigmeyer

Every single child diagnosed with measles today represents a system failure. The technology to prevent essentially 100% of measles cases has been in our hands since well before the moon landing. But this serious airborne disease, once seemingly defeated, is resurgent around the globe. Why, at a time when biomedical science is so advanced, do parents turn away from vaccination, endangering their own children and the health of the wider population? Using a combination of patient narrative, historical analysis, and scientific research, Dr. Adam Ratner, pediatrician and infectious disease specialist, argues that the reawakening of measles and the subsequent coronavirus pandemic are bellwethers of forgotten knowledge. Declining vaccine confidence threatens a global reemergence of other vaccine-preventable diseases in the coming years. Ratner details how solving these problems requires the use of literal and figurative “booster shots” to gather new knowledge and retain the crucial lessons of the past.

[Adam Ratner, MD, MPH](#) is the Chief of the Division of Pediatric Infectious Diseases and an Associate Professor of Pediatrics and Microbiology at New York University Grossman School of Medicine, Bellevue Hospital Center, and Hassenfeld Children's Hospital. In addition to practicing medicine, Dr. Ratner directs an active research group, and teaches students, residents, and other trainees. He has authored more than 100 peer-reviewed research papers, edited a major textbook of pediatric infectious diseases, chaired grant review panels for the National Institutes of Health, and served on the editorial boards of several scientific journals.



Sabatier, Grant

INNER ENTREPRENEUR: A Proven Path to Peace and Profit

March 2025 | Entrepreneurship / Personal Growth

UK and Translation | Manuscript available

Agent: Margret McBride Literary Agency | Editor: Lauren Appleton

It's never been easier to become an entrepreneur. There are many paths you can take to start your own business, and for the first time, financial expert and entrepreneur Grant Sabatier gives readers a roadmap for each one of them. From finding the perfect idea, launching the business, scaling it, selling it, and beyond, this book leaves no stone unturned and covers every aspect of what it means to be your own boss. Most importantly, Sabatier explains how to do it all in a way that works with your life—you run the business, it should not run you. You have the power to customize your own journey to make sure you are getting the most out of your business that you can, without sacrificing your non-work priorities. Whether you're just starting out or you're a seasoned pro looking for advice on how to stop the grind, INNER ENTREPRENEUR has the tools you need to succeed both in business and in life.

[Grant Sabatier](#) is the creator of MillennialMoney.com, which has reached over 10 million readers, and the author of *Financial Freedom*. He writes about personal finance, investing, entrepreneurship, and mindfulness and hosts the *Financial Freedom* podcast.

Rights sold: Chinese, simplified (China Machine Press); Korean (Woongjin)

Previous publishers: Arabic (I Carisma); Chinese, complex (Yuan-Liou); Chinese, simplified (Beijing Mediatime); Estonian (Aripaev); Indonesian (Gramedia Pustaka Utama); Japanese (Asahi Shimbun); Korean (Banni/Interpark); Russian (Eksmo); Thai (FP); Turkish (Flamingo); Vietnamese (Nha Nam)

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